# HUD'S HOMELESS ASSISTANCE PROGRAMS

# **Continuum of Care 101**

June, 2009

U.S. Department of Housing and Urban Development Office of Community Planning and Development

# Acknowledgements

This guidance material was prepared by ICF International under Grant VAMV-001-004 for the U.S. Department of Housing and Urban Development's Office of Community Planning and Development. This project was carried out in partnership with Advocates for Human Potential.

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# INTRODUCTION

### **BACKGROUND**

In 1987, Congress passed the first federal law specifically addressing homelessness. The Stewart B. McKinney Homeless Assistance Act of 1987, later renamed the McKinney-Vento Homeless Assistance Act, provides federal financial support for a variety of programs to meet the many needs of individuals and families who are homeless. The housing programs it authorizes are administered by HUD's Office of Special Needs Assistance Programs.

Initially, HUD did not impose any requirements for systemic planning at the local level. From 1988 to 1993, HUD held national competitions for its homeless assistance funds every year, for which individual organizations throughout the country wrote applications. However, since 1994, HUD has required each community to come together to submit a single comprehensive Continuum of Care (CoC) application rather than allowing applications from individual providers in a community. HUD's intent in creating this structured application process was to stimulate community-wide planning and coordination of programs for individuals and families who are homeless.

The enormous diversity of individuals and families who are homeless and the unique problems and specific needs of each subgroup require highly complex service systems. The need to provide specialized services for different sub-populations means some services or programs are appropriate for some groups of clients but not others. In addition, a single client may need the help of numerous mainstream services beyond housing including health care, cash benefits, food, employment, and substance abuse treatment. Community-wide planning and coordination among homeless service providers and mainstream service providers is important if individuals are to get the help they need and eventually leave homelessness.

While the CoC application process provides communities with an incentive for creating a coordinated homeless services system, planning that is limited to this application process will not result in a comprehensive homeless services system. To achieve these results continuums need to conduct multi-year, comprehensive, strategic planning efforts that encompass mainstream services and multiple funding sources.

#### **PURPOSE**

This guidebook provides an overview of the CoC homeless assistance system. It covers what a CoC is, why it is important, and how a system is organized. The guidebook also describes the McKinney-Vento programs that are funded through its competitive grants process and explains how funds are allocated.

This guidebook is designed for prospective grantees, new staff of existing grantees, and potential partners, such as mainstream service providers, who want to learn more about the CoC process. The guidebook provides this target audience with practical information concerning how HUD funds homeless programs and how the local system is organized so that they may be more strategic concerning the services they offer and the role they play in the system.

#### **OVERVIEW**

The chapters in this guidebook are organized as follows:

**Chapter 1: The Basics of Continuum of Care Planning.** This chapter provides an overview of the CoC. It covers the CoC's purpose, application process, strategic planning process, and fundamental components. This chapter also highlights the importance of coordinating with other planning efforts and collaborating with mainstream agencies.

Chapter 2: Program Resources for Continuums of Care. Significant resources are needed to address the various housing and supportive service needs of people who are homeless or at imminent risk of becoming homeless. However, over time, it has become increasingly difficult for homeless programs to rely on McKinney-Vento funding alone to address a community's homeless needs. As a result, it is *critical* that continuums seek out other resources to ensure that adequate housing and supportive services can be provided at every stage in the homeless service system and beyond. This chapter is designed to orient continuum administrators and agency directors with the range of Federal resources available to help fund homeless assistance activities in their community.

Chapter 3: Managing an Effective Continuum of Care. This chapter discusses the process for managing a continuum, which requires year round planning and multi-year strategic planning efforts. Once established, continuums need to continue to evolve to meet the changing needs of the people they serve. To do this, planning groups periodically need to rethink goals and alter their programs and service systems. This chapter highlights how continuums define their geographic area; select a lead organization; identify potential stakeholders; create a governance structure; develop a Homeless Management Information System (HMIS); establish a common vision and system-wide performance goals; and monitor and measure their performance.

**Chapter 4: Developing the Annual Funding Request.** This chapter focuses on the CoC annual request for HUD McKinney-Vento funding. Key elements covered in this chapter include assessing need and system capacity, setting funding priorities within a continuum, targeting funds to high-priority activities, and understanding HUD's funding decisions.

**Appendices.** Appendix A is a glossary of key terms. Appendix B contains a chart summarizing selected elements of the Supportive Housing Program (SHP), Shelter Plus Care Program, and the Section 8 Moderate Rehabilitation Single-Room Occupancy (SRO) Program. It provides brief answers to basic questions, such as who can apply, what programs and activities are allowed, and who can be served. Appendix C provides additional information about Supportive Housing Program activities and can serve as a quick reference tool for determining the eligibility of certain costs.

# CHAPTER 1: THE BASICS OF CONTINUUM OF CARE PLANNING

#### INTRODUCTION

Chapter 1 provides an overview of the Continuum of Care (CoC) – how it is structured, why it is important, and how to coordinate with other planning processes and service systems in a community. An overall understanding of the CoC's purpose and structure provides the reader with the context for then closely examining the programs and planning processes described in the remaining chapters of this Guidebook.

The CoC planning process was designed to promote the development of comprehensive systems to address homelessness by providing communities with a framework for organizing and delivering housing and services. The overall approach is predicated on the understanding that homelessness is not caused merely by a lack of shelter, but involves a variety of underlying, unmet needs – physical, economic, and social.

As an entity, a CoC serves two main purposes:

- To develop a long-term strategic plan and manage a year-round planning effort that
  addresses the identified needs of homeless individuals and households; the availability
  and accessibility of existing housing and services; and the opportunities for linkages with
  mainstream housing and services resources.
  - Ultimately, continuums should engage in multi-year, strategic planning for homeless programs and services that are well integrated with planning for mainstream services. This process will likely involve periodically rethinking goals and altering the planning process to meet the changing needs of homeless subpopulations and evaluating and improving the quality of programs and services offered.
- To prepare an **application** for McKinney-Vento Homeless Assistance Act (McKinney-Vento) competitive grants.

These resources are invaluable in providing housing and supportive services for people who are homeless. These funds are made available through a national competition announced each year in HUD's Notice of Funding Availability (known as the HUD SuperNOFA). Applications should demonstrate broad community participation and identify resources and gaps in the community's approach to providing outreach, emergency shelter, and transitional and permanent housing, as well as related services for addressing homelessness. An application also includes action steps to end homelessness, prevent a return to homelessness, and establishes local funding priorities.

#### **Eligibility for Homeless Assistance Grant Programs**

All homeless assistance programs funded through the CoC can only serve individuals who meet HUD's definition of homelessness: individuals sleeping in a place not meant for human habitation or in an emergency shelter, or a person in transitional housing for homeless persons who originally came from the street or an emergency shelter. This definition excludes persons at risk of becoming homeless, persons who are "doubled up," or person who are "near homeless."

The purpose of defining eligible persons is to ensure that resources intended to help end homelessness are used to assist individuals and families that are homeless. Persons at risk can be assisted through mainstream system prevention efforts, and individuals exiting institutions such as psychiatric hospitals, should be served through appropriate discharge planning polices and procedures.

#### UNDERSTANDING THE BASICS

# **Strategic Planning Process**

The CoC process is not solely a mechanism by which homeless assistance providers apply for funding. The CoC process also serves as a multi-year strategic planning and networking tool for the homeless services system. Well-established continuums conduct multi-year, strategic planning for homeless programs and services that are well integrated with planning for mainstream services. Managing an effective continuum involves the following planning (see Chapter 4 for more details):

- **Defining a continuum's geographic coverage.** Geography can play a significant role in determining how a continuum is organized. The options available include urban (city or county), rural and regional, and balance of state or statewide, each with their own advantages and disadvantages.
- Selecting a lead organization. A lead organization that has strong leadership, access to resources, and high visibility in a community can provide a continuum with the credibility needed to attract broad-based participation in the community. Therefore, communities should carefully assess their choices, which generally include a homeless coalition, government agency, or nonprofit organization.
- Identifying potential stakeholders. One of HUD's primary goals for any continuum is
  to have maximum participation in the planning process by all interested parties –
  including public, private, and nonprofit sectors and representatives of homeless
  subpopulations. While broad participation is encouraged, levels of participation among
  stakeholders may and should vary. An effective continuum should be able to explain
  clearly why a stakeholder should participate (i.e., what they both give and gain from

<sup>&</sup>lt;sup>1</sup> For a more thorough explanation of the HUD definition, see Chapter 2 of this guidebook under the section entitled Continuum of Care-Funded Programs. There is a text entitled "Eligible Beneficiaries of HUD's Homeless Assistance Grant Programs." Additionally, note that this was HUD's definition at the time this guidebook was developed in 2008. Please refer to the *Frequently Asked Questions* page of HUD's Homelessness Resource Exchange (http://hudhre.info) for the most current information.

participating), the expected level of participation, and the anticipated outcomes of participation.

- Creating a governance structure. As mentioned, a successful CoC should have a year-round planning process that is coordinated, inclusive, and outcome-oriented. The expectation is that the process will be organized with a governance structure, a number of sub-committees or working groups, and specific policies and procedures for voting and decision-making.
- Developing a Homeless Management Information System (HMIS). HMIS provides
  communities with a tool to collect and analyze data on people using homeless service
  programs. By allowing communities to calculate accurately the size and needs of the
  homeless population, the demand for and use of housing and services, as well as the
  outcomes of various interventions, an HMIS allows a community to determine where
  things are working well, what is not working, and how to use resources in the most
  strategic manner. For more information and resources on HMIS, visit <a href="http://hmis.info/">http://hmis.info/</a>.
- Establishing a common vision and system-wide performance goals. As
  continuums evolve and local needs and circumstances change, continuums may need
  to rethink their guiding principles. This step is critical to creating a common sense of
  purpose and an action-oriented continuum. This common vision may be articulated
  through a mission statement and/or guiding principles that help focus a group's planning
  efforts.
- Monitoring and measuring provider performance: Finally, a continuum should
  monitor and measure the performance of providers within its system and how the
  system performs as a whole. It is also the responsibility of the continuum leadership to
  act on performance information by rewarding effective performance, excluding poorly
  performing projects from the application for funding, providing technical assistance as
  needed, and incorporating performance information into the strategic planning process.

#### **Application Process**

The requirements of the application process are intended to help continuums: (1) develop an organizational structure that supports a year round planning process; (2) monitor and adjust the performance of the CoC system; (3) objectively decide which projects to recommend for renewal or new funding; and (4) coordinate with other planning efforts. Therefore, by design, there is significant overlap between the application process and strategic planning efforts. This section highlights some of the requirements for responding to the annual funding request, which will aid the reader in understanding concepts discussed in this chapter and in subsequent chapters. (Chapter 4 discusses issues related to the application in detail.)

To receive McKinney-Vento funding in the annual competition, projects proposed by a continuum must meet the requirements of one of the three federal grant programs authorized under the Act and funded under the NOFA. These programs include the Supportive Housing Program (SHP), the Shelter Plus Care (S+C) Program, and the Section 8 Moderate Rehabilitation Single-Room Occupancy (SRO) Program. (See Chapter 2 of this guidebook for more information on these three programs.)

- SHP provides funding for five components/types to support housing and/or supportive services: Transitional Housing; Permanent Housing for Persons with Disabilities (PHPWD); Supportive Services Only (SSO); Homeless Management Information Systems (HMIS); and Safe Havens.
- S+C is designed to ensure the availability of supportive housing opportunities for homeless people with disabilities and their families by providing them with rental assistance. S+C has a primary focus on persons who are seriously mentally ill; who have chronic problems with alcohol, drugs or both; or who have HIV/AIDS. Through this program, four types of rental assistance are available: tenant-based, project-based, sponsor-based, and single room occupancy.
- SRO provides single persons who are homeless with rental assistance to lease rehabilitated single room occupancy units.

The application, which in 2008 was converted to an online, paperless document, is divided into two parts, referred to as exhibits. Exhibit 1 covers the activities of the CoC organization, including its needs assessment and community planning process, and Exhibit 2 consists of individual SHP, S+C, and SRO projects applications.

Exhibit 1 is divided into the four parts briefly described below:

# • Continuum of Care Organization, Process and Resources

The primary purpose of this part is to explain how the continuum functions. Continuums are asked to describe their governance structure and decision-making processes; the names and roles of groups participating in the planning process; the continuum's process for project solicitation, review, and selection; the housing and services it has in place; and the housing and service needs and gaps in the system.

#### Data Collection and Quality

Data gathered for this section helps to ensure that requests for funding match genuine need in the community. A continuum needs accurate data about the numbers of homeless people, their housing and service needs, the current capacity of the CoC system, and current and potential capacity in the mainstream housing and service systems. This part consists of two subparts: (1) a description of the Homeless Management Information System (HMIS) in place and an analysis of the extent to which it covers all housing and outreach services in the continuum; and (2) a description of the process and results of the continuum's annual homeless count, including detail on both sheltered and unsheltered populations.

#### Strategic Planning

This section focuses on a continuum's long-term planning processes, as prescribed by HUD. Each continuum is asked to report on its Ten Year Plan to End Chronic Homelessness; discharge planning policy with foster care, health care, mental health, and corrections institutions; and coordination with other strategic planning groups.

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#### Continuum Performance

In this section, each continuum needs to specify numerically what it has accomplished in relation to HUD's national objectives as well as the 12-month measurable achievements identified in its previous year's application. Continuums must both establish action steps to improve their performance and track their progress in the following areas: ending chronic homelessness and decreasing the number of homeless families with children; increasing housing stability and employment for homeless persons; and helping clients to access mainstream resources.

#### TYPES OF CONTINUUM OF CARE ORGANIZATIONS

Continuum planning efforts may be organized at a number of geographic levels: a single city, a city and surrounding county, a region, or a state. As highlighted below and explored in more detail in Chapter 4, there are advantages and disadvantages associated with each type, so it is important that communities think carefully about this decision.<sup>2</sup>

#### • City Continuums

In 2007, more than 460 CoC organizations applied to HUD for McKinney-Vento grant funds.<sup>3</sup> Of those, approximately 9 percent limit their geographical area to the boundaries of urban cities. While small in number, they tend to be among the most populated in the country. They also have a large presence of homeless persons and, in particular, chronic homeless persons which tend to drain resources. As a consequence, a large investment in building infrastructure to meet the needs of homeless persons has been made in metropolitan cities. Not surprisingly, city government often allocates significant resources from their general budgets, and city government plays a significant role in the planning process.

The last chapter of this guidebook targets local homeless planning bodies, providing the information and insight they need to make informed decisions regarding realignment. It provides information to local continuums that are having difficulty maintaining their competitiveness for HUD McKinney-Vento grants and are considering merging with a larger continuum to improve coordination and effectiveness.

<sup>&</sup>lt;sup>2</sup> While CoCs can change their jurisdictional boundaries, it is important to note that each county can be claimed by only one continuum for the purpose of calculating Pro Rata Need amounts. Local continuums that are having difficulty maintaining their competitiveness for HUD McKinney-Vento grants and are considering merging with a larger continuum to improve coordination and effectiveness should view Chapter 5 of the companion guidebook *State Continuums of Care*, available on the Homelessness Resource Exchange (<a href="http://hudhre.info">http://hudhre.info</a>). The chapter, "Considerations for Realignment or Merging CoC Organizations," provides continuums with the tools needed to understand how realigning their continuum with state-level or larger regional continuums would affect both parties.

