



# What To Do if There Is a Monkeypox (MPX) Case in the Shelter

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MPX is a contagious virus that can infect anyone and is passed from person to person through close contact, including:

- Direct contact with MPX rashes or bodily fluids from someone with MPX.
- Touching objects, surfaces, or fabrics that have been used by someone with MPX.
- Contact with respiratory secretions (coughing, sneezing) from someone with MPX.



## Signs and Symptoms of MPX



Rash



Headache



Fever



Swollen lymph nodes



Exhaustion



Muscle/body aches



Respiratory symptoms

Staff should be aware of MPX symptoms and look for individuals that exhibit one or more of the symptoms listed above. If you suspect someone in the shelter has MPX, please take the following steps.

### 1. Prevent the spread to other guests, staff, and volunteers.

Give the person a mask and clothing, if needed, to cover up any rash on their body.

### 2. Connect the person to a healthcare provider.

Individuals need to be tested to confirm MPX and talk with a local healthcare provider about treating virus symptoms.

### 3. Direct the person to the appropriate isolation pathway.

Identify the isolation option available and help the person get settled into their isolation space. Review [this guide](#) for isolation pathways.

### 4. Contact trace.

Help inform others who have been in close contact with the person who has MPX. Someone who has been in close contact has engaged in physical contact (including hugs, cuddling, kissing, or sex) or has shared dishes, utensils, clothes, cigarettes, or bedsheets with the infected person. Talk with your public health department about contact tracing protocol.

### 5. Deep clean.

Have staff responsible for cleaning the area where the infected person was staying wear full personal protective equipment (PPE) and follow the [CDC and Prevention guidance](#) to properly clean and disinfect the area.

***Connect guests to the support they need and protect yourself and others!  
Together, we can stop the spread!***