

# FAMILY DEVELOPMENT MATRIX

Status Level	Shelter	Food & Nutrition	Transportation & Mobility	Health & Safety	Social & Emotional Health & Competence
Benchmarks	Benchmark Criteria	Benchmark Criteria	Benchmark Criteria	Benchmark Criteria	Benchmark Criteria
<b>Thriving</b>	<ul style="list-style-type: none"> <li>Living in housing of choice</li> <li>Spends less than 40% of income on housing rent or mortgage</li> <li>Has adequate housing space and rooms for family size</li> <li>Feels safe and secure in home and neighborhood</li> <li>Takes measures to maintain household in a safe and livable condition</li> <li>Owens property or has maintained tenancy for more than one year</li> </ul>	<ul style="list-style-type: none"> <li>Can afford a variety of healthy and nutritious foods</li> <li>Has appliances and utensils to prepare food in a variety of methods</li> <li>Eats nutritious, well-balanced meals on a regularly scheduled basis</li> <li>All special dietary requirements are met</li> <li>Is ideal weight</li> </ul>	<ul style="list-style-type: none"> <li>Has current and valid drivers license</li> <li>Has a vehicle that is safe and in adequate running condition</li> <li>Is fully insured and has comprehensive insurance coverage</li> <li>Can afford choice of transportation</li> <li>Is able to repair vehicle when needed</li> </ul>	<ul style="list-style-type: none"> <li>Has established relationships with health care professionals</li> <li>Has comprehensive health insurance</li> <li>Practices preventive health habits</li> <li>Practices safe behaviors in all environments</li> </ul>	<ul style="list-style-type: none"> <li>Working to change negative social and cultural conditions on a personal and community level</li> <li>Uses resources for personal development</li> <li>Is not using drugs or alcohol</li> <li>Is maintaining sobriety</li> </ul>
<b>Safe and/or Self-Sufficient</b>	<ul style="list-style-type: none"> <li>Lives in or has access to adequate housing</li> <li>Spends less than 50% of income on rent or mortgage</li> <li>Has some choice in housing options</li> <li>Feels safe and secure in home and neighborhood</li> <li>Has adequate space and rooms for family size</li> <li>Tenancy is secure for one year</li> </ul>	<ul style="list-style-type: none"> <li>Has enough food to satisfy recommended daily allowances</li> <li>Has appliances and utensils to prepare most foods</li> <li>Eats well balanced meals on a regularly scheduled basis</li> <li>Special dietary needs are usually met</li> <li>Is ideal weight or less than 10 lbs. heavier or lighter than ideal weight</li> </ul>	<ul style="list-style-type: none"> <li>Has current and valid drivers license</li> <li>Has and maintains own vehicle</li> <li>Has basic insurance coverage</li> <li>Has a good driving and accident record</li> <li>Has some choice of transportation</li> </ul>	<ul style="list-style-type: none"> <li>Can access health care when needed</li> <li>Has insurance that covers at least 80 percent of costs of care</li> <li>Has adequate income to make payment arrangements</li> <li>Has sound health and hygiene practices</li> <li>Seeks timely assessment and treatment</li> <li>Practices safe behaviors in most environments</li> </ul>	<ul style="list-style-type: none"> <li>Is able to cope with social, cultural and economic pressures</li> <li>Is not using drugs or alcohol</li> <li>Has used treatment to make progress toward sobriety and is maintaining sobriety</li> <li>Has well developed social support system – is able to receive as well as provide support</li> <li>Generally makes wise use of community resources to meet full range of family needs</li> </ul>
<b>Stable</b>	<ul style="list-style-type: none"> <li>Housing is not hazardous, unhealthy or overcrowded</li> <li>Spends less than 60% of income on rent or mortgage</li> <li>Housing options may be limited</li> <li>Feels safe and secure in home</li> <li>All housing and utility costs are paid and up to date</li> <li>Has telephone or access to a telephone</li> <li>Tenancy is secure for more than six months</li> </ul>	<ul style="list-style-type: none"> <li>Has adequate nutritious food</li> <li>Has some appliances and utensils to prepare food</li> <li>Eats at least one nutritious meal daily</li> <li>Food is sufficient to prevent malnutrition or health problems</li> <li>Is ideal weight or less than 20 lbs. heavier or lighter than ideal weight</li> </ul>	<ul style="list-style-type: none"> <li>Has