<sup>&</sup>lt;sup>3</sup> HUD website 2007 Continuum of Care grant award information. The 464 CoCs counted in 2007 include CoCs from Puerto Rico, the Virgin Islands, and Guam.

#### • County Continuums

Of the 460 applicants in 2007, over one-half (52 percent) of the nation's continuums cover a single county. Most of these are urban counties. Urban continuums tend to have much greater numbers of homeless persons (especially singles), significantly greater sources and amounts of resources, higher levels of specialization of services and housing, and a larger number of agencies involved in assisting homeless persons.

#### Regional Continuums

Regional continuums consisting of at least two counties make up 30 percent of all continuums. Slightly over half of the states have at least one regional continuum. Many of these organizations are in suburban or urban areas but some entire states consist largely of regional continuums. Regional continuums tend to be somewhat logical in the partnerships involved but others consist of a mixture of rural and urban counties joined primarily for convenience and efficiency. A variation of this theme is consortia of continuums that have joined to pursue one or more common goals but maintain their individual independence. For example, a metropolitan area consisting of four independent urban county continuums, each applying directly to HUD, could join together to develop a homeless program's financing plan for the entire region.

#### • Rural Continuums

There are a number of rural continuums primarily in single county organizations or regional consortia. In addition, balance of state continuums and statewide continuums serving many of the rural areas in the country. Rural continuums tend to have greater numbers of homeless families than urban areas. They also tend to have a relatively limited variety and number of housing and services resources. Many rely on a single agency to lead the continuum, such as a community action agency. In contrast to urban areas where service providers may specialize in a particular area (e.g., employment mental health, substance abuse), providers in rural areas are often forced to "wear several hats." Generally speaking, meetings are held less frequently than in urban areas as distance, transportation, and communication tend to be major barriers to the coordination, planning, and delivery of services.

### • Balance of State Continuums

Many states have large areas (often rural in nature) which are not covered by regional, county or city continuums. These were generally formed in the late 90s to take advantage of the "fairshare" formula funding of the HUD McKinney-Vento grants. Balance of state continuums operate in 31 states and make up 7 percent of all continuums. These continuums often include both highly functional local continuums and weak local organizations which have joined together to submit a single McKinney-Vento application for their combined geographical area. Travel, distance and communication difficulties tend to be similar to statewide or rural continuums resulting in less frequent meetings as compared to city, county, or regional continuums. They also often benefit from the involvement of representatives of several state agencies that participate on steering committees or other committees within the continuum. This provides local agency staff with an opportunity to impact state level mainstream and housing programs and sometimes the state agencies rely on the CoC organization to be

a sounding board for designing or commenting on new state initiatives. A unique feature of both balance of state and statewide continuums is that within the overall continuum there are often highly active local county or regional planning bodies in operation.

#### • Statewide Continuums

Only six states, all with relatively small populations, are covered by a single continuum (Delaware, Rhode Island, Montana, Wyoming, North Dakota, and South Dakota). State government or statewide coalitions are the most common entities that provide leadership to statewide continuums. Regardless of the particular entity, statewide continuums frequently enjoy the assistance of state government staff to lead them in planning and coordination. Many of the features of the balance of state continuums are applicable to statewide continuums.

#### **FUNDAMENTAL COMPONENTS**

An effective homeless system is seamless and coordinated. To develop such a system, continuums should include not only the fundamental components described below, but also the necessary linkages and referral mechanisms among these components to facilitate the movement of individuals and households towards stable permanent housing. To maintain an effective homeless system, communities should balance available capacity in each of the key components of the system and respond to changing needs in the community.

#### Prevention

Prevention services involve assisting individuals and households at imminent risk of becoming homeless to maintain their housing by providing stabilization services and/or short-term emergency financial assistance. Prevention also encompasses discharge planning in coordination with mainstream agencies, such as health, mental health, foster care, and the justice system, to ensure that these agencies are helping clients locate and secure housing upon discharge from the institution. Prevention should be an integral part of every community's continuum since the cost of providing prevention services that can help individuals or households maintain their housing is far less than the cost of providing crisis management to households that have become homeless.

**Examples:** One-time or limited emergency rental assistance to prevent eviction; financial counseling to handle housing crises; landlord-tenant mediation; and legal services.

#### Outreach and Assessment

Outreach and assessment services are critical for identifying and addressing the immediate needs of persons experiencing homelessness – such as food, clothing, blankets, and medical care – and providing a link to ongoing support. Outreach-specific services target the most vulnerable of the homeless population who are often unable or unwilling to accept emergency shelter services. This category includes specialized outreach and engagement services for people meeting the definition of chronic homelessness.

#### **Examples:**

Street outreach to people who are homeless and have mental illness and/or substance abuse problems and are residing in parks, campgrounds, and places not fit for human habitation.

Mobile health care workers.

#### Emergency Shelter

Emergency shelters are intended to provide a safe, secure, temporary place for individuals and households to reside while they seek more permanent housing or supportive services that will facilitate access to permanent housing options. Emergency shelters oftentimes are the point of entry into the homeless system, assisting those confronted with an immediate loss of housing or those who are already homeless. Emergency shelters generally have a length of stay ranging from 1 to 90 days, depending on the individual program.

**Examples:** Congregate building for households with children; congregate building for homeless single adults; hotel and motel vouchers; short-stay apartments; soup kitchens or drop-in day centers that provide meals, showers, and access to services.

#### Transitional Housing

Transitional housing provides interim placement for persons or households who are not ready for or do not have access to permanent housing. Transitional housing is limited to a length of stay of up to 24 months and provides an opportunity for clients to gain the personal and financial stability needed to transition to and maintain permanent housing.

**Example:** 24-month housing program with supportive services provided on-site including recovery services, life skills training, and mental health counseling for individuals fleeing domestic violence.

#### Permanent Supportive Housing

Permanent supportive housing combines housing assistance and supportive services for homeless persons with disabilities, primarily serving individuals and members of their household who have serious mental illnesses, chronic substance abuse problems, physical disabilities, or AIDS and related diseases. Permanent supportive housing can be provided through tenant-, project-, or sponsor-based assistance in multi-family structures or scattered site apartments. Supportive services are also provided on site or through partnering agencies, depending on individual and community needs.

**Example:** The use of tenant-based rental assistance to lease one-bedroom units in scattered sites for veterans who are homeless and have co-occurring substance use and mental illnesses.

#### Permanent Affordable Housing

Permanent affordable housing is long-term, safe, decent, and affordable housing for individuals and households. The principle challenge facing communities in preventing and eradicating homelessness continues to be centered on the lack of permanent

affordable housing. As such, it is critical that continuums work with the broader housing and community development community and coordinate long-term planning efforts.

**Example:** The rehabilitation of existing rental housing into affordable housing units; and the provision of housing vouchers.

#### • Supportive Services

Supportive services are those services needed for a person to move towards selfsufficiency and independent living.

**Examples:** Job readiness and job skills training to help individuals locate and maintain employment; housing search and placement services to assist individuals and families with identifying and securing permanent housing; substance abuse counseling; family reunification services; mental health counseling; and benefits counseling.

# COORDINATING WITH OTHER STRATEGIC PLANNING EFFORTS

The CoC provides the primary strategic planning vehicle for addressing homelessness in most communities. However, because other strategic planning efforts concerning homelessness, affordable housing, and mainstream services are likely to affect a continuum's effectiveness, communities should coordinate with these various planning processes. Such coordination ensures a more efficient use of the limited resources available to address homelessness. To this end, HUD has stressed, through its NOFA, the importance of integrating and aligning the plans described below into continuum plans. This section provides an overview of each planning process and how continuums might coordinate with these planning efforts.

#### **Consolidated Plans**

A Consolidated Plan provides the framework for states and local governments to identify housing, homeless, and community and economic development needs and resources, and to develop a strategic plan to meet those needs. Through the Consolidated Plan, eligible local and state jurisdictions determine housing and community development priorities, including priorities for addressing homelessness. The Consolidated Plan, which must be approved by HUD, includes a three- to five- year strategy for implementing HUD formula-funded grant programs. This plan governs the use of Community Development Block Grants, the HOME program, the Emergency Shelter Grants (ESG) program, and the Housing Opportunities for People with AIDS (HOPWA) program. Of these, only the ESG program exclusively funds projects for homeless persons, though all of the programs can be used to serve persons with special needs. ESG program funds are distributed to eligible local and state jurisdictions according to a formula that takes into account the population of the jurisdiction and the level of community need, among other factors. To receive ESG funds, jurisdictions must have an approved Consolidated Plan that includes an assessment of the needs of homeless persons and plans for using ESG funds. Although the services funded through the ESG program are an integral part of the continuum of homeless services provided by a community, since it is a McKinney-Vento formula funded grant program, it is not part of the application for McKinney-Vento competitive funds (i.e., the CoC application). See Chapter 3 for a more detailed description of the ESG program.

Because the Consolidated Plan contains information on homeless populations, it should be coordinated with the CoC plan. Specifically, HUD advises applicants to use its community's

Consolidated Plan as a source of information for the Unmet Need sections of the Housing Activities Chart in the CoC application. Applicants must also include with their CoC application a certification that its projects are consistent with the Consolidated Plan of the jurisdiction where each proposed project is located. Certifications should be obtained from the state or local government official responsible for submitting the applicable Consolidated Plan. For more information on how to obtain Consolidated Plan certifications, visit HUD's website at <a href="http://www.hud.gov/offices/cpd/about/conplan/">http://www.hud.gov/offices/cpd/about/conplan/</a>.

HUD strongly recommends the following coordination between the CoC and the Consolidated Plan working groups:

- Consolidated Plan stakeholders should participate in CoC general planning meetings.
- CoC members should participate in Consolidated Plan meetings, focus groups, and/or public forums.
- The CoC strategic plan goals addressing homelessness and chronic homelessness should be used in the development of the Consolidated Plan.

# **Community Ten-Year Plans to End Chronic Homelessness**

Persons who are chronically homeless make up approximately ten percent of the homeless population but use an estimated fifty percent of homeless assistance resources. Because of these disproportionate costs to the homeless service system, HUD is committed to the objective of ending chronic homelessness in ten years as part of its overall goal of effectively addressing the challenges of homelessness. The hope is that if communities can address the needs of this relatively small group, and end homelessness for those individuals, there will be an increase in the funds available to serve and stabilize other populations living on the edge of poverty and constantly at risk of homelessness.

As part of this effort, HUD has encouraged communities to develop long-term performance-based strategies for ending chronic homelessness with specific action steps and measurable achievements. The U.S. Interagency Council on Homelessness (USICH) has also advocated for and encouraged the development of state and city jurisdictional Ten-Year Plans to End Chronic Homelessness.<sup>5</sup>

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<sup>&</sup>lt;sup>4</sup> Dennis Culhane, Stephanie Metraux and Trevor Hadley, Center for Mental Health Policy and Services Research, University of Pennsylvania (May 2001).

<sup>&</sup>lt;sup>5</sup> As of 2006, 300 cities and counties were underway with this jurisdictional planning. In 2006, the State of Michigan directed the development of 60 new 10-Year Plans, covering all 83 of its counties and providing a new model of Federal, State, and local jurisdictional partnership and planning. Legislation enacted by the State of Washington has also resulted in the creation of local jurisdictional 10-Year Plans throughout that state. See <a href="http://www.ich.gov/slocal/index.html">http://www.ich.gov/slocal/index.html</a> for additional information.

HUD strongly recommends the following coordination between the CoC and the Jurisdictional Ten-Year Plan when there are separate formal jurisdictional Ten-Year Plans being developed and/or implemented within a CoC's geography:

- Ten-Year Plan conveners, authors, and other stakeholders should participate in CoC general planning meetings.
- Ten-Year Plan participants should take steps to align their planning process with the local CoC plan.
- Continuum goals and strategies should support and help advance the goals of the Ten-Year Plan.
- All Ten-Year Plans in the Continuum should be complementary and not in conflict.

# **State Interagency Councils for the Homeless**

The U. S. Interagency Council on Homelessness (USICH) has encouraged the development of state interagency councils for the homeless for the past several years. Governors of many states have established these councils, which have grown significantly in number in the past five years. Composed of cabinet level and/or subcabinet level state staff, their primary task has been to improve the coordination of state mainstream programs for homeless persons and those at risk of homelessness. Some ICHs have been very aggressive in pursuing systemic change in state programs and the delivery process while others have merely used the meetings to discuss trends and inform each other on the status of the programs they administer.

State ICHs have great potential for improving the delivery of mainstream resources. Because they are usually established by the Governor's Office (and members are often appointed by the Governor), they have a strong base of position on which to work toward change. In addition, since ICH members are generally high-level state staff, they have the authority and ability to make changes and improvements. Finally, representatives of the state departments that are most likely to affect the homeless population (often health and human services, housing, veterans affairs, corrections, mental health, community and emergency services) are at the table.

CoCs and consortiums of continuums acting in concert can influence the work and direction of the state ICHs, particularly if they employ a thoughtful advocacy strategy. To enhance the potential for effective input, continuums are encouraged to:

- Provide information to the state ICH on how the current service delivery system is working at the county and local level.
- Develop joint strategies with other continuums and coalitions to urge specific improvements to the coordination of mainstream programs.
- Assure that the state ICH is aware of the needs and priorities developed by the continuums across the state.

# **COLLABORATING WITH MAINSTREAM PROGRAMS**

In the early stages of development, continuums often focus their planning efforts on homeless-specific programs and services that HUD funds through the CoC application. However, to be effective, continuums must expand beyond the homeless assistance system to involve mainstream agencies. Communities attempting to address the complex and interrelated problems related to homelessness must marshal resources from a variety of partners: community and economic development agencies, social service providers, local businesses, the philanthropic community, law enforcement, health care provides, and housing and homeless organizations. To obtain these resources, the CoC development process should be as inclusive as possible.

The effort to form and maintain a broad-based coalition such as a continuum requires a significant amount of time and resources from its participants. Lead organizations need to remember that for a broad based coalition to be successful, it must be able to achieve goals and objectives that its individual member organizations could not achieve on their own. Otherwise, member organizations may not be willing to invest the time and effort to participate in the coalition. To learn more about structuring a coalition, building its membership, and managing it effectively, see the companion guidebook entitled *Building Effective Coalitions*, which can be downloaded from the HRE (<a href="http://hudhre.info">http://hudhre.info</a>).

# **Mainstream Housing Resources**

In addition to the homeless assistance grants programs, HUD's public and assisted housing programs are an important resource in helping formerly homeless people move from transitional housing into permanent housing. Some of these housing resources provide affordable housing alternatives that, at local discretion, may be targeted to address homelessness. These housing resources include public housing, Section 8 housing choice vouchers, and housing produced using HOME Investment Partnerships Program (HOME), Community Development Block Grant (CDBG), USDA Rural Development funds, and Low Income Housing Tax Credit (LIHTC) funds. Involving representatives from the local housing and community development agency and public housing agency in the CoC planning process may help to improve coordination with and access to mainstream housing resources.

