



Infection Control and Winter Planning

General Infection Control Measures





Module #1—General Infection Control Measures



Escalation to
emergency care



Protecting yourself
and others



Sanitation
considerations



Information
about mpox



Building community
partnerships



Signs and
symptoms



Escalation to Emergency Care

Staff should call emergency medical services if a resident has severe warning signs of a medical emergency, including:

- Difficulty breathing or shortness of breath
- Difficulty speaking in full sentences
- Persistent pain or pressure in the chest
- New confusion or an inability to rouse
- Lightheadedness
- Blue discoloration of lips, face, or nail beds
- Dehydration (dry mouth and skin, dizziness, headache, fever and chills, rapid breathing, rapid heart rate, or muscle cramps)



Protecting Yourself and Others Against Infection



Prevent
transmission



Stay Home



Wash hands



Cleaning Considerations for Physical Spaces



Cleaning Surfaces



Cleaning Practices



Laundry Plan



What Is Mpox (Formerly Known as Monkeypox)?

Mpox is a virus that causes flu-like symptoms and a rash.

How it spreads:



Hugging, kissing,
other intimate contact



Shaking hands



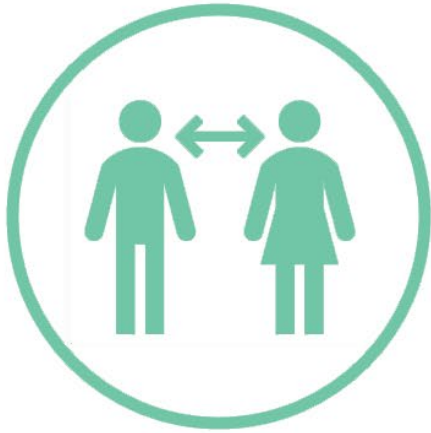
Touching
personal items



What To Do if You Think You Have Mpox

People who think they might have mpox should be medically evaluated and tested.

They should also:



Isolate and distance



Wear a
well-fitting mask



Cover any
skin lesions



Isolation Recommendation for Residents With Mpox

People with confirmed mpox should isolate until all rashes or lesions have fully healed, which could take more time than other infections.

During isolation, residents will need additional support.



Clinical safety and
monitoring



Mental health support



Technology



Teach Residents To Recognize the Signs and Symptoms of Mpox, COVID-19, and the Flu



Public health
information



Facility
requirements



Handouts and
resources



Access Flyers about Mpox, COVID-19, and the Flu

For access to flyers and handouts, please visit HUD Exchange's Resource Library at hudexchange.info/resources/. Click ESG in the filter feature on the left-hand side. Then, write "flyers" in the "Browse the Resource Library" search box. This will bring you to flyers and resources that you can share with residents and shelter staff.

For more information about communication strategies, please review module 2 in this training series.



Next Steps: Building Community Partnerships

Partner with local organizations.



Equitable vaccine
distribution



Education
about vaccines



Identify additional
isolation space



Winter Planning Resources

- [Winter Planning Guide Overview](#)
- [Winter Response Activation and Communications Planning Guide and Template](#)
- Read the [good, better, and best](#) approaches to shelter for a review of isolation and quarantine space.

To learn about mpox, visit the [Centers for Disease Control and Prevention \(CDC\) landing page](#) or read [National Healthcare for the Homeless Council's \(NHCHC's\) fact sheet](#). HUD has developed an mpox [Q&A](#), a [planning guide](#), and an [informational flyer](#) for people experiencing homelessness.

NHCHC's [COVID-19 landing page](#) provides information and resources to support people experiencing homelessness.

To stay informed about COVID-19, visit the [CDC landing page](#) or read the latest [guidance](#) about isolation.