current and valid drivers license</li> <li>Has a vehicle</li> <li>Can afford alternate transportation when needed</li> <li>Can generally repair vehicle when needed</li> </ul>	<ul style="list-style-type: none"> <li>Can and does access health care but has significant difficulty and/or gaps in health coverage</li> <li>Has major and emergency insurance coverage</li> <li>Has adequate income to pay treatment of care balances over time</li> <li>Generally practices sound hygiene</li> <li>Seeks treatment for significant problems</li> <li>Practices safe behaviors in many environments</li> </ul>	<ul style="list-style-type: none"> <li>Is usually able to handle social, cultural and economic pressures</li> <li>Acknowledges any drug or alcohol problems and is utilizing treatment</li> <li>Generally using community resources needed to meet family needs</li> <li>Generally able to control symptoms of mental illness or seeks treatment when needed</li> </ul>
<b>At Risk and/or Vulnerable</b>	<ul style="list-style-type: none"> <li>Lives in temporary or share housing</li> <li>Spends more than 60% of income for rent</li> <li>Housing options are severally limited or non-existent</li> <li>Living in unsafe and over-crowded conditions</li> <li>May have a recent eviction or utility shut off notice</li> <li>Feels unsafe in home and neighborhood</li> <li>May be dependent upon housing assistance</li> <li>Tenancy is secure for six months or less</li> </ul>	<ul style="list-style-type: none"> <li>Family members are sometimes hungry and/or malnourished due to lack of food</li> <li>Does not have appliances and utensils to prepare food</li> <li>Nutritional requirements are not consistently met</li> <li>Eats when food is available</li> <li>Is obese or underweight</li> </ul>	<ul style="list-style-type: none"> <li>Has a revoked, suspended or invalid drivers license</li> <li>May have insufficient funds to obtain transportation when needed</li> <li>Has unpaid traffic tickets</li> <li>Does not have safe or reliable transportation</li> <li>Does not have auto insurance</li> <li>Does not have income to obtain transportation</li> </ul>	<ul style="list-style-type: none"> <li>Health care is sporadic</li> <li>Has difficulty accessing health care</li> <li>Is not covered by insurance</li> <li>Has inadequate income to access necessary health care</li> <li>Doesn't take care of self – ignores health problems</li> <li>Is unaware of and does not practice safe behaviors or hygiene practices</li> </ul>	<ul style="list-style-type: none"> <li>Uses illegal drugs</li> <li>Abuses alcohol or prescription drugs</li> <li>Has inadequate social support systems but is beginning to develop appropriate connections</li> <li>Is often in denial of emotional, mental health, and/or substance abuse problems</li> <li>Is unable to control symptoms of mental illness or does not seek treatment when needed</li> </ul>
<b>In Crisis</b>	<ul style="list-style-type: none"> <li>Is homeless or on the verge of being homeless</li> <li>Has insufficient income for anything but substandard or temporary housing</li> <li>Living in housing that is unsafe, deteriorating or seriously over-crowded</li> <li>Fears for safety in home and neighborhood</li> <li>Lacks income or resources to maintain permanent housing</li> <li>Lacks basic household necessities</li> </ul>	<ul style="list-style-type: none"> <li>Hunger is common</li> <li>Has a serious lack of resources to obtain food</li> <li>Evidence of or diagnosis of malnutrition</li> <li>Has a severe eating disorder</li> <li>No one is preparing meals</li> <li>Is extremely obese or severally underweight</li> </ul>	<ul style="list-style-type: none"> <li>Is driving without a license</li> <li>Is driving without insurance</li> <li>Does not have a drivers license</li> <li>Does not know how to drive</li> <li>Is not insurable</li> <li>Has no access to transportation for basic needs</li> <li>Has no income to obtain transportation</li> <li>Has been incarcerated for traffic violations</li> </ul>	<ul style="list-style-type: none"> <li>Has no access to health care</li> <li>Needs immediate health care</li> <li>Displays dangerous and/or self-destructive behavior</li> </ul>	<ul style="list-style-type: none"> <li>Is unable to take care of self or family</li> <li>Has severe and untreated drug or alcohol abuse</li> <li>Has severe and untreated mental illness</li> <li>Has no social support system</li> <li>Is isolated</li> </ul>