#### **Mainstream Service Resources**

Significant resources are needed to address the various housing and supportive service needs of homeless persons nationwide. Congress appropriates hundreds of billions of dollars each year for mainstream assistance programs, such as Medicaid, Temporary Assistance to Need Families (TANF), Food Stamps, and SSI.<sup>6</sup> Homeless persons are typically eligible for one or more of these major assistance programs, which can provide many of the services that are currently funded by HUD's Supportive Housing Program (SHP). For a number of years, over

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<sup>&</sup>lt;sup>6</sup> A 1999 US General Accounting Office report revealed that while funding for programs specifically targeted to homeless persons under the McKinney-Vento Homeless Assistance Act amounted to \$1.2 billion a year, more than \$200 billion in assistance is potentially available in the mainstream programs.

half of all of HUD's competitive homeless assistance funds were used to provide supportive services. As providers assist homeless persons in identifying and successfully accessing mainstream assistance programs, the need to use HUD homeless resources to provide supportive services will decline, allowing HUD funds to be increasingly used to develop more housing. Because of the important role played by these mainstream programs, the most successful applicants coordinate and integrate their homeless program with other mainstream housing, health care, income, food, and employment programs for which homeless populations may be eligible. Chapter 3 provides more detailed information on how to access mainstream housing and services resources.

# BENEFITS OF A CONTINUUM OF CARE PLAN

The community-wide planning approach required by HUD to receive competitive homeless assistance funds encourages communities to move further in the direction of broad-based planning and coordinated program development than would occur without the CoC approach. The networks of programs and services that have evolved as a result of the CoC model offer more support to homeless people, with more cohesion, than would otherwise have been possible. In addition to planning, the continuum approach has resulted in significantly higher levels of shared knowledge about resources available in communities, greater program and service coordination, improved referral networks, and the development of new joint projects. Communities have achieved these results by:

- Assessing capacity and identifying unmet needs. CoC planning provides communities with an opportunity to step back, critically assess capacity, and develop solutions to move persons experiencing homelessness towards permanent housing and self-sufficiency.
- Taking a proactive rather than reactive approach. CoC planning helps communities look comprehensively at homelessness from the local perspective and identify needed or imminent policy changes. For example, new drug therapies for persons living with HIV/AIDS changed the models of supportive housing most appropriate for this population (i.e., from end-of-life hospice facilities to permanent supportive housing with return-to-work support). It also helps communities develop the capacity to respond more quickly to these changing needs and circumstances.
- Identifying common goals for advocacy. CoC planning helps communities develop a common vision and a set of common goals. The development of a single, coordinated "message" on needs and approaches to elected officials and funders is extremely important to the success of continuums.
- Coordinating and linking resources: Historically, homeless services have been fragmented at best. CoC planning helps providers to identify ways to coordinate and

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<sup>&</sup>lt;sup>7</sup> Burt, Martha R. *et. al.* (2001). *Evaluation of Continuums of Care for Homeless People: Final Report.* Washington, DC: U.S. Department of Housing and Urban Development.

link resources to facilitate access for consumers, and to avoid duplication of effort and services and therefore promote a more strategic use of funds within the community.

- Encouraging community "buy-in" and access to mainstream resources: CoC
  planning ideally involves stakeholders outside of the traditional homeless system with
  the goal of educating these stakeholders and getting them to become part of the
  solution. For example, the city housing department could include a set-aside of HOME
  funds for tenant-based rental assistance to transition homeless women and their
  children to permanent housing.
- Increasing competitiveness for McKinney-Vento homeless assistance funding:
   Comprehensive and inclusive CoC planning makes communities highly competitive for
   receipt of McKinney-Vento homeless assistance funding through the HUD SuperNOFA
   process. The CoC plan can also be useful in leveraging other resources needed to build
   a comprehensive system to address homelessness.

# CHAPTER 2: PROGRAM RESOURCES FOR CONTINUUMS OF CARE

#### INTRODUCTION

As discussed in Chapter 1, the Continuum of Care (CoC) is a comprehensive approach designed to reduce the incidence of homelessness in communities by assisting individuals and families in moving to self-sufficiency and permanent housing. Significant resources are needed to address the various housing and supportive service needs of people who are homeless or at imminent risk of becoming homeless. However, over time, it has become increasingly difficult for homeless programs to rely on McKinney-Vento funding to address a community's homeless needs. While the HUD homeless assistance appropriation has increased over the years, this single source of funding does not come close to meeting the needs of homeless families and individuals. Further, the increase in McKinney-Vento projects seeking renewal funding limits the resources available for new projects to address emerging needs.

# **HUD Emphasis on Permanent Housing**

For many years, government agencies and nonprofit organizations have been using the McKinney-Vento homeless assistance program to expand permanent and affordable housing opportunities for the most vulnerable of people with disabilities – that is, those without a place to live. Beginning in the mid-1990s, however, more and more HUD homeless assistance funding was directed toward new transitional housing and supportive services projects, and less to expand permanent housing for people with disabilities. In fact, from 1994 to 1998, homeless assistance funding awarded by HUD for permanent housing steadily declined from 60 percent of the total appropriation to less than 20 percent.<sup>8</sup>

This reduction in permanent housing activity was a direct, though unintended, outcome of HUD's CoC approach to homelessness. The CoC approach gave service providers more flexibility to design and implement HUD homeless assistance programs that addressed local needs and circumstances. With the implementation of the CoC, separate appropriations in the HUD budget for the homeless assistance programs were eliminated and replaced by a single appropriation allocated by HUD across the programs based on "demand" from the submitted CoC applications.

With the introduction of the CoC approach, CoC communities began requesting more funds for transitional housing and service projects and much less for permanent housing projects. Some of this decline can be attributed to the following:

• The difficulty experienced by homeless service providers when they try to obtain mainstream funding to support transitional housing and supportive services projects

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<sup>&</sup>lt;sup>8</sup> Technical Assistance Collaborative, Inc. *Making the Most of Mainstream Service Resources*. November 2003.

- The barriers encountered by homeless people in attempting to access mainstream Federal benefits to which they are entitled
- A lack of housing development and management capacity among homeless services agencies
- The difficulty recruiting nonprofit housing providers and Public Housing Agencies (PHAs) to serve homeless people

Beginning in 1999, to re-orient HUD homeless assistance funding back to the permanent housing agenda originally intended, Congress began requiring HUD to spend at least 30 percent of McKinney-Vento homeless assistance funding on permanent housing. To provide an incentive for CoC groups to apply for new permanent housing, HUD offered a bonus to those CoC applications that ranked a new permanent housing project as the first priority for funding. Additionally, starting in 2002, HUD began awarding points to CoCs that requested a relatively higher percentage of funds for housing-related activities as compared to service activities.

With the emphasis placed on permanent housing, less funding is available under HUD's annual CoC competition to fund other components of the CoC system. Moreover, some aspects of the CoC system, such as homeless prevention, emergency shelter, and income supplements, are not eligible for funding under the three HUD competitive CoC programs. (See Table 1.) As a result, it is *critical* that continuums seek out other resources to ensure that adequate housing and supportive services can be provided at every stage in the homeless service system and beyond. This chapter is designed to orient continuum administrators and agency directors with the range of Federal resources available to help fund homeless assistance activities in their community.

This chapter is broken up into the following sections:

- CoC-Funded Programs. We will begin with a closer look at the three McKinney-Vento programs funded competitively under the annual HUD SuperNOFA CoC competition. We will look at the purpose of the programs and the types of activities eligible under each. However, for detailed information on the requirements of the three CoC programs, readers are encouraged to refer to the regulations and desk guides.
- Other Federal Targeted Programs. Next, we will look at other targeted programs.
   Note that "targeted" programs are referred to as such because they are targeted either exclusively or significantly to homeless persons (e.g., homeless youth, victims of domestic violence, persons with HIV/AIDS). These targeted programs represent important resources for continuums and can significantly expand the types of programs offered and populations served.
- Federal Mainstream Housing and Supportive Services Programs. In contrast to the
  targeted programs, there are several mainstream programs available to help continuums
  fund programs. "Mainstream" programs are not meant to exclusively serve homeless
  persons, but they are programs for which homeless persons are generally eligible
  because of their low-income or disability status. As we will see, mainstream programs
  are particularly important for helping continuums fund homeless prevention, supportive
  services, and permanent affordable housing.

• Federal Entitlement Benefit Programs. Finally, we will review Federal entitlement benefit programs such as Medicaid, Social Security Disability Insurance (SSDI), and Temporary Assistance to Needy Families (TANF). While some of these also provide supportive services, of key importance is their ability to provide income and healthcare benefits to eligible individuals, thereby lessening the financial burden on homeless assistance providers. For example, individuals receiving a monthly SSDI or TANF benefit can pay at least a portion of their housing expenses, which reduces the amount that the CoC provider must cover.

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**Table 1: Possible Funding Sources for CoC Components** 

Program	Agency	2008 Appropriation (in millions)	Prevention Services	Outreach and Assessment	Emergency Shelter	Transitional Housing	Permanent Supportive Housing	Supportive Services	Benefits
Supportive Housing Program	HUD			X		X	X	X	
Shelter Plus Care	HUD						X		
Section 8 SRO	HUD						X		
Emergency Shelter Grants	HUD	\$1,586	X	X	X	X		X	
Housing Opportunities for Persons with AIDS	HUD	\$300	Х	Х	Х	Х	X	Х	
Section 811	HUD	\$237					Х		
Section 202	HUD	\$735					Х		
номе	HUD	\$1,704				Х	Х		
Community Development Block Grant	HUD	\$3,866	Х	X	Х	Х	Х	Х	
Public Housing	HUD	\$6,739					X		
Section 8 Housing Choice Vouchers	HUD	\$22,773					Х		
USDA Rural Housing and Community Facilities	USDA	\$552			X	X	X		

Program	Agency	2008 Appropriation (in millions)	Prevention Services	Outreach and Assessment	Emergency Shelter	Transitional Housing	Permanent Supportive Housing	Supportive Services	Benefits
Program									
Office of Violence Against Women Transitional Housing Assistance	DOJ	\$17				X		X	
Battered Women's Shelters	HHS	\$123			Х			х	
Community Services Block Grant	HHS	\$654	Х	Х	Х	х	х	Х	
Social Services Block Grant	HHS	\$1,700	Х	X	X			Х	
Runaway and Homeless Youth Programs	HHS	\$113	Х	Х	х	Х		х	
The Emergency Food Assistance Program	USDA	\$126						X	
Projects for Assistance in Transition from Homelessness (PATH)	HHS	\$53		Х				X	
Community Mental Health Services Block Grant	HHS	\$910						Х	

Program	Agency	2008 Appropriation (in millions)	Prevention Services	Outreach and Assessment	Emergency Shelter	Transitional Housing	Permanent Supportive Housing	Supportive Services	Benefits
Substance Abuse Treatment and Prevention Block Grant	HHS	\$1,758						X	
Ticket to Work	SSA	\$36						X	
Homeless Veterans Reintegration Program	DOL	\$24						X	
Workforce Investment Act – Adult Training	DOL	\$861						х	
Health Centers Program – Health Care for the Homeless	HHS	\$176						Х	
Homeless Veterans Grant and Per Diem	VA	\$130				Х		х	
Supplemental Nutrition Assistance Program (formerly known as Food Stamps)	USDA	Entitlement							Х
Medicaid	HHS	Entitlement							Х
Medicare	HHS	Entitlement							Х

Program	Agency	2008 Appropriation (in millions)	Prevention Services	Outreach and Assessment	Emergency Shelter	Transitional Housing	Permanent Supportive Housing	Supportive Services	Benefits
Social Security	SSA	Entitlement							Х
Social Security Disability Insurance (SSDI)	SSA	Entitlement							Х
Supplemental Security Income (SSI)	SSA	Entitlement							Х
State Children's Health Insurance Program (SCHIP)	HHS	Entitlement							
Temporary Assistance for Needy Families	HHS	Entitlement							Х
Veterans Benefits	VA	Entitlement						Х	Х
Veterans Healthcare (including Health Care for Homeless	.,,	<b>-</b>							
Homeless Veterans)	VA	Entitlement							Х

While this chapter will focus on Federal resources, States and local governments also have a wide variety of housing and services programs that can be used to meet the needs of homeless persons. These include sources ranging from general fund allocations and special taxes and fees, to housing trust funds and levies. Locally funded programs such as those involving alcohol and drug services and mental health services are also valuable resources. In addition, charitable organizations such as the United Way often allocate funds for services to poor and homeless persons.

# CONTINUUM OF CARE-FUNDED PROGRAMS

To receive McKinney-Vento Homeless Assistance competitive funds from HUD, a proposed project must meet the requirements of the HUD program from which funding is being sought. Competitive funding is made available under a Notice of Funding Availability (NOFA) published annually. Three programs are covered by the annual NOFA: the Supportive Housing Program (SHP), the Shelter Plus Care (S+C) Program, and the Single Room Occupancy (SRO) Program. This chapter provides an overview of these programs and includes descriptions of eligible applicants, activities, and participants for each program.

# Eligible Beneficiaries of HUD's Homeless Assistance Grant Programs

HUD's competitive homeless assistance grants can be used to serve only people that meet HUD's definition of homeless. As HUD and communities have gained experience with designing and operating CoC systems, HUD has narrowed this definition to ensure resources are used to serve those with the most severe needs and barriers. For new projects and projects being renewed with additional funding, persons assisted with <u>permanent housing</u> must come from one of the following:

- Places not meant for human habitation (e.g., streets, cars, abandoned buildings)
- An emergency shelter
- Transitional housing for homeless persons who originally came from the streets or an emergency shelter

If a person is in one of these categories but most recently spent less than 30 days in a jail or institution, he or she continues to qualify as coming from one of these three categories.

In addition to coming from the three categories listed above, projects providing <u>transitional housing</u>, <u>safe</u> havens, or supportive services only may also serve populations in the following circumstances:

- Individuals and households that will be evicted within a week from a private dwelling unit, have not identified a subsequent residence, and do not have the resources and support networks needed to obtain housing
- Individuals that will be discharged within a week from an institution in which he/she has been a
  resident for 30 or more consecutive days and no subsequent residence has been identified, and
  he/she lacks the resources and support network needed to obtain housing

Note that for <u>permanent housing projects</u> applying for <u>renewal</u> funding, the eligibility criteria described above apply to the screening process as units become vacant after grant execution. It does not mean that current residents are to be removed from housing if they entered the program in a year when HUD's definition of homelessness differed. (For more information on the "renewal" funding, see Chapter 4 of this guidebook.)

