Family Assessment Matrix Plan

Any Town Housing Authority Family Self-Sufficiency Program

Family Name:
Date Completed Q1:
Date Completed Q2:
Date Completed Q3:

The Any Town Housing Authority's Family Self-Sufficiency Family Assessment is a measurement tool designed to track the progress of individuals and families receiving services from Any Town Housing Authority's Family Self-Sufficiency (FSS) Program as well as determine their eligibility and suitability for other Any Town Housing Authority and community services. The FSS Family Assessment Scale was adapted from the Family Matrix, the CHILDREN'S BOARD Family Assessment Scale, the 2014 VI-SPDAT (Veteran's Administration Vulnerable Individual-Service Prioritization Decision Assistance Tool) and a variety of public domain assessment tools available through the Substance Abuse and Mental Health Agency (SAMSHA). All of these assessments as well as the current one are based on the Federal effort to create standards for outcomes measurement which started with the Results Oriented Management and Accountability (ROMA).

This FSS Family Assessment measures an individual's or family's progress over time in 16 domains: Shelter & Housing, Income & Employment, Food & Nutrition, Health, Safety & Care, Childcare & Transportation, Education & Relationships, as well as veteran, immigration and legal status.

The FSS Family Assessment is used to identify goals, strengths, needed services and means of support. A person's experience at Any Town Housing Authority should offer opportunities to develop and implement individualized family plans that describe their family's goals. Each domain in the FSS Family Assessment represents a summary of how a family might move from a family that is in crisis to a thriving family. This tool is used to assess a family's progress toward their goals as well as help them identify areas where their family struggles. Individual goals can be established in each or any of the 16 domains to help them and community services in assisting to achieve their elf-sufficiency goals.

When needed, Family Self Sufficiency staff may review this information with me. I understand that we will complete the scale and I will have the opportunity to prioritize goals for my family. Any Town Housing Authority FSS staff will provide support and or referrals to me and/or my family based on the concerns indicated in this FSS Family Assessment Scale.

Family Signature: Staff signature:

Date Completed Q4:

Domain: Shelter & Housing

 Homeless or on the verge of homeless Insufficient income for anything but substandard or temporary housing Living in unsafe or crowded Living in housing that is unsafe Living in housing that is unsafe Living in housing Living in housing of choice Spends -50% of income on housing Has space for family size Feels safe in home All housing costs are paid up to date Lacks income for permanent housing Lacks basic household necessities 	In Crisis (1)	Vulnerable (2)	Safe (3)	Stable(4)	Thriving (5)
	 homeless Insufficient income for anything but substandard or temporary housing Living in housing that is unsafe Fears for safety in home Lacks income for permanent housing 	 Spends +60% of income for rent Housing options severally limited Living in unsafe or crowded Recent eviction/utility shut off Unsafe in home and neighborhood Dependent upon housing assistance 	 crowded Spends -60% of income housing Housing options limited Feels safe in home All housing costs are paid up to date Has access telephone 	 Spends -50% of income on housing Has some choice in housing options Feels safe in home and neighborhood Has adequate space for family 	 Spends -40% of income on housing Has space for family size Feels safe in home and neighborhood Takes action to maintain safe house

Shelter/Housing Notes & Intake Questions:

		 Intake Questions: Where do you sleep? Are you currently homeless? Does current housing meet your family's needs? Do you feel safe where you sleep?
		 Where did you live prior to become homeless? Is it permanent? Are you having trouble with any utilities? Do you have running water? Do you have a toilet that works? How much do you pay for rent? Are you being evicted? In what way is your place not safe? Have you ever been evicted from a home
Referrals: Referral to DSS for subsidized benefits Section 8 or Public Housing Copy of the landlord listing Copy of Tenants rights guide Budgeting referral to FDIC, Money Matters Series	HEAP SNAP TANF Other	Goal for this domain:

Domain: Income & Employment

In Crisis (1)	Vulnerable (2)		Safe (3)	Sta	ıble(4)	Th	nriving (5)
 ☐ Has very little money and cannot meet basic needs ☐ Unable to obtain credit ☐ Has unpaid bills and collectors calling ☐ Is dependent upon public assistance ☐ Is unemployed or unemployable ☐ Has minimum or no job skills ☐ Has negative work history ☐ Negative work ethics or attitude ☐ Has no job search or retention skills 	 Unable to meet basic needs Has inappropriate spending habits Has no savings Has limited ability to obtain credit Unpaid bills overwhelming debt Has limited job skills Inadequate emp with no benefits Has no advancement potential Performance problems at work Few job search or retention skills 		 Income barely meets needs Sometimes sticks to budget Has no savings Able to obtain limited credit Generally pays bills on time Getting marketable skills Has part time or temporary employment Can search for a job with help 		Income to meet basic needs Plans and sticks to a monthly budget Has savings Able to obtain credit Pays bills on time Has marketable job skills Employed w some benefits Has job retention & search skills		Sufficient earned income to allow family choices Able to save 10% of income Relationship with bank Has a good credit rating Possesses marketable job skills and positive work experience Permanent employment w benefits
SCORES: Q1=	Q2=	Q3=_	Q4=				

Income/Employment Notes & Intake Questions:

Intake Question: Are you working?		 Can you afford or get enough food to not be hungry? Do you have enough food for the week? Where do you get food? Do you have a place to cook, appliances and utensils?
		If not employed: •
Referrals:		
 Unemployment and Training Center ACCORD ACCESS Center 	Other	Goal for this domain:
 Newspapers for employment ads 	Other	
Assistance with resume writing	Other	
Acquiring special training/education	□ Other	Date goal established:

Domain: Food & Nutrition

In Crisis (1)	Vulnerable (2)	Safe (3) Stable(4) Thriving (5)
 Hunger is common Has a serious lack of resources to obtain food Evidence of or diagnosis of malnutrition Has a severe eating disorder No one is preparing meals Is extremely obese or severally underweight 	 Family members are sometimes hungry and/or malnourished due to lack of food Does not have appliances and utensils to prepare food Nutritional requirements are not consistently met Eats when food is available Is obese or underweight 	 Has adequate nutritious food Has enough nutritious food Has some appliances and utensils to prepare food Eats one nutritious meal daily Food is sufficient to prevent malnutrition or health problems Is ideal weight +/_20 lbs. Has enough nutritious food Has appliances and utensils Eats well balanced meals on a regularly scheduled basis Special dietary needs are usually met Is ideal weight +/_20 lbs. Can afford a variety of healthy and nutritious foods Has appliances and utensils Eats well balanced meals on a regularly scheduled basis Special dietary needs are usually met Is ideal weight or less than 10 lbs. heavier or lighter than ideal weight Is ideal weight
SCORES: Q1=	Q2=	Q3= Q4=

Food/Nutrition Notes & Intake Questions:

 Can you afford or get enough food to not be hungry? Do you have enough food for the week? Where do you get food? Do you have a place to cook, appliances and utensils?
 In the last week/month what have you all had to eat each day? Is anyone sick because of food or lack of food? Does a family member need to eat special food? Who cooks and what?

Referrals:

☐ TANF	Community Action Partnership	Goal for this domain:
SNAP WIC	Other	
 Food Bank DSS for benefits 	Other	
Local food pantry	Other	Date goal established:
Cornell Cooperative Extension	Other	

Domain: Health, Safety, & Care

In Crisis (1)	Vulnerable (2)	Safe (3)	Stable (4)	Thriving (5)
Has no access to health care	Health care is sporadic	Has gaps in health care	Can access health care as need	Has established relationships
Needs immediate health care	□ Is not covered by insurance	Has major/emergency insurance	Has insurance covering 80%	with health care professionals
Displays dangerous and/or self-	Has no income for health care	Has income to pay care balances	Has income to pay other costs	Has comprehensive health
destructive behavior	☐ Ignores health problems	Generally practices good hygiene	Has good health/hygiene habits	insurance
☐ Is unable to take care of self or family	Does not practice safe behaviors	Seeks treatment for big problems	Seeks timely treatment	Practices preventive health
Has severe and untreated drug or	Uses drugs illegally	Practices safe behaviors	Able to cope with pressures	habits
alcohol abuse	Beginning to develop supports	☐ Is able to cope pressures	☐ Is not using drugs or alcohol	Uses resources for personal
Is isolated	In denial of health problems	Knows drug or alcohol problems	Has well developed social support	development
	Unable to control symptoms of mental illness	Able to control symptoms	Uses resources for family needs	□ Is not using drugs or alcohol
SCORES: Q1=	Q2= Q3=	Q4=		

Health, Safety, & Care Notes & Intake Questions:

SCORES: Q1=	Q2= Q3=	Q4=
lealth, Safety, & Care Notes & Intak	e Ouestions:	
Health Care Coverage Notes & Intake (Any Town Housing Authority has progra		
Referrals: Affordable Care Act Family/Child Health Plus Dentist Family Services Association Adult Protective Services DSS	 Urgent Care Community Counseling Center Mental Health Provider Clinic Veterans Assistance 	 Any Town Housing Authority Mobile Medical Any Town Housing Authority Transitional Housing Date goal established:

Domain: Legal & Immigration Status

In Crisis (1)	Vulnerable (2)	Safe (3)	Stable(4)	Thriving (5)
□ Warrants for arrest	Pending legal issues	Engaged legal assistance for legal	Eligible to work in US	Employed
Fleeing felony conviction	No counsel or aide	status	Applying for citizenship	Housed in permanent housing
□ Violating Parole	Needs to resolve past felonies	Working in informal market	□ Working in formal market	Citizenship imminent
Pending lawsuits	Applied residency/eligible immigrant	Paying debts w action imminent	Paying all fines with no legal	Working in formal market
□ No legal counsel or legal aide	Not able to get work, school, assistance due to status	Paying some fines with legal action imminent	action imminent	Able to support self and family
□ Not a citizen or eligible immigrant	Working in informal market	Doing time with work furlough	On parole - current	
□ Not eligible for Dream benefits	Other family members lack legal	Resolving past felonies	Resolved felonies for	
Unable to get work, school or assistance	status and have not applied		employment	
due to immigration status				
□ Not working or unemployed due to status				

SCORES: Q1=_____ Q2=_____ Q3=_____ Q4=_____

Legal & Immigration Status Notes & Intake Questions:

Legal notes:	 Do you have outstanding legal concerns? Are there any pending legal actions against you? Are you a US citizen or eligible immigrant?
Immigration notes:	 Have you been convicted of a felony? Are you required to register as a felon, sex offender or arsonist? Have you been in contact with police in the last year? Have you been arrested in the last year? Have you been in jail or prison in the last 5 years? Are you on probation of parole? Do you have a Resident Alien and/or Employment Authorization card? Have you applied for U.S. legal residency? Are you working with an attorney/advocate for U.S. legal residency?

Referrals:

Other:	Goal for this domain:
Other:	
Other:	Date goal established:
Other:	

1. Quarterly Scoring by Domain:

DOMAIN	Q1	Q2	Q3	Q4
Shelter & Housing				
Employment				
Income & Budgeting				
Food & Nutrition				
Childcare/(Transportation				
Health, Safety & Care				
Education & Relationships				
Legal & Immigration				
Total Score				

2. Matrix Calculation Guide to Minimum Schedule of Support:

Q1 Date Completed	Total score:	÷	(Divided by) # of Domains scored: 	=	(Equals) Final Score:
Q2 Date Completed	Total score:	÷	(Divided by) # of Domains scored: 	=	(Equals) Final Score:
Q3 Date Completed	Total score:	÷	(Divided by) # of Domains scored:	=	(Equals) Final Score:
Q4 Date Completed	Total score:	÷	(Divided by) # of Domains scored:	=	(Equals) Final Score:

3. Minimum Schedule of Support by Final Score:

Final Score	Minimum Schedule of Support
Between 1 and 3	Minimum bi-weekly contact to assess goal progress. With one home visit quarterly
Between 3.1 and 4	Minimum monthly contact to assess goal progress with one visit face to face quarterly
Between 4.1 and 5	Minimum quarterly contact

ASSESSMENT

STRENGTHS	NEEDS
•	•
•	•
•	•

PRIORITIZED NEED #1: _____

If this need was met, what would happen?

How well is this need being met? (Scaling: 1=not met at all, 3=met some, 5=met completely)									
Date:									
Rating:									

Ideas for how to m	et the need (options including what is being done)	
1		
2		
3		

What will be done?	Who will do it?	By when?	Outcome:
1			
2			
3			
4			
5			

PRIORITIZED NEED #2: _____

If this need was met, what would happen?

How well is this need being met? (Scaling: 1=not met at all,				3 =met son	ne, 5=met	completely)		
Date:								
Rating:								

Ideas for how to meet the need (options including what is being done)							
1							
2							
3							

What will be done?	Who will do it?	By when?	Outcome:
1			
2			
3			
4			
5			

PRIORITIZED NEED #3: _____

If this need was met, what would happen? ______

How well is this need being met? (Scaling: 1=not met at all, 3=met some, 5=met completely)										
Date:										
Rating:										

Ideas for how to meet the need (options including what is being done)					
1					
2					
3					

What will be done?	Who will do it?	By when?	Outcome:
1			
2			
3			
4			
5			