## STRONG BEGINNINGS PROGRAM

Developed by the Orange County Shelter and Hunger Partnership for California Department of Health and Human Services

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Status Level	Income & Budget	Family Relations & Parenting	Employment	Adult Education & Development	Children/Youth Education & Development
Benchmarks	Benchmark Criteria	Benchmark Criteria	Benchmark Criteria	Benchmark Criteria	Benchmark Criteria
<b>Thriving</b>	<ul style="list-style-type: none"> <li>♦ Sufficient earned income to allow family choices for non-essential purchases</li> <li>♦ Able to save 10% of income</li> <li>♦ Established relationship with insured financial institution</li> <li>♦ Has a good credit rating</li> <li>♦ Expects to increase income level within one year</li> </ul>	<ul style="list-style-type: none"> <li>♦ Has a strong supportive family with positive family identity</li> <li>♦ Mutually agreed upon rules and expectations</li> <li>♦ Conflicts are easily negotiated</li> <li>♦ Is nurturing and consistently cares for family members</li> <li>♦ Children are happy and socially well-adjusted</li> <li>♦ Children enjoy parents</li> </ul>	<ul style="list-style-type: none"> <li>♦ Possesses marketable job skills and positive work experience</li> <li>♦ Constant development of transferable job skills</li> <li>♦ Permanent employment by secure business offering a comprehensive benefit package</li> <li>♦ Has made steady advancement in career of choice</li> <li>♦ Has solid job search and retention skills</li> </ul>	<ul style="list-style-type: none"> <li>♦ Has post secondary education or training</li> <li>♦ Parents speak, read and write English</li> <li>♦ Positive, supportive attitude toward education</li> <li>♦ Set and pursue long range career and educational goals</li> <li>♦ Highly value education for children</li> </ul>	<ul style="list-style-type: none"> <li>♦ Has little or no absenteeism</li> <li>♦ Has high grades in most subjects and passing marks in every subject</li> <li>♦ Has no discipline problems</li> <li>♦ Is a leader among other students</li> <li>♦ Has a positive attitude toward education</li> </ul>
<b>Safe and/or Self-Sufficient</b>	<ul style="list-style-type: none"> <li>♦ Sufficient earned income to meet basic family needs</li> <li>♦ Plans and sticks to a monthly budget</li> <li>♦ Saves when possible</li> <li>♦ Able to obtain a secured line of credit</li> <li>♦ Pays bills on time, delays purchases to handle debt load</li> <li>♦ Has a good credit rating</li> <li>♦ Anticipates continuation of current income level for at least one year</li> </ul>	<ul style="list-style-type: none"> <li>♦ Supportive family with a generally positive identity</li> <li>♦ Has realistic rules and manageable conflict</li> <li>♦ Usually provides sound, nurturing care for family members</li> <li>♦ Children unusually happy and outgoing; little violence or aggression</li> <li>♦ Children are consistently able to relate to parents</li> </ul>	<ul style="list-style-type: none"> <li>♦ Has attained marketable job skills</li> <li>♦ Is employed by a secure business offering some benefits</li> <li>♦ Has employment with potential for advancement</li> <li>♦ Has or can easily develop job retention skills.</li> <li>♦ Has job search skills.</li> <li>♦ Has sufficient wages to provide for family needs.</li> </ul>	<ul style="list-style-type: none"> <li>♦ Some family members speak, read and write English</li> <li>♦ Have or are pursuing a high school diploma or equivalent education</li> <li>♦ Enrolled in adult education, English as a Second Language, Vocational Education or College</li> <li>♦ Values education for children</li> </ul>	<ul style="list-style-type: none"> <li>♦ Absenteeism is not high enough to be a concern</li> <li>♦ Has passing marks in all subjects</li> <li>♦ Has no discipline problems</li> <li>♦ Has a good attitude toward education</li> </ul>