# **The Supportive Housing Program**

SHP is designed, as part of the CoC strategy, to promote the development of housing and supportive services to assist homeless persons in the transition from streets and shelters to permanent housing and maximum self-sufficiency. SHP is the most flexible of the CoC programs, providing funding for the following types of components:

- Transitional Housing. A transitional housing program facilitates the movement of homeless individuals and families to permanent housing. Individuals and families who are homeless may live in transitional housing for up to 24 months. They may receive supportive services that enable them to live independently throughout that 24-month period and for an additional six months after they move from transitional to permanent housing. Supportive services may be provided by the organization managing the housing or coordinated by that organization but provided by other public or private agencies.
- Permanent Housing for Persons with Disabilities. Permanent Housing for Persons with Disabilities (PHPWD) provides long-term, community-based housing and supportive services for homeless persons with disabilities. This type of supportive housing enables special needs populations to live as independently as possible in a permanent setting. The supportive services may be provided by the organization managing the housing or coordinated by the applicant and provided by other public or private service agencies. Permanent housing can be provided in one structure or several structures at one site, or in multiple structures at scattered sites.
- Supportive Services Only (SSO). Projects are classified as "supportive services only" if the applicant/project sponsor is not also providing housing to the persons receiving the supportive services. SSO projects may be located in one structure at a central site, or they may be located in multiple structures at scattered sites where services are delivered. Services may also be offered independent of a structure, e.g., street outreach or mobile vans for health care. Although SSO projects do not provide housing, SSO project applications still must contain a full description of how homeless persons will be assisted to obtain and remain in permanent housing and how homeless persons will be assisted in increasing their incomes and in living independently since all SHP projects must focus on helping participants achieve permanent housing.
- Safe Haven. Safe Haven projects are designed to serve hard-to-reach homeless persons with severe mental illness who are on the streets and have been unwilling or unable to participate in supportive services. Safe Havens provide their clients with time to adjust to life off the streets and to develop a willingness to accept services so that they may eventually transition to permanent supportive housing. To be classified as a Safe Haven, projects must provide 24-hour residence for eligible persons who may reside for an unspecified duration; provide private or semi-private accommodations; limit overnight capacity to no more than 25 persons; provide low-demand services and referrals for the residents; and prohibit the use of illegal drugs in the facility. Some specific characteristics that contribute to the success of a safe haven facility include intensive and skilled outreach to this hard-to-reach population and supportive service delivery at a pace comfortable for the client.

In addition to the program components described above, SHP may be used to support the development and management of a Homeless Management Information System (HMIS), an electronic system that captures client-level data regarding the characteristics, needs, and service use of persons experiencing homelessness.

# **Eligible Activities**

SHP funding may be used for any of the following seven activities in supportive housing projects. However, for SSO projects, grantees may not use SHP funds for new construction and operating costs.

- Acquisition and Rehabilitation. SHP grants for acquisition and rehabilitation may be used to pay a portion of the costs of purchasing or rehabilitating a structure that will be used to provide supportive housing or supportive services.
- **New construction.** New construction costs are eligible under all program components except the SSO component. To use grant funds for new construction, the applicant must demonstrate that the costs associated with new construction are substantially less than the costs associated with rehabilitation or that there is a lack of available units that could be rehabilitated at a cost less than new construction.
- Leasing. SHP grant funds may be used to pay the leases of buildings designated for supportive housing or supportive services, or to pay rent for individual units during the period covered by the grant.
- **Supportive services.** SHP funds can be used to pay for the actual costs of providing supportive services in a new project or expanding homeless supportive services in an existing project.
- Operating costs. Operating costs are those associated with the day-to-day operation of
  the supportive housing. Some examples of eligible operating costs include maintenance
  and repair, operations staff, utilities, equipment, supplies, insurance, food, relocation,
  and furnishings. Note that SHP funds may not be used for the cost of operating an SSO
  facility.
- Administration. Up to five percent of any grant awarded under SHP may be used for program administration, including (but not limited to) costs associated with accounting for the use of grant funds, preparing reports for submission to HUD, obtaining program audits, and staff salaries associated with these administrative costs.

Projects receiving SHP grants for acquisition, rehabilitation, or new construction must be operated for a minimum of 20 years for the purpose specified in the application. For more information, see the *Supportive Housing Program Desk Guide* on the HUD Homelessness Resource Exchange at <a href="http://hudhre.info">http://hudhre.info</a>

# The Shelter Plus Care Program

The Shelter Plus Care (S+C) Program is designed to help ensure the availability of supportive housing opportunities for homeless people with disabilities and their families by providing them

with rental assistance. S+C has a primary focus on persons who are seriously mentally ill; who have chronic problems with alcohol, drugs, or both; or who have HIV/AIDS.

Through this program, four types of rental assistance can be provided:

- Sponsor-Based Rental Assistance (SBRA). An applicant may request grant funds to provide rental assistance through a contract with a nonprofit organization, called a sponsor. The nonprofit organization may be a private nonprofit organization or a community mental health center established as a public nonprofit organization. The units to be used must be owned or leased by the sponsor.
- Tenant-Based Rental Assistance (TBRA). An applicant may request funds to provide rental assistance on behalf of program participants who choose their own housing units. If a participant decides to move, he or she may take the rental assistance to a new housing unit.
- Project-Based Rental Assistance (PBRA). An applicant may request grant funds to
  provide rental assistance through a contract with a building owner(s). Applicants may
  provide rental assistance for units that will be rehabilitated or existing units that do not
  need to be rehabilitated. If the units are rehabilitated and meet program requirements,
  the applicant may request ten years of rental assistance. Otherwise, assistance will be
  provided for a period of five years.
- **SRO Rental Assistance.** An applicant may request grant funds to provide rental assistance in an SRO setting. The units to be used must be in need of moderate rehabilitation. The rental assistance includes an allowance to pay for debt service to pay off the cost of the moderate rehabilitation over the ten-year grant period. This assistance is designed to bring more standard SRO units into the local housing supply and to use those units to assist homeless persons with disabilities.

The different types of rental assistance are designed to give applicants flexibility in providing housing for homeless persons with disabilities. With the exception of single room occupancy assistance where participants must reside in SRO or efficiency units, assisted units may be of any type, ranging from group homes to individual apartments. Further flexibility is allowed in that the applicant may design a program that has participants living for a while in a group setting with intensive supportive services and then moving to another setting, such as a shared apartment.

Rental assistance is the only eligible activity under the S+C Program. These funds provide the operating costs of the housing, excluding the cost of services. Supportive services are not eligible for grant assistance but must be provided to meet the needs of participants. These services may be provided by the applicant, funded by the applicant but provided by a third party, or both funded and provided by a third party.

For more information, see the *Shelter Plus Care Resource Manual* on the HUD Homelessness Resource Exchange at <a href="http://hudhre.info">http://hudhre.info</a>.

#### **Defining and Certifying Disabilities**

A homeless person with a disability must have at least one of the following conditions:

- A physical, mental, or emotional impairment of long-continued duration, impeding the ability to live independently, and of a nature that could be improved by more suitable housing
- A developmental disability
- AIDS or related diseases

Key to the definition of disability is determining that the impairment is of long-continued or indefinite duration <u>and</u> substantially impedes the person's ability to live independently. For example, drug or alcohol abuse or an HIV/AIDS condition that does not substantially impede a person's ability to live independently does not qualify as a disability for PHPWD projects funded under SHP. Written documentation that a person's disability meets the program definition must come from a credentialed psychiatric or medical professional trained to make such a determination. The possession of a title such as case manager or substance abuse counselor does not by itself qualify a person to make that determination. "Self-certification" is also unacceptable. Grantees must have written documentation in their project files that qualifies each participant as having met the program definition of "disabled." (42 U.S.C. 11382(2)).

# **The Section 8 Single Room Occupancy Program**

The Section 8 Single Room Occupancy (SRO) Program provides rental assistance to homeless persons to lease rehabilitated single room occupancy units. SRO housing is residential property that includes single room dwelling units that may contain food preparation and/or sanitary facilities. Alternatively, these facilities may be shared. Each SRO unit is intended to house only one eligible individual. The Section 8 SRO Program differs from regular tenant- and project-based Section 8 in that the rental assistance is targeted solely to SRO units and serves homeless individuals.

For more information on Section 8 SRO, see *Understanding the Section 8 Moderate Rehabilitation Single Room Occupancy Program*, available on the HUD Homelessness Resource Exchange at <a href="http://hudhre.info">http://hudhre.info</a>

#### OTHER FEDERAL TARGETED PROGRAMS

Homelessness is an issue that has many causes, and as such, cuts across many different agencies. The lack of housing is the symptom, but the causes can be as varied as mental and physical health issues, substance use problems, domestic violence, insufficient job skills, etc. As a result, many agencies beyond HUD have programs targeting persons experiencing homelessness.

Existing CoC members may look to these programs to diversify their funding sources and/or expand their current service offerings. Alternately, the continuum may seek out agencies already funded by these programs and recruit those agencies to get involved in continuum planning and coordination activities. Some of the key programs include the following:

# **Emergency Shelter Grants (ESG)**

The Emergency Shelter Grants (ESG) Program is the fourth McKinney-Vento homeless assistance program funded through HUD, but unlike the CoC programs funded as part of the annual SuperNOFA competition, ESG is formula-funded. Entitlement cities and states receive ESG grants from HUD and make these funds available to eligible recipients, which can be either local government agencies or private nonprofit organizations. ESG funds are available for the rehabilitation or remodeling of a building to be used as a new shelter, operations and maintenance of an emergency shelter or transitional housing facility, essential supportive services (e.g., case management, counseling, childcare, etc.), and grant administration. Unlike the other McKinney-Vento programs, ESG also provides short-term homeless prevention assistance to persons at imminent risk of losing their own housing due to eviction, foreclosure, or utility shutoffs. ESG grantees may allocate up to 30 percent of their total ESG award to homeless prevention. For more information on the ESG Program, see http://hudhre.info/index.cfm?do=viewEsgProgram.

# **Housing Opportunities for Persons with AIDS (HOPWA)**

Housing Opportunities for Persons with AIDS (HOPWA) is a formula-funded program administered by HUD that provides grants to states and entitlement communities for projects that benefit low-income persons medically diagnosed with HIV/AIDS and their families. HOPWA funds may be used for a wide range of housing, social services, program planning, and development costs. These include, but are not limited to, the acquisition, rehabilitation, or new construction of housing units; costs for facility operations; rental assistance; and short-term payments to prevent homelessness. HOPWA funds also may be used for chemical dependency treatment, nutritional services, case management, assistance with daily living, and other supportive services. For more information on the HOPWA Program, see <a href="http://hudhre.info/HOPWA">http://hudhre.info/HOPWA</a>.

# **Runaway and Homeless Youth Programs**

Grants for Runaway and Homeless Youth programs are funded under the Department of Health and Human Services, Administration for Children and Families, Family and Youth Services Bureau. There are four key programs targeting homeless youth: 1) the Basic Center Program; 2) the Transitional Living Program; 3) Maternity Group Homes Program; and 4) Street Outreach Program. The Basic Center Program is designed to help meet the immediate needs of runaway and homeless youth. The central purpose of these programs is to provide youth with emergency shelter, food, clothing, counseling, and referrals for health care for up to 15 days. The Transitional Living Program supports projects that provide longer term residential services to homeless youth ages 16-21. Generally, services are provided for up to 18 months, and an additional 180 days is allowed for youth less than 18 years old. The Maternity Group Homes Program is part of the Transitional Living Program, providing transitional housing support to homeless pregnant and parenting young people between the ages of 16 and 21, as well as their

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<sup>&</sup>lt;sup>9</sup> Ninety percent of HOPWA funds are allocated to states and eligible cities by formula. Approximately 10 percent of the annual appropriation is awarded through a competitive process.

dependent children. Finally, the Street Outreach Program is designed to build relationships between grantee staff and street youth, with the goal of helping young people leave the streets. For additional information on these programs, see <a href="http://www.acf.hhs.gov/programs/fysb/content/youthdivision/index.htm#sub1">http://www.acf.hhs.gov/programs/fysb/content/youthdivision/index.htm#sub1</a>.

# Family Violence Prevention and Services Program/Battered Women's Shelters

The Family Violence Prevention and Services Program awards grants to state agencies, territories, and Indian tribes for the provision of shelter to victims of family violence and their dependents. In addition to emergency shelter, funds can be used for crisis counseling, information and referral services, legal advocacy, transportation, emergency childcare, and referrals for health care. Funds are awarded on a formula basis. The program is administered by the Family and Youth Services Bureau in the Department of Health and Human Services, Administration for Children and Family. For more information, see <a href="http://www.acf.hhs.gov/programs/fysb/content/familyviolence/index.htm#sub2">http://www.acf.hhs.gov/programs/fysb/content/familyviolence/index.htm#sub2</a>.

# Office of Violence Against Women Transitional Housing Program

The Transitional Housing Program is a discretionary grant program administered by the Department of Justice's Office of Violence Against Women. The program provides transitional housing, short-term housing assistance, and related support services for individuals who are homeless or in need of transitional housing or other housing assistance as a result of fleeing a situation of domestic violence, dating violence, sexual assault, or stalking, and for whom emergency shelter services or other crisis intervention services are unavailable or insufficient. Eligible applicants are states, units of local government, Indian tribal governments, and other organizations that have a documented history of effective work concerning domestic violence, dating violence, sexual assault, or stalking. For additional information, visit the Office of Violence Against Women's website at http://www.ovw.usdoj.gov/.

# **Projects for Assistance in Transition from Homelessness (PATH)**

Created under the McKinney Act, the PATH program is a formula grant program that funds states and territories to support service delivery to individuals with serious mental illnesses, as well as individuals with co-occurring substance use disorders, who are homeless or at risk of becoming homeless. PATH funds community-based outreach, mental health, substance abuse, case management and other support services, as well as a limited set of housing services. PATH is administered by the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA). For more information on the PATH Program, see <a href="http://pathprogram.samhsa.gov/">http://pathprogram.samhsa.gov/</a>.

# **Homeless Veterans Reintegration Program**

The Homeless Veterans Reintegration Program (HVRP), administered by the Department of Labor, Veterans Employment and Training Service, is designed to help reintegrate homeless veterans into meaningful employment within the labor force. Funds are awarded on a competitive basis to eligible applicants such as state and local Workforce Investment Boards, public agencies, for-profit/commercial entities, and nonprofit organizations, including faith-based and community-based organizations. Grantees provide an array of employment-focused services, including soft skills and technical skills training, career counseling, resume preparation, job placement, and job retention assistance. Supportive services such as clothing,

provision of or referral to temporary, transitional, and permanent housing, referral to medical and substance abuse treatment, and transportation assistance may also be provided to meet the needs of the target group. For more information on HVRP, see the Department of Labor's website at <a href="http://www.dol.gov/vets/programs/hvrp/main.htm">http://www.dol.gov/vets/programs/hvrp/main.htm</a>.

## **Veterans Affairs (VA) Homeless Providers Grant and Per Diem Program**

The Homeless Providers Grant and Per Diem Program is offered annually (as funding permits) by the Department of Veterans Affairs (VA) to fund community agencies providing services to homeless veterans. The purpose of the program is to promote the development and provision of supportive housing and/or supportive services with the goal of helping homeless veterans achieve residential stability, increase their skill levels and/or income, and obtain greater self-determination. Only programs with supportive housing (up to 24 months) or service centers (offering services such as case management, education, crisis intervention, counseling, etc.) are eligible for these funds. The program offers two types of funding: a grant component and a per diem component. Under the grant component, the VA offers grants up to 65 percent of the cost of construction, renovation, or acquisition of a building for use as service centers or transitional housing for homeless veterans. Recipients must obtain the matching 35 percent share from other sources. The per diem component is intended to help cover operational costs. Recipients receive a daily amount for each veteran served. Priority in awarding per diem funds goes to recipients of grants. For additional information, visit the VA's website at <a href="http://www1.va.gov/homeless/page.cfm?pg=3">http://www1.va.gov/homeless/page.cfm?pg=3</a>.

## The Health Center Program: Healthcare for the Homeless

The Health Center Program is administered by the Department of Health and Human Services, Health Resources Services Administration (HRSA). Health centers are community-based and patient-driven organizations that serve populations with limited access to health care, including those with limited English proficiency, migrant and seasonal farm workers, individuals and families experiencing homelessness, and those living in public housing. Health centers provide comprehensive primary care services without regard for patients' ability to pay and charge for services on a sliding fee scale. Some health centers receive funding to focus on certain populations. The Healthcare for the Homeless Programs reach out to homeless individuals and families and provide primary care and substance abuse services, as well as supportive services that promote access to health care (e.g., education, translation, transportation). The Health Care for the Homeless Program is a major source of care for homeless persons in the United States, serving patients that live on the street, in shelters, or in transitional housing. For more information, or to locate a center, see <a href="http://bphc.hrsa.gov/">http://bphc.hrsa.gov/</a>.

## FEDERAL MAINSTREAM HOUSING AND SUPPORTIVE SERVICES PROGRAMS

In addition to the targeted programs described above, there are countless "mainstream" programs available to help meet the needs of homeless individuals and families. While these programs are not targeted to homeless people, people who are homeless are almost always eligible because of their low-income and/or disability status. While homeless people do have to compete for these resources with the broader eligible population, the advantage for homeless people is that mainstream programs have significantly more resources than homeless-specific programs.

In fact, serious and effective efforts to prevent and end homelessness will have to come through these systems rather than through homeless-specific services. In order to close the "front door" on homelessness, serious attention must be made to prevention, and that cannot happen without the involvement of mainstream service systems. Because the CoC funds specifically cannot be used for prevention activities, continuums must access other programs to fund and coordinate emergency assistance programs. Additionally, coordination with mainstream programs is essential to address systems-level social issues that impact homelessness, such as the creation of adequate discharge planning policies for low-income individuals leaving jails, health and mental heath facilities, and other public institutions.

Of course, the principal challenge facing communities in preventing and eradicating homelessness continues to be centered on the lack of permanent affordable housing. Homeless assistance providers cannot move individuals out the "back door" of homelessness if there is no affordable housing available. The result is a bottleneck in the system: individuals that are ready to move out of service-rich CoC programs have nowhere to go, and CoC programs are then not optimally used. To address the challenge of finding permanent affordable housing, some continuums have incorporated permanent housing development into their year-round planning, bringing together key stakeholders in the community, including public housing agency representatives and housing developers, to discuss possible solutions. Some benefits of coordinating with mainstream programs include preference for homeless households on waiting lists and set-asides in new development projects for homeless individuals and families.

Accessing mainstream programs not only allows continuums to better utilize their CoC allocation, but it also increases program flexibility. Continuums can design programs to fill in gaps in their existing inventory, and they may also be able to expand existing programs to serve persons that do not meet HUD's definition of homelessness (e.g., households that are doubled-up). In addition to these factors, mainstream resources can be critical for a program to meet the specific match requirements of the various McKinney-Vento programs. Finally, using a combination of mainstream resources and targeted homeless-specific resources reduces a program's dependence on a single source of funding. Thus, a cut in one type of funding will not put the entire program in jeopardy.

Some of the key mainstream housing and service programs are described below.

## The Role of Mainstream Service Systems in Homeless Prevention

The Emergency Shelter Grant (ESG) is the only HUD McKinney-Vento Act program that may be used to fund prevention services. The three McKinney-Vento competitively funded programs, SHP, S+C, and SRO, do not fund prevention since they are intended solely to assist persons who are already homeless. In addition to using ESG resources to fund prevention services, continuums should work with mainstream agencies to prevent homelessness.

In general, mainstream services can be more effective in prevention of homelessness if there is some way to identify households at imminent risk of homelessness. Extreme poverty, coupled with a short-term crisis, often leads to homelessness for individuals and families. Setting up a system designed to identify those households, and subsequently providing access to short-term, emergency services, is an effective way to keep people in housing. For individuals and families with long-term service needs, the identification of households at risk of homelessness is a first step in prevention. For example, looking at residential instability as an indicator, individuals with mental illness can be identified as "at risk" for homelessness and offered more intensive services and supports.

Beyond prevention services, mainstream services provide critical support to individuals navigating the homeless service system and can be effective re-entry points for individuals exiting the CoC system. It is important to remember that people with mental illness and other co-occurring disorders have service needs that cross system lines, and a lack of responsiveness from the mainstream systems to accommodate those needs may have been a precipitating factor for homelessness. Suggested strategies for increased use of mainstream systems for persons navigating and exiting homelessness include the following:

- 1. Educate mainstream service providers about homelessness and chronic homelessness and about how they can prevent and help end this pattern. Information about the pattern of homelessness in specific communities, plus identified strategies that have worked in other places, should be part of an overall training package.
- Incorporate responsibility for this population into existing contracts. At the local level, it is often
  helpful to have state support for including or targeting the homeless group in mainstream
  services. Specific language in the State Mental Health Block Grant, for example, can support
  local providers in serving people who have been homeless.
- Create new policies using evidence-based practices and targeted resources. Again, state support for local action is helpful. Provisions in state plans can encourage reluctant local providers. For example, the state's Medicaid plan can provide expedited access for people exiting homelessness by allowing trained CoC workers to determine presumptive eligibility for Medicaid.
- 4. Improve coordination of services across agency boundaries. Data on referrals can be obtained through local utilization management systems or use of HMIS to track service events. Routine service coordination meetings with case managers and eligibility workers can be effective in improving system performance.

## **Public Housing**

Public housing was established to provide decent and safe rental housing for eligible low-income families, the elderly, and persons with disabilities. Public housing comes in all sizes and types, from scattered single-family houses to high-rise apartments for elderly families. There are approximately 1.2 million households living in public housing units, managed by some 3,400 PHAs. HUD administers Federal aid to local PHAs that manage the housing for low-income

residents at rents they can afford. Since the demand for housing assistance often exceeds the limited resources available to HUD and the local PHAs, long waiting periods are common. Some PHAs establish selection preferences as a way to direct their limited housing resources to the families with the greatest housing needs. Thus, a PHA that is involved in a continuum's planning process might establish a selection preference for homeless families. For more information, see <a href="http://hud.gov/offices/pih/programs/ph/index.cfm">http://hud.gov/offices/pih/programs/ph/index.cfm</a>.

## **Section 8 Housing Choice Vouchers**

The housing choice voucher program is the Federal government's major program for assisting very low-income families, the elderly, and the disabled to afford decent, safe, and sanitary housing in the private market. Since housing assistance is provided on behalf of the family or individual, participants are able to find their own housing, including single-family homes, townhouses, and apartments. Participants are free to choose any housing that meets the requirements of the program and are not limited to units located in subsidized housing projects. PHAs receive Federal funds from HUD to administer the voucher program. A housing subsidy is paid to the landlord directly by the PHA on behalf of the participating family. The family then pays the difference between the actual rent charged by the landlord and the amount subsidized by the program. As with public housing, PHAs may establish local preferences for selecting applicants from its waiting list, such as a preference for a family who is homeless or living in substandard housing.10 For more information, visit HUD's website at <a href="http://hud.gov/offices/pih/programs/hcv/about/index.cfm">http://hud.gov/offices/pih/programs/hcv/about/index.cfm</a>.

## **HOME Investment Partnerships Program**

The HOME Investment Partnerships Program (HOME) is the largest Federal block grant to state and local governments designed exclusively to create affordable housing for low-income households. Each year, HUD allocates approximately \$2 billion to states and hundreds of localities nationwide. Communities use HOME formula grants, often in partnership with local nonprofit groups, to fund a wide range of activities that build, buy, and/or rehabilitate affordable housing for rent or homeownership or provide direct rental assistance to low-income people. Shortly after HOME funds become available each year, HUD informs eligible jurisdictions of the amounts earmarked for them. Participating jurisdictions must have a current and approved Consolidated Plan, which includes an action plan that describes how the jurisdiction will use its HOME funds. Continuum members should participate in the development of the Consolidated Plan and involve the city housing department in the CoC planning process. This coordinated effort could lead, for example, to a set-aside of HOME funds for tenant-based rental assistance to transition homeless individuals to permanent housing. Also, HOME funds are an excellent source of match for acquisition and rehabilitation activities within the Supportive Housing Program.

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<sup>&</sup>lt;sup>10</sup> Under the HUD-VASH program, more than 10,000 vouchers have been designated to PHAs throughout the country for homeless veterans. This program allows veterans to live in veteran selected apartment units with a voucher. These vouchers are portable so that veterans can live in communities served by their VA medical facility where case management services can be provided.

For more information on the HOME Program, visit HUD's website at <a href="http://www.hud.gov/offices/cpd/affordablehousing/programs/home/">http://www.hud.gov/offices/cpd/affordablehousing/programs/home/</a>.

For information regarding the use of HOME funds to support homeless assistance activities, see HUD Notice CPD 03-08, Using HOME Program Funds to Address the Challenges of Homelessness, available on the Homelessness Resource Exchange at <a href="http://hudhre.info">http://hudhre.info</a>.

## **Community Development Block Grant**

The Community Development Block Grant (CDBG) Program is a flexible program that provides communities with resources to address a wide range of unique community development needs. Under CDBG, HUD provides grants on a formula basis to states and hundreds of localities nationwide. CDBG works to ensure decent affordable housing, to provide services to the most vulnerable in our communities, and to create jobs through the expansion and retention of businesses. Each activity must meet one of the following national objectives for the program: benefit low- and moderate-income persons, prevent or eliminate slums or blight, or address community development needs having a particular urgency. CDBG funds can be used in a variety of ways to support homeless assistance programs, including (but not limited to) the acquisition and rehabilitation of buildings to be used as emergency shelters, transitional housing facilities, or permanent supportive housing units; the costs of operating an emergency shelter or soup kitchen; emergency payment of rent and utilities to prevent homelessness; costs related to implementing and operating the Homeless Management Information System (HMIS); and provision of a wide range of supportive services, ranging from case management to job training to child care.

For more information on CDBG, visit HUD's website at <a href="http://www.hud.gov/offices/cpd/communitydevelopment/programs/">http://www.hud.gov/offices/cpd/communitydevelopment/programs/</a>. For information regarding the use of CDBG funds to support homeless assistance activities, see HUD Notice CPD 03-14, Using CDBG Funds in Addressing the Challenges of Homelessness, available on the Homelessness Resource Exchange at <a href="http://hudhre.info">http://hudhre.info</a>.

## **Rural Development Housing Programs**

The U.S. Department of Agriculture's Office of Rural Development administers a number of rural housing and facilities programs. Through the Community Facilities Grants Program, USDA provides grants to assist in the development of essential community facilities in rural areas and towns of up to 20,000 in population, including schools, childcare facilities, medical clinics, assisted living facilities, emergency shelters, community centers, and transportation facilities. Grants are available to public entities such as municipalities, counties, and special-purpose districts, as well as nonprofit corporations and tribal governments. The Housing Preservation Grant (HPG) Program provides grants to sponsoring organizations for the repair or rehabilitation of low- and very low-income housing. The grants are competitive and are made available in areas where there is a concentration of need. Under the Rural Rental Assistance (RA) Program, USDA provides an additional source of support for households with incomes too low to pay the subsidized rent in USDA-financed housing. For more information on these and other USDA rural development programs, see <a href="http://www.rurdev.usda.gov/rhs/">http://www.rurdev.usda.gov/rhs/</a>.

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#### Sections 811 and 202

HUD provides interest-free capital advances to nonprofit sponsors to help them finance the development of rental housing for very low-income adults with disabilities (811) and very low-income elderly persons (202). The capital advance can finance the construction, rehabilitation, or acquisition (with or without rehabilitation) of supportive housing. The advance does not have to be repaid as long as the housing remains available for very low-income persons with disabilities for at least 40 years. Project rental assistance funds are provided to cover the difference between the HUD-approved operating cost for the project and the tenants' contribution towards rent. Project rental assistance contracts are approved initially for 3 years and are renewable based on the availability of funds. Each project must have a supportive services plan. However, residents cannot be required to accept any supportive service as a condition of occupancy. While the program's units are not specifically targeted to homeless and/or elderly persons with disabilities, they can be made available to these subpopulations. Continuums should include these nonprofit sponsors in their planning process. For information on the Section 202 Program, visit HUD's website at

http://www.hud.gov/offices/hsg/mfh/progdesc/eld202.cfm. For information on the Section 811 Program, see http://www.hud.gov/offices/hsg/mfh/progdesc/disab811.cfm.

## **Community Services Block Grant**

The Community Service Block Grant (CSBG) is a formula grant that provides funds to states, territories, and Federally- and state-recognized tribal organizations so that they may provide supportive services and activities to assist low-income individuals and families to become self-sufficient. Typically, states fund these services by making sub-grants to locally based Community Action Agencies and other eligible entities that provide services to low-income individuals and families. Grantees receiving funds under CSBG are required to provide services and activities addressing employment, education, childcare, housing, nutrition, transportation, emergency services, and/or health. Beneficiaries are low-income individuals that may be unemployed or receiving public assistance, at-risk youth, custodial and non-custodial parents, residents of public housing, persons with disabilities, persons who are homeless, and individuals transitioning from incarceration into the community. CSBG is administered by the Department of Health and Human Services, Administration for Children and Families. For more information, see <a href="http://www.acf.hhs.gov/programs/ocs/csbg/index.html">http://www.acf.hhs.gov/programs/ocs/csbg/index.html</a>.

#### **Social Services Block Grant**

The Social Services Block Grant (SSBG) is a flexible formula grant that enables each state to provide social services best suited to meet the needs of individuals within the state. Each state determines the services that will be provided and the individuals that will be eligible to receive those services. Such services may include daycare for children or adults, special services to persons with disabilities, case management, health-related services, transportation, foster care for children or adults, substance abuse treatment, housing, home-delivered meals, independent/transitional living, employment services, or any other social services found necessary by the State for its population. Funds are allocated to funds to states, territories, and Federally- and state-recognized tribal organizations. SSBG is also administered by the Department of Health and Human Services, Administration for Children and Families. For more information, see <a href="http://www.acf.hhs.gov/programs/ocs/ssbg/index.html">http://www.acf.hhs.gov/programs/ocs/ssbg/index.html</a>.

#### **Substance Abuse Prevention and Treatment Block Grant**

The Substance Abuse Prevention and Treatment (SAPT) Block Grant Program distributes funds to eligible states, territories, and the District of Columbia through a formula that is based upon specified economic and demographic factors. The program's overall goal is to support and expand substance abuse prevention and treatment services, while providing maximum flexibility to the states. The program is administered by the Center for Substance Abuse Treatment (CSAT) within the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration. States and territories must annually submit a report and plan to the Federal government describing how they expended SAPT funds and how they intend to obligate funds being made available in the current fiscal year. For more information, or to locate a treatment facility in your community, visit the CSAT website at <a href="http://csat.samhsa.gov/">http://csat.samhsa.gov/</a>.

## **Community Mental Health Services Block Grant**

The Community Mental Health Services Block Grant is the single largest Federal contribution dedicated to improving mental health service systems across the country. The program is administered by the Center for Mental Health Services (CMHS) within the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration. Awards are made to states and territories to provide mental health services to people with mental disorders. Because what is effective in one state may not be effective in another, CMHS works in close collaboration with each state or territory to develop and implement its own State Mental Health Plan for improving community-based services and reducing reliance on hospitalization. The program stipulates that case management be provided to individuals with the most serious mental disorders and encourages appropriate partnerships among a wide range of health, dental, mental health, vocational, housing, and educational services. The program also promotes partnerships among Federal, state, and local government agencies. For more information, or to locate a treatment facility in your community, visit the CMHS website at <a href="http://mentalhealth.samhsa.gov/">http://mentalhealth.samhsa.gov/</a>.

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## **Examples of Successful Partnerships with Service Providers**

## **Public Housing Agency and Community-Based Healthcare Provider**

In many communities, the public housing agency (PHA) becomes the *applicant* for the rental assistance and a community-based behavioral or mental health organization serves as the *sponsor* of the program. This is a good partnership because PHAs have experience in the administration of rental assistance, and behavioral and mental health organizations have a population of persons who are homeless, have serious mental illnesses, and may have co-occurring substance abuse disorders. The health organization provides the supportive services, such as case management and medication management, which will match the rental assistance. In this example, the PHA manages the nuts and bolts of the rental assistance, including certifying that the housing units meet housing quality standards. In turn, the health organization recruits participants, certifies their eligibility, coordinates with the PHA, and provides ongoing supportive services to tenants.

#### **State Agency and Local Providers**

In some states, the state housing and community development agency, often in cooperation with the state mental health or substance abuse agency, will be the *applicant* for a substantial number of Shelter Plus Care slots. The state agency sets up a system through which local providers apply for the assistance and the program is offered throughout the state. In this case, local providers are responsible for ensuring that housing meets housing quality standards, as well as providing participant recruitment, eligibility certification, and ongoing supportive services to tenants.

## **Workforce Investment Act One-Stop Career Centers**

The One-Stop Career Center system is funded under the Workforce Investment Act and administered by the Department of Labor. The One-Stop system provides three levels of service: (1) Core, which includes eligibility assessment and job search; (2) Intensive, which includes literacy skills enhancement and job clubs; and (3) Training, which includes on-the-job training and occupational skills training. Clients are assessed by the local One-Stop Career Center as to what services they need and are eligible to receive. To locate the nearest One-Stop Center, visit <a href="http://www.servicelocator.org./">http://www.servicelocator.org./</a>. For more information on connecting to the workforce development system to help individuals exit homelessness, see Coordinating Community Plans and Community Employment Pathways, both available on <a href="http://hudhre.info">http://hudhre.info</a>.

#### Ticket to Work

The Ticket to Work Program is an employment program administered by the Social Security Administration (SSA) for people with disabilities who are interested in going to work. The goal of the Ticket Program is to increase opportunities and choices for Social Security disability beneficiaries to obtain employment, vocational rehabilitation (VR), and other support services from public and private providers, employers, and other organizations. Under the Ticket Program, SSA provides disability beneficiaries with a "ticket" they may use to obtain the services and jobs they need from a new universe of organizations called Employment Networks (ENs). Beneficiaries receiving tickets can contact one or more ENs to discuss services and once an agreement between the beneficiary and EN is reached, the two work together to develop a work plan to assist the beneficiary in reaching his or her employment goal. For more information on Ticket to Work, see <a href="http://www.yourtickettowork.com/">http://www.yourtickettowork.com/</a>.

## The Emergency Food Assistance Program (TEFAP)

Under TEFAP, commodity foods are made available to states by the U.S. Department of Agriculture (USDA). USDA buys the food, including processing and packaging, and ships it to the States. The amount received by each state depends on its low-income and unemployed population. State agencies work out details of administration and distribution. They select local organizations that either directly distribute or serve meals to households or distribute to other local organizations that perform these functions. States provide the food to local agencies that they have selected, usually food banks, which in turn, distribute the food to soup kitchens and food pantries that directly serve the public. For information on TEFAP, see <a href="http://www.fns.usda.gov/fdd/programs/tefap/">http://www.fns.usda.gov/fdd/programs/tefap/</a>.

## FEDERAL ENTITLEMENT BENEFIT PROGRAMS

Each year, billions of dollars in Federal funds are made available to low-income persons, including homeless individuals and their families, through mainstream entitlement benefit programs. An entitlement is a benefit that an individual or family is able to receive if he/she or they meet certain fixed and objective eligibility criteria. Eligibility standards for entitlements usually include financial criteria (e.g., income level, amount of assets) and categorical criteria (e.g. disabled, family with children under 21 years of age, elderly). Once an individual or family has established eligibility for benefits included in an entitlement program, he/she/they continue to receive those benefits automatically until either their financial or categorical characteristics change.

Entitlements must be made available to every eligible individual or family in the same way and with the same benefits throughout a state or other administering jurisdiction. In most cases, entitlement programs are obligated to provide for qualifying individuals and families regardless of the amount of funds appropriated or allocated at the Federal or state level to fund each given entitlement program. (The state often has to cover the difference.) It should be noted that entitlement programs could have non-mandatory benefits as well as mandatory benefits. For example, TANF recipients have access to a range of childcare, educational, and employment-related services. However, not all TANF recipients are entitled to receive all of these types of services at all times during their tenure as TANF recipients. Some TANF childcare and employment services were funded with discretionary block grant Federal allocations that are no longer available in some states, thereby restricting access to these benefits.

While accessing mainstream benefits is central to stabilizing persons experiencing homelessness and stretching continuum resources as far as possible, conditions of homelessness, such as the lack of a permanent address and insufficient documentation, often make it difficult for homeless individuals and households to apply for and retain benefits. Thus, improving access to entitlement programs requires planning and coordination. Continuums should work with mainstream agencies/providers to improve outreach efforts to the homeless community about program benefits and eligibility requirements, and they should identify ways to hold mainstream programs accountable for serving homeless people. Continuums can also train mainstream program personnel about the many issues unique to homeless persons, such as lack of stable housing, transportation, and access to a permanent mailing address and phone. Finally, case managers in the homeless system will need to learn more about the mainstream benefits programs to help their clients navigate these systems. The Department of Health and Human Services (HHS) has developed FirstStep, a tool for case managers and

outreach workers to help their clients who are homeless access Federal mainstream benefits. FirstStep can be accessed at <a href="http://www.cms.hhs.gov/apps/firststep/content/howtouse.html">http://www.cms.hhs.gov/apps/firststep/content/howtouse.html</a>.

Entitlement benefit programs typically provide income benefits and healthcare benefits. The most common entitlement programs are described below.

## Supplemental Security Income and Social Security Disability Insurance

Supplemental Security Income (SSI) is a monthly benefit for persons who are blind, have severe disabilities, or are at least 65 years old and have limited income and resources. In most states, people receiving SSI benefits will automatically be eligible to receive Medicaid. To qualify for SSI payments, a person must meet income and resource limits but there are no specific work requirements. Social Security Disability Insurance (SSDI) pays cash benefits to persons with severe disabilities who have worked and paid Social Security taxes for a specified period of time. SSDI also provides benefits for family members. In either case, case managers should immediately begin to document their clients' inability to work in case notes and should seek independent medical verification as soon as possible. The lack of proper medical documentation, the complexity of the process, or the applicant's inability or unwillingness to go through the disability determination process can result in the denial of benefits.

For more information on SSI, see <a href="http://www.ssa.gov/pgm/links\_ssi.htm">http://www.ssa.gov/pgm/links\_ssi.htm</a>. Also see <a href="http://www.ssa.gov/pgm/links\_ssi.htm">www.cms.hhs.gov/apps/firststep/content/ssitips.htm</a> for guidance on how to help a client through the SSI application process.

For more information on SSDI, see <a href="http://www.ssa.gov/pgm/links\_disability.htm">http://www.ssa.gov/pgm/links\_disability.htm</a>. As well, see <a href="http://www.ssa.gov/pgm/links\_disability.htm">www.cms.hhs.gov/apps/firststep/content/ssditips.html</a> for guidance on helping a client through the SSDI application process.

Finally, the SSI/SSDI Outreach, Access, and Recovery (SOAR) technical assistance initiative provides strategic planning and training to increase access to Social Security disability benefits. For more information, see <a href="http://www.prainc.com/soar/">http://www.prainc.com/soar/</a>.

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## **One-Stop Information on Government Benefit Programs**

Although increasing access to mainstream resources can provide homeless individuals with valuable benefits and services and may relieve programs of some of the financial burdens they face, accessing mainstream service resources can be challenging. Each mainstream resource is limited as to who can benefit from the services. Not all homeless individuals and families will be eligible for a program's benefits. Each program is limited to the type of services that can be funded. Programs have their own applications, process, administering agencies, and other unique issues.

To help address this issue, the Federal government created a website designed to provide personalized information about eligibility for government programs. At GovBenefits.gov, a free, online, confidential screening tool leads users through a series of questions, and then returns a list of government benefit programs the user may be eligible to receive along with information on how to apply. For more information, visit GovBenefits.gov.

## **Temporary Assistance to Needy Families**

Temporary Assistance to Needy Families (TANF) provides financial assistance and work opportunities to needy families by granting states the Federal funds and wide flexibility to develop and implement their own welfare programs. Basic eligibility varies from state to state, but in general, a person who has little or no monthly income (approximately \$400 or less), no other appreciable assets, and one or more dependent children will be eligible for TANF. Federally imposed time limits mandate that a person who has received TANF assistance for a total of five years (less at state option) is no longer eligible for assistance. States, however, have the option of extending assistance beyond the five-year limit if a recipient has a hardship, as defined by the state. TANF recipients are required to participate in a work activity, which might include work, internships, education, or vocational training, for a certain number of hours each week. The number of hours of work required and exemptions to the requirement vary from state to state but a recipient may be exempted, for example, if she has a very young child, needs treatment for drug or alcohol abuse, or is injured or disabled. Time limits and work requirements may limit the access of some clients who are homeless to TANF assistance. To apply for assistance, applicants typically need to provide social security numbers for all applying family members, the age of all family members, any income information (including other public assistance family members are receiving), and proof of citizenship/legal residency or eligible non-citizen status. Applicants should go to the local TANF office to apply for benefits. For detailed information about TANF, go to http://www.acf.hhs.gov/programs/ofa/tanf/index.html.

## **Supplemental Nutrition Assistance Program**

The U.S. Department of Agriculture's Food and Nutrition Service (FNS) oversees the Supplemental Nutrition Assistance Program (SNAP), formerly known as the Food Stamp Program. SNAP provides resources to buy food with coupons or Electronic Benefits Transfer (EBT) cards. Recipients must use their food stamp benefits to buy eligible food in authorized retail food stores. In general, most people who are homeless are eligible for food stamps. Under SNAP rules, an individual is considered homeless if he/she does not have a regular nighttime residence or his/her primary nighttime residence is a temporary accommodation in a supervised shelter; a halfway house; the residence of another person for up to three months; or a place not designed for regular sleeping, such as a hallway, bus station or lobby. Typically, a written or oral statement from a homeless shelter or from someone who can verify where the applicant is staying is sufficient to receive SNAP assistance. Some barriers that could prevent

eligible individuals from receiving benefits include lengthy application forms that are difficult to understand and frustration over the application process. For more information on SNAP, visit <a href="http://www.fns.usda.gov/snap/">http://www.fns.usda.gov/snap/</a>. For guidance on the SNAP application process, see <a href="http://www.cms.hhs.gov/apps/firststep/content/foodtips.html#tip1">http://www.fns.usda.gov/snap/</a>. For guidance on the SNAP application process, see <a href="http://www.cms.hhs.gov/apps/firststep/content/foodtips.html#tip1">http://www.fns.usda.gov/snap/</a>.

#### Medicaid

Medicaid is a health insurance program for low-income people, which is run jointly by states and the Federal government, with guidelines regarding eligibility and services varying from state to state. All states must cover individuals or families that fall into the mandatory eligibility group, which includes the following: low-income families with children; low-income pregnant women and children; and certain low-income Medicare beneficiaries. States may choose whether to cover the optional group, which includes the following: disabled individuals who would be eligible for Supplemental Security Income (SSI) if they were not in medical institutions; and individuals receiving only state supplemental payments. At a minimum, an individual applying for Medicaid would need to provide the following information: a social security number; proof of disability from a qualified physician; and information about income and assets. For detailed information on Medicaid, go to <a href="http://www.cms.hhs.gov/MedicaidGenInfo/">http://www.cms.hhs.gov/MedicaidGenInfo/</a>.

#### Medicare

Medicare is a Federal health insurance program available to an individual who meets <u>one</u> of the following criteria:

- Age 65 or older and already receives retirement benefits from Social Security or the Railroad Retirement Board
- Under the age of 65 and has received disability benefits from Social Security or the Railroad Retirement Board for 24 months
- Has End-Stage Renal Disease (permanent kidney failure that requires regular dialysis or a kidney transplant)

An individual must provide a mailing address when he/she applies for Medicare benefits so that a Medicare card can be sent to him/her. Case managers may consider using their agency's address. To obtain a new Medicare card, individuals must also provide a social security number; date of birth; contact information; place of birth; and mother's maiden name. For more information about Medicare eligibility, go to Medicare's website at <a href="www.Medicare.gov">www.Medicare.gov</a>.

## State Children's Health Insurance Program (SCHIP)

The State Children's Health Insurance Program (SCHIP) provides health insurance to uninsured, low-income children 18 years of age or younger, including those who are homeless. By Federal law, a child first must be found ineligible for Medicaid in order to be approved for SCHIP coverage. SCHIP is jointly financed by Federal and state governments and administered by the states. Within broad Federal guidelines, each state determines the design of its program, eligibility groups, benefit packages, payment levels for coverage, and administrative and operating procedures. For more information on SCHIP, visit <a href="http://www.cms.hhs.gov/home/schip.asp">http://www.cms.hhs.gov/home/schip.asp</a>.

## **Some General Tips for Accessing Mainstream Benefit Programs**

Streamlining the eligibility process: Case managers should find out about all the benefits a client might be eligible to receive and apply for them at one time, if possible. A benefits representative from one program may be able to help access other programs or may be able to use eligibility for one program as a way to determine eligibility for other programs. For example, a client who receives Supplemental Security Income (SSI) may automatically be eligible for Medicaid.

<u>Helping clients who are homeless establish proof of residency</u>: Most mainstream benefit programs require proof of residency. While this is an added challenge for homeless persons, case managers can help them establish the necessary documentation. Homeless service organizations can give a client a letter with the case manager's name and the agency's address as proof of residency. A client may also use the agency/shelter address to obtain a photo ID from the Department of Motor Vehicles.

