

Common Side Effects of the COVID-19 Vaccine

Though the COVID-19 vaccination will help protect you from getting sick from COVID-19, you may experience some side effects. These are normal signs that your body is building protection against COVID-19 and should go away in 2-3 days. If you do not experience any side effects, that does not mean the vaccine is not working. You cannot get COVID-19 from the vaccine.

Common Side Effects



Pain/swelling in the arm that received the vaccination

- Apply a clean, cool, wet washcloth over the area
- Move your arm around by using or exercising it



Fever/chills

- Drink plenty of water and other fluids
- Dress in lighter clothing to keep cooler



Tiredness/fatigue



Headache



Muscle pain/ stiff joints

When to Call the Doctor or 911

Contact a doctor or health care provider if:

- The redness or tenderness where you got the shot in the arm increases after 24 hours
- Your side effects do not seem to be going away after a few days
- You have pain or discomfort. You can ask your doctor about taking an over-the-counter medicine, such as ibuprofen or acetaminophen

Call 911 <u>immediately</u> if:

- You experience severe swelling, hives, or wheezing
- You think you might be having a severe allergic reaction. Severe allergic reactions are rare and would likely occur right after receiving the shot





Remember after you are vaccinated, you will need to continue to wash your hands regularly, wear a mask, and socially distance.