<b>Stable</b>	<ul style="list-style-type: none"> <li>♦ Has an income barely adequate to meet basic needs</li> <li>♦ Plans and sticks to a monthly budget</li> <li>♦ Has no savings</li> <li>♦ Able to obtain limited secured credit</li> <li>♦ Generally pays bills on time</li> <li>♦ No anticipated decrease in family income</li> </ul>	<ul style="list-style-type: none"> <li>♦ No abuse or neglect of any kind</li> <li>♦ Learning positive family dynamics</li> <li>♦ Care of family members is adequate</li> <li>♦ Little violence or aggression</li> <li>♦ Children are sometimes able to relate to parents</li> <li>♦ Parents are involved in parenting, communication and/or family development training</li> </ul>	<ul style="list-style-type: none"> <li>♦ Considering or in the process of developing more marketable job skills</li> <li>♦ Has seasonal, part time or temporary employment</li> <li>♦ Has employment with inadequate hours, benefits and/or stability</li> <li>♦ Has employment with limited advancement potential</li> <li>♦ Has understanding of job search skills. Can search for a job with assistance.</li> <li>♦ Wages are sufficient to meet most family needs</li> </ul>	<ul style="list-style-type: none"> <li>♦ Considers personal education needs and options</li> <li>♦ Has or is pursuing a high school education</li> <li>♦ Has limited English skills</li> <li>♦ Can set and pursue some career and personal education goals with assistance</li> <li>♦ Values some education for children</li> </ul>	<ul style="list-style-type: none"> <li>♦ Has some absenteeism but it is not impeding educational performance</li> <li>♦ Is performing at a minimum educational level</li> <li>♦ Has some discipline problems</li> <li>♦ Gets along with most other students</li> <li>♦ Making adequate progress in reading, writing and arithmetic skills</li> <li>♦ Has an average attitude toward education</li> </ul>
<b>At Risk and/or Vulnerable</b>	<ul style="list-style-type: none"> <li>♦ Has a limited income</li> <li>♦ Is sometimes unable to meet basic needs</li> <li>♦ Has spontaneous and inappropriate spending habits</li> <li>♦ Has no savings</li> <li>♦ Has limited ability to obtain credit</li> <li>♦ Has unpaid bills</li> <li>♦ Has an overwhelming debt load</li> </ul>	<ul style="list-style-type: none"> <li>♦ Outside placement of children is threatened</li> <li>♦ Children have run away from home</li> <li>♦ Unrealistic or non-existent rules</li> <li>♦ Constant conflict</li> <li>♦ Inadequate care</li> <li>♦ Risk of abuse or neglect</li> <li>♦ Children are unhappy, withdrawn, violent or aggressive</li> </ul>	<ul style="list-style-type: none"> <li>♦ Has limited job skills</li> <li>♦ Has inadequate employment with no benefits</li> <li>♦ Is not sure where or how to find the next job</li> <li>♦ Has no advancement potential</li> <li>♦ Has disciplinary or performance problems at work</li> <li>♦ Has few job search or retention skills</li> <li>♦ Wages are insufficient to meet family needs</li> </ul>	<ul style="list-style-type: none"> <li>♦ Has less than a ninth grade education</li> <li>♦ Has severally limited English skills</li> <li>♦ Does not consider education a priority</li> <li>♦ Does not set or pursue educational or career goals</li> </ul>	<ul style="list-style-type: none"> <li>♦ Has a high absenteeism rate</li> <li>♦ Is performing below educational level or is failing in one or more subjects</li> <li>♦ Has continued discipline problems</li> <li>♦ Exhibits gang related behavior</li> <li>♦ Does not get along with other students</li> <li>♦ Has serious difficulty with reading, writing and arithmetic skills</li> <li>♦ Has a poor attitude toward education</li> </ul>
<b>In Crisis</b>	<ul style="list-style-type: none"> <li>♦ Has very little money and can not meet basic needs</li> <li>♦ Unable to obtain credit</li> <li>♦ Has unpaid bills and collectors calling</li> <li>♦ Is dependent upon public assistance</li> </ul>	<ul style="list-style-type: none"> <li>♦ Existence of child or spousal abuse, neglect or violence</li> <li>♦ Foster care or other placement of child has occurred or is imminent</li> <li>♦ Intervention of criminal justice system is required to deal with family violence or abuse</li> </ul>	<ul style="list-style-type: none"> <li>♦ Is unemployed or unemployable</li> <li>♦ Has minimum or no job skills</li> <li>♦ Has negative work history</li> <li>♦ Has negative work ethics or attitude</li> <li>♦ Has no job search or retention skills</li> </ul>	<ul style="list-style-type: none"> <li>♦ Is illiterate</li> <li>♦ Has no English skills</li> <li>♦ Has no interest in or access to educational remedies</li> <li>♦ Does not stress or value education for children</li> </ul>	<ul style="list-style-type: none"> <li>♦ Having great difficulty in school</li> <li>♦ Drops out of school</li> <li>♦ Has a poor attitude toward education</li> <li>♦ Has serious development deficiencies</li> <li>♦ Has serious behavioral problems</li> </ul>

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