<u>Helping clients obtain identification</u>: Most states will accept a variety of forms of identification as valid for accessing mainstream benefit programs. Case managers should not assume that their clients need official state-issued identification cards. Oftentimes, local program offices will accept a public library card as positive identification.

For more tips see <a href="http://www.cms.hhs.gov/apps/firststep/content/general\_tips.html">http://www.cms.hhs.gov/apps/firststep/content/general\_tips.html</a>.

#### **Veteran Benefits**

VA compensation is a monthly benefit paid to veterans who are disabled by injury or disease that developed or worsened in the line of duty. VA annually awards more than \$29 billion in disability benefits to millions of veterans. The monthly benefit varies depending on the degree of disability and the number of dependents. Documentation requirements may include dependency records (marriage and children's birth certificates); medical evidence (treatment records and hospital reports); Report of Separation from Active Military Service (DD Form 214) or discharge certificate; and dependent(s) Social Security number(s). Case managers should contact the Homeless Veteran Outreach Coordinator in their area. To locate the nearest VA regional office, visit <a href="https://www.va.gov/sta/quide/home.asp">www.va.gov/sta/quide/home.asp</a>.

#### **Veterans Health Care**

Veterans Affairs (VA) Health Care provides health coverage for veterans. Eligibility for VA health care is dependent upon a number of variables, including the nature of discharge from military service, length of service, VA adjudicated disabilities (commonly referred to as service-connected disabilities), and income level. Every VA Medical Center has a Homeless Veterans Coordinator who helps veterans who are homeless with the eligibility process. When a case manager contacts the local VA Medical Center, he/she should ask the operator for the Homeless Veteran Coordinator. Services for veterans who are homeless provided through the Veterans Health Administration include outreach; case management; referrals to benefits counselors; and linkage to health care and housing assistance. To find a local Homeless Veteran Coordinator, visit <a href="http://www1.va.gov/homeless/docs/HCHV\_Sites\_ByState.pdf">http://www1.va.gov/homeless/docs/HCHV\_Sites\_ByState.pdf</a>.

# CHAPTER 3: MANAGING AN EFFECTIVE CONTINUUM OF CARE

## INTRODUCTION

This chapter discusses the process for managing a continuum, which requires year round planning and multi-year strategic planning efforts. Once established, continuums need to continue to evolve to meet the changing needs of the people they serve. To do this, planning groups periodically need to rethink goals and alter their programs and service systems. Over time, continuums also need to evaluate the quality of their programs and services and improve them or replace them with better programs and services. The strategic planning process described in this chapter can be used to guide a continuum's expansion or modification of its existing programs and service delivery system.

The Continuum of Care (CoC) is first and foremost a planning process. The goal is to understand the size and scope of the problem of homelessness in a community, and to design strategies and solutions to address the problem. It is locally driven, although the process must meet federally set objectives and follow a federally mandated process.

The year round planning process is focused on the community's approach to ending homelessness. In order to formulate an approach, each CoC needs a comprehensive understanding of the number, type and needs of people who are homeless in the community, with a special focus on identifying and tracking people who are chronically homeless. Each Continuum also needs a comprehensive picture of what resources and services are already available to meet the needs of people who are homeless.

This chapter covers the following steps in the strategic planning process:

- **Defining a continuum's geographic coverage.** Geography can play a significant role in determining how a continuum is organized. This chapter begins by enumerating the options available urban and county, rural and regional, and balance of state or statewide and their advantages and disadvantages.
- Selecting a lead organization. A strong lead organization is critical to the success of a continuum. A lead organization that has strong leadership, access to resources, and high visibility in a community can provide a continuum with the credibility needed to attract broad-based participation in the community. Communities should, therefore, carefully review their choices, which include homeless coalition, government agency, or nonprofit leadership. While the strengths of organizations and leaders will vary from community to community, there are some generally applicable advantages and disadvantages to each type of leadership that is considered in this chapter.
- Identifying potential stakeholders. Identifying potential stakeholders should be an ongoing effort of any continuum. One of HUD's primary goals for any CoC system is to have maximum participation in the planning process by all interested parties including public, private, and nonprofit sectors and representatives of homeless subpopulations. While broad participation is encouraged, levels of participation among stakeholders may and should vary. An effective continuum should be able to explain clearly why a stakeholder should participate, the expected level of participation, and the anticipated

outcomes of participation. This chapter provides guidance on how to identify stakeholder organizations and their staff representatives and then how to define their roles within the continuum.

- Creating a governance structure. A successful CoC should have a year-round planning process that is coordinated, inclusive, and outcome oriented. The expectation is that the process will be organized with a governance structure and a number of subcommittees or working groups. This chapter provides a brief overview of how continuums have set up effective governance structures.
- Creating a Homeless Management Information System (HMIS). HMIS provides communities with a tool to collect and analyze ongoing data on people using homeless service programs. By allowing communities to calculate accurately the size and needs of the homeless population as well as the outcomes of specific interventions, HMIS provides a means for tracking service and demand for homeless programs and understanding where improvements need to be made. A community should select the components to be included in its HMIS based on its specific information needs, goals and vision for its homeless service system. Basic HMIS components include client intake, case management, service tracking, information and referral, and a report generation tool. A Community may choose to broaden the scope of its HMIS by including components beyond homelessness.
- Establishing a common vision and system-wide performance goals. This step is critical to creating and maintaining a common sense of purpose and an action-oriented continuum. This common vision may be articulated through a mission statement and/or guiding principles that help focus a group's planning efforts. As continuums evolve, they may need to rethink their goals and objectives.
- Monitoring and measuring provider performance. Finally, a continuum should monitor and measure the performance of providers within its system and how the system performs as a whole. It is also the responsibility of the CoC leadership to act on performance information, rewarding effective performance, excluding poorly-performing projects from the application for funding, and making any systemic changes deemed necessary. This information is also critically important for making strategic planning decisions. This step provides a basic framework for assessing this performance.

While issues such as leadership, governance, and stakeholder participation are also relevant to the CoC application process, because they have year-round management and strategic planning implications, they are presented in greater depth in this chapter.

## DEFINING THE GEOGRAPHIC AREA OF A CONTINUUM

Continuum planning efforts may be organized at a number of geographic levels: a single city, a city and surrounding county, a region, or a state. Regardless of how a continuum is organized, the process must include meaningful representation from throughout the planning area. This can be particularly challenging when the planning area covers an entire state or region. In these cases the continuum may not function as a single integrated continuum, as it does in a metropolitan area, but instead as a federation of continuums organized to share information, financial resources, technical assistance, and training. This type of planning is particularly important for non-metropolitan areas, many of which continue to be underserved by homeless

service systems. The number of homeless persons relative to metropolitan areas may be small, but the needs are critical and resources scarce. This section briefly describes how continuums may be organized within a geographic area.

The primary consideration is to design a system that will most effectively meet the needs of the homeless population. Communities consider several factors when defining a continuum's geographic area:

- The key agencies and providers involved in the delivery of homeless services and their service/planning areas to facilitate linkages and coordination
- The jurisdictions that have control over mainstream resources needed to facilitate linkages and thereby respond comprehensively to the needs of people who are homeless
- The methods by which homeless persons access services

Organizations within any locality may have decided to organize a continuum in any of the following ways:

- Created a CoC system within its own local boundaries
- Joined nearby communities in creating a multi-county or regional CoC system that fully involves all the communities included and serves the territory of the combined communities
- Joined with the state government or a statewide organization in creating a statewide CoC system
- Joined with the state government or statewide organization in developing a CoC system for a specific community or an entire region

A state government or statewide organization would consider the following options when deciding what areas to include in a CoC application:

- Include the entire area of the state not covered by local continuums in a single application which describes the statewide CoC system for that entire area
- Include a part of the area of the state not covered by local continuums in a single application which describes the CoC system for that area, which could include one or more counties not covered by local CoC systems
- Submit two or more applications, each representing a separate CoC system developed by the state or statewide organization and its local partners for different sub-state areas not covered by local CoC systems. Each sub-state area could cover a single county area or multi-county areas

Each year, HUD publishes a spreadsheet of cities and counties and the associated geographic codes and preliminary pro rata need amounts to help CoC groups define their geographic area when competing for McKinney Homeless Assistance funding. (This document is updated every year. Enter search term "Preliminary Pro Rata Need" on the Homeless Resource Exchange at

http://hudhre.info
to locate the current year's document.) A CoC application should be composed of one or more of the cities and counties listed in this guide. Note that current HUD policy states that one CoC system may not overlap with the service area of any other system.

## **Municipal or County Continuum of Care**

In many cases, the CoC serves one city or county, and the scope of the planning area is fairly simple. A multi-jurisdictional county may want to define the continuum's geography to include all cities within its borders. These cities and the county can then coordinate the planning process countywide. The result is that county and city resources can be more effectively deployed, thereby avoiding both duplication of effort and the funding of activities or policies that operate at cross-purposes. If a city within the county's jurisdiction chooses to develop its own CoC plan, then the county Continuum would cover the county outside the city's boundaries. Again, coordination and cross-referencing make a stronger plan.

## Advantages of this Approach

- The scope of the planning area is relatively simple. At the municipal and county levels, a single integrated continuum can be created with coordinated services that directly benefit the client. In addition, service providers and other stakeholders may be familiar with one another and in many cases may have previously worked together.
- County and city resources can be more effectively deployed, thereby avoiding both duplication of effort and the funding of activities or policies that operate at crosspurposes.

#### Disadvantages of this Approach

- If the city or county area is small, the amount of McKinney-Vento Homeless Assistance funds calculated to be needed by a community may be too small to provide meaningful services.
- The service area may be too small to develop a continuum within municipal or county borders. In many instances, it is more cost effective and practical to deliver services in cooperation with adjacent communities in a regional continuum.

## Regional or Statewide and Balance of State Continuum of Care

For some areas, it makes sense to use a regional approach, to include either a number of rural counties or an urban area surrounded by participating rural counties. Because of their small populations, rural areas generally have relatively few homeless people within any geographic area. To maximize its funding potential and take advantage of economies of scale, a rural area may wish to form a regional CoC system encompassing several contiguous counties. However, all geographic areas included in the regional CoC system should be actively involved in the development and implementation of the CoC system.

The geographic coverage of state Continuums of Care varies. Small states, such as Rhode Island and Delaware, have truly statewide Continuums of Care that include the urban centers of the state as well as the more rural areas. However, in larger states this is often not practical and may not even be particularly desirable because of substantial differences in the needs and resources of urban and rural areas. In larger states, the state continuum typically covers the so-

called "balance of state" that is, the areas that are not covered by other continuums. These plans typically include small communities and rural areas. There may still be parts of the state that have not yet organized CoC planning, but states typically encourage broad participation and help localities to set up local planning groups if they are interested in joining the state CoC process.

A state should consider which cities and/or counties have their own continuums and ensure that the geographic area defined in the state's CoC does not overlap with these, though coordination is certainly encouraged. The state may want to encourage cities and/or urban counties to develop their own continuums if they have not yet done so, thereby leaving the role of the state to organize and plan for rural and ex-urban areas that would otherwise be underserved.

Some communities may be involved in a regional or balance of state CoC process, but not in a meaningful way. Those communities that wish to become more involved should contact their local CoC administrator. (Go to <a href="http://hudhre.info/index.cfm?do=viewCocContacts">http://hudhre.info/index.cfm?do=viewCocContacts</a> to locate contact information for CoC lead agencies.) If there is no balance of state CoC for a particular state and an organization wants to create one, it should consult with the agency that produced the state's or region's consolidated plan to get started.

## Advantages of these Approaches

- Statewide and regional planning efforts increase the visibility for the needs of homeless people in non-metropolitan areas and ensure critical coverage for these rural communities that may not be linked to the networks of service providers found in larger cities. In addition, these approaches provide attention to and validation of strategies and approaches that work in rural areas.
- From a strategic point of view, combining the homeless assistance needs of a region or most or all of a state's non-metropolitan areas creates a "critical mass" that boosts funding prospects.
- State governments can provide a valuable partnership to bring additional resources to homeless assistance programs throughout the state. Some of these resources include access to staff and funds from the state to coordinate the process and planning activities; greater participation of people and agencies not previously involved in planning efforts; stronger statewide advocacy efforts; and coordination of support for critical statewide needs (such as migrant workers or homeless youth).
- Jurisdictions within a regional continuum may have different degrees of familiarity with homeless needs and services. By working together, communities with more experience in homeless service systems can share their expertise with less experienced communities.

#### Disadvantages of this Approach

 Implementing a statewide or regional planning approach is challenging. States, counties, and participating localities must come up with efficient organizational structures that allow participatory involvement in all aspects of the CoC process, from forming local planning groups to soliciting applications to setting priorities.

 Assembling meaningful data on the housing and service needs of homeless people from each community in a large geographic area that is often non-contiguous poses significant challenges. Local/state partnerships need to find ways to do this effectively.

## SELECTING A LEAD ORGANIZATION

A lead organization that has strong leadership, access to resources, and high visibility in a community can provide a continuum with the credibility needed to attract broad-based participation in the community. The lead organization should have the resources and capacity to conduct multi-year strategic planning efforts, schedule and hold meetings, and with the help of the other members of the continuum, organize and lead the needs assessment. The needs assessment involves the point-in-time count, identifying service needs and select projects, assessing the performance of providers, and completing the application and producing planning materials. Continuums need to strategically assess who should be designated as the lead organization. Some examples of continuum governance structures include the following:

- Homeless coalition led
- Government led
- Nonprofit organization led

## **Homeless Coalition Leadership**

In this approach, a coalition of homeless providers coordinates the CoC process. The planning group is made up of representatives from not only coalition members, but also local foundations, corporations, and people who are, or formerly were, homeless. Both city and county government officials may have a seat at the table and support the process, but they do not lead.

As a group, the coalition conducts a comprehensive needs assessment and planning process over the course of the year to develop a CoC plan. Committees are organized to address specific aspects of the continuum process, including membership development, research and information, advocacy, and interagency planning. The coalition leverages resources – such as researchers from a local university – to assist with the CoC needs assessment and other activities. Overall responsibility for developing the plan and monitoring its implementation is usually provided by the member agencies, through committee assignments.

#### Advantages of this Approach

- Promotes broad-based participation in the continuum process. With a wide range of players involved, members may establish creative partnerships and learn about new funding opportunities and programs.
- Facilitates data collection by involving more agencies to contribute to the effort.

#### Disadvantages of this Approach

• If the coalition has no staff dedicated to the CoC effort, it may be more difficult for planning activities to be accomplished, and members may have to share a large portion of the workload.

- Although this approach may encourage broad-based participation, without a prominent community member acting as a champion for the coalition, a coalition of homeless providers may not have the clout to attract a broad-based membership.
- There is no mechanism inherent in this CoC approach that ensures accountability from the parties involved. Members may become frustrated by the lack of follow through on strategies and action steps.

## **Government Leadership**

In a government led continuum, staff from government agencies take a leadership role in organizing the planning process and implementing the CoC. Government staff typically coordinates all data collection activities, including an annual census of street and sheltered people who are homeless. They also facilitate meetings with key stakeholders in the community – including homeless shelters and service providers, advocacy organizations, housing providers, veterans groups, people who are, or formerly were, homeless, and leaders from the business community – to inventory the system, identify gaps, set priorities, and develop strategies and action steps. When necessary, subcommittees focus on particular subpopulations or discrete system issues. These activities are accomplished through an ongoing process in order to get input from a broad range of players and build consensus on priority activities and strategies. Government staff would also be responsible for monitoring the implementation of the CoC plan and making policy recommendations to local and state officials.

#### Advantages of this Approach

- Government agencies are usually able to contribute staff and/or resources towards the continuum planning effort. Other members will be able to participate without feeling over-burdened by the workload.
- Government agencies have the power and ability to hold people accountable for gathering data, implementing action steps, and accomplishing other planning related tasks.

#### Disadvantages of this Approach

- As part of local or state government, government agencies coordinating the CoC process may be subject to the political agenda of local officials.
- Coordination by a government agency sometimes can lead to the process being controlled by that government agency. This domination by one entity may create a more rigid and less creative process and make it difficult to get new and innovative ideas heard.

## **Nonprofit Organization Leadership**

In this approach, a nonprofit agency takes the leadership role in organizing and implementing the planning process. In some communities, a nonprofit organization may be formed for the sole purpose of coordinating and monitoring the CoC plan. The organization must have staff with the capacity, resources, and organizational skills to coordinate the planning process. When the nonprofit has programs funded through the CoC process, it must separate its role as facilitator and leader of the planning process from its role as a funded agency.

## Advantages of this Approach

- As with the government led process, a nonprofit organization may be able to dedicate staff and resources to the CoC planning effort. Consequently, less of the burden for arranging logistics (such as meeting space, distributing information, gathering materials, etc.) will fall on coalition members.
- A local nonprofit organization may be very aware of the community's needs. This
  knowledge will enhance the quality of the Housing and Services Needs Assessment and
  will facilitate legitimacy in the community. Coalition members will benefit by establishing
  relationships with the other community players involved in the planning process.

#### Disadvantages of this Approach

- This approach has the potential for perceived or actual bias in decision making and
  allocation of funding since the nonprofit organization coordinating the efforts may also
  be receiving funding obtained through the CoC process. Members may find it difficult to
  get support for new projects if the decision-making process is not fair. By creating a
  new nonprofit organization with the sole purpose of facilitating the CoC process, this
  bias can be avoided.
- Although the nonprofit organization may have staff and resources that can be used by the CoC group, this staff – and the agency as a whole – may be over-burdened and unable to accomplish many of the action steps. Consequently, members may perceive a lack of leadership and experience frustration at the inability to get things done.

#### **Lead Organization Responsibilities**

- Establish format for conducting meetings
- Develop meeting agendas, protocol, and conflict resolution procedures
- Define roles and responsibilities
- Maintain group process
- Prepare homeless assistance grant application annually
- Assess Continuum provider performance and act on those assessments
- Oversee strategic planning efforts
- Maintain focus on goals, objectives and action steps
- Delegate responsibilities

## **IDENTIFYING STAKEHOLDERS**

One of HUD's primary goals for any CoC system is to have maximum participation in the planning process by all interested parties. To determine who should be involved, one of the decisions that is made early on is the geographic range of the continuum planning area. As discussed above, in many cases, the CoC is one city or county, and the scope of the planning area is fairly simple. For some areas, it makes sense to use a regional approach, either a number of rural counties or an urban area surrounded by participating rural counties. In any case, the process must include meaningful representation from throughout the planning area.

Inclusiveness also refers to the participation of public and private sector representatives. Public sector representatives should include state and local government agencies, public housing agencies, school systems and universities, law enforcement and the corrections system, local workforce investment act (WIA) boards and other public agencies as appropriate. Private sector representatives include nonprofit organizations (including faith-based organizations) advocates, private funders, businesses, persons who have experienced homelessness, and hospitals/medical representatives. Within the nonprofit organizations, it is particularly important to include the mental health system, the substance abuse treatment system, shelters, soup kitchens, and other organizations providing services to homeless people.

In addition to inclusiveness regarding type of organization, it is important to include representatives of sub-populations likely to be served within the homeless group. This list includes people with serious mental illness, people with substance abuse disorders, people with co-occurring disorders, veterans, people experiencing domestic violence, and youth.

While it is important to encourage broad participation in the continuum process, levels of participation may and should vary among continuum stakeholders. Some stakeholders will be involved in the daily activities while others will simply provide their expertise on an "as-needed" basis. A successful continuum should be able to explain clearly why a stakeholder should participate, the level and amount of participation, and the expected outcomes of participation.

#### **Defining Stakeholder Roles**

When defining the roles and responsibilities of continuum stakeholders consider the following factors:

- The amount of staff time a member organization can commit and the amount of time an individual can commit
- Skills, expertise, and experience that individuals and organizations as a whole offer
- Access to resources
- Interest and level of commitment to specific issues

When initially identifying potential stakeholders, continuum organizers would naturally identify those organizations whose missions most closely align with that of the continuum, such as homeless service organizations and advocacy groups. Then as continuums grow and evolve, they typically broaden their membership search to include organizations that may affect or be affected by the continuum, have shown an interest in the continuum's mission, or have resources to contribute to the continuum.

To create and maintain a strong homeless services system, continuums need to think on an ongoing basis about the roles of existing and potential stakeholders. In considering what type of participation to seek from some of the organizations listed below, continuum organizers must also decide who within the agency would best serve the continuum. For example, an agency director would be effective in influencing policy and legislation, obtaining funding, and bringing on other community leaders. Service providers would have an understanding of the day-to-day needs of people who are homeless and the organizations that serve them. They would also be more available to participate regularly in continuum meetings and activities and benefit more directly from a continuum's accomplishments.

Continuums should consider using agency directors or other senior staff strategically. Having an agency director participate in a continuum's initial planning stages and then later in its major strategic planning efforts can enhance the credibility of a continuum, help attract other community leaders, and establish a high level of commitment from the organization. Additionally, key decisions will need to be made during these phases of a continuum's development and so it is useful to have representatives from organizations who have the authority to make decisions on behalf of their organizations. Thereafter, senior staff may attend continuum meetings on an as-needed basis and service providers or other junior staff could participate in regular continuum meetings.

#### **Potential Stakeholders**

## **Directly Aligned with Coalition Mission**

- Homeless service providers
- People who are, or have been, homeless
- Homeless advocates

#### Mainstream Housing Services

- Public housing agency representatives
- Nonprofit housing developers
- City housing and finance representatives
- Property managers/landlord group representatives

#### Mainstream Agencies

- Mental health agencies
- Substance abuse treatment centers
- Veteran service agencies
- Organizations representing special needs populations
- Local employment and training agencies

## Access to Resources

- Colleges and vocational educational institutions
- Local and state government representatives (e.g., TANF, child welfare)
- School district
- Religious leaders
- Business leaders
- Police/law enforcement
- Prison/jail/correctional facility representatives

Continuums should think creatively about ways to engage those players that do not typically serve people who are homeless, such as banks and businesses. There are many different methods of "participating" in the CoC process. For example, agencies can participate in the process in the following ways:

- Attending core working group meetings
- Joining an issue-related task force or subcommittee
- Sponsoring activities that benefit and facilitate input from people who are homeless
- Financially supporting CoC activities
- Commenting on written materials
- Providing input on specific strategies or action steps
- Collecting data
- Reviewing data to ensure these are accurate and realistic
- Reviewing proposals for funding

Before asking a community player to be involved in the CoC process, it is important to know specifically what the continuum is asking of that person. For example, should the continuum request that the bank provide free checking for individuals who are homeless and working, or ask them to hang a poster in the bank window during homeless awareness week?

It also helps to indicate what that player has to gain from their involvement. For example, participation in the process can boost a bank's Community Reinvestment Act (CRA) rating, and help keep people who are homeless from sleeping in its ATM booths. Much of the success of a CoC plan will ultimately rest on the cooperation and buy-in of policy makers and funders. If these stakeholders are not directly involved in the process, they should be kept informed of the ongoing CoC activities and the plans to address homelessness in the community.

## **Involving Mainstream Agencies**

By including stakeholders who are involved in other community planning efforts, the CoC group can share data; learn about other programs in the community; strengthen coordination among programs; eliminate fragmentation and duplication of services; and gain access to mainstream resources for people who are homeless with serious mental illnesses and other subpopulations. Stakeholders from mainstream agencies or systems can also keep the CoC group informed about any agency or system-wide planning processes or decisions that might affect the homeless population.

One mainstream service system issue that is of particular importance to continuums is discharge planning. Mainstream agencies, such as alcohol and drug, mental health, prisons and jails, and foster care agencies, while critical components in good prevention, vary in regard to discharge planning efforts and coordination. When individuals exit these systems without solid planning for employment, housing, access to health care and real opportunities for community integration, many people become homeless. It is important, then, to work with those systems to increase the use of discharge planning, and to encourage solid links to housing and other supports upon discharge. The first basic rule in discharge planning is to stop or prohibit the discharge of people from mainstream systems to homelessness, including CoC services. In this context, discharge planning should be part of a larger community effort to treat people at the lowest levels of income and with the greatest need, with persons experiencing homelessness as a prioritized sub-group.

## Discharge Planning: An Effective Strategy to Help End Chronic Homelessness

The Federal Interagency Council on the Homeless has identified discharge planning as an effective strategy in helping to end chronic homelessness. To the extent that institutions are discharging people to homelessness, they are causing homelessness. While statistics are often hard to find, it is common knowledge among service providers that people coming out of mental hospitals, jails, and foster care often end up homeless. Each year, nearly 20,000 foster care teens "age-out" of the foster care system. Foster care studies have shown that in just four years after leaving foster care, 25 percent of "aged-out" youth had been homeless for at least one night. Moreover, a survey of 400 homeless people in New York found that 20 percent of those surveyed had been in foster care as youth. 12

At any given time in Los Angeles and San Francisco, 30 to 50 percent of all people under parole supervision are homeless. Jeremy Travis, a senior fellow at the Urban Institute who studies reentry issues, notes that a "significant percentage" of the 600,000 people leaving state prisons each year are likely to be homeless. "Even if it's 10 percent of 600,000 a year, that's 60,000 a year coming out that have some serious housing issue."

Continuums can use a number of strategies that can lead to increasing the use of discharge planning and improving the effectiveness of discharge planning. One strategy is to include mainstream service system representatives in the planning process. To ensure that this issue is addressed, some continuums have established standing committees within the Continuum planning group working on discharge planning, with a standing report item on each meeting agenda. Continuums could also invite state representatives to planning meetings that address discharge planning, since change may be most feasible from the state level. The goal is a written agreement or protocol that governs discharge planning from publicly funded institutions, along with regular monitoring of the agreements, and a measurable decrease in the number of people exiting institutions into homelessness.

## **Involving People Who Are or Were Homeless**

The input and knowledge of consumers of homeless services is critical to the development of a comprehensive, effective CoC. Continuums should consider some of the following creative strategies to engage consumers meaningfully in the process:

 Identify former consumers of homeless services who are now active members of the Board of Directors, interested alumni, or staff from its agency or other agencies in the community.

<sup>&</sup>lt;sup>11</sup> Sherman, Rachel, Serving Youth Aging Out of Foster Care, The Finance Project Issue Note, Volume 8, Number 5, October 2004.www.financeproject.org/Publications/servingyouthagingoutlN.pdf. Cook, R., (1992). *Are we helping foster care youth prepare for the future?* Children and Youth Services Review,. 16(3/4), 213-229.

<sup>&</sup>lt;sup>12</sup> Homelessness: the Foster Care Connection. A report of Homes for the Homeless. 1997. http://www.homesforthehomeless.com/index.asp?CID=3&PID=24

<sup>&</sup>lt;sup>13</sup> Rodriguez, Nino and Brenner Brown. *Preventing Homelessness Among People Leaving Prison*, VERA Institute of Justice. 2003. <a href="http://www.vera.org/publication\_pdf/209\_407.pdf">http://www.vera.org/publication\_pdf/209\_407.pdf</a>

- Sponsor regular focus groups with consumers to obtain information and data, review strategies and action steps, and to prioritize needs and projects. To ensure participation at focus groups, try to identify barriers to participation and provide some incentives – whether it is food or a small stipend – or other means to demonstrate appreciation. Report back to consumers on the results of the process.
- Conduct regularly-scheduled surveys and interviews. These surveys can be conducted upon exit from homeless programs or at regularly scheduled intervals throughout the year (e.g., every six months).

## **Ensuring Representation of All Homeless Subpopulations**

It is important for a CoC group to include stakeholders representing the needs of the various segments of subpopulations that are homeless:

- People with serious mental illnesses
- Youth
- Chronic substance abusers
- Veterans
- People with dual or multiple diagnoses
- Victims of domestic violence
- People living with HIV/AIDS

There is considerable interrelation and crossover among subpopulations that should be addressed through CoC planning. For example, in some communities there is a need for substance abuse and recovery services and supports for people who are homeless and have serious mental illnesses.

## **GOVERNING PROCESS**

A successful CoC should have a year-round planning process that is coordinated, inclusive, and outcome oriented. The expectation is that the process will be organized with a governance structure and a number of sub-committees or working groups. For example, many planning groups have: a data committee, charged with the assessment of needs and gaps; a service coordination committee, charged with interagency case coordination and identifying problems with interagency referrals; a reporting committee, frequently concerned with HMIS implementation; an implementation committee, concerned with provider performance and operation of the CoC system.

The governing process is frequently conducted through a "steering committee" or "governing board." It is important that the membership of the governing committee is decided through an open and democratic process and is representative of both private, nonprofit, and public sectors. For example, even when the process is coordinated by a governmental department, the expectation is that 65 percent of the governing committee will come from the private or

nonprofit sector. In any case, it is essential that members of the governing committee are fair, impartial, and objective when reviewing projects and making decisions. This means that any member of the governing committee with any relationship to a provider under consideration for selection or funding must not participate in that decision. There should be a formal process for recusing oneself or abstaining from discussion and voting.

Within the governing committee, leadership should be rotated in a planned way through the use of staggered terms. Private and public sector leadership should be rotated, and both sectors should be represented in leadership positions (Chair and Co-Chair, for example). Meetings of the committee should be open and interested citizens should be provided with timely notice of those meetings. The governing committee should have a code of conduct that includes information about how the process works, what types of conflicts of interest are not acceptable, and what people can do if they are unhappy with the process or decisions made by the governing committee.

One key to success is documenting the activity of the governing committee, other committees, and how public and private sector representatives are working together to address homelessness. At a minimum, documentation involves keeping attendance and minutes of all planning group meetings, being specific about which agencies attended, and making the connection between agencies and the sub-population served. For ease of communication and transparency, this information must be readily available to both the interested organizations and the community at large. Meetings need to be held often and year-round. A year-round schedule supports the idea that this planning process has multiple roles in addressing homelessness, and is not focused solely on completing the funding application. Meeting often builds trust among participants, fosters partnerships, and may even lead to better services and more referrals as participants learn more about what services each participating organization offers.

## COLLECTING DATA: HOMELESS MANAGEMENT INFORMATION SYSTEM (HMIS)

Uniform, longitudinal data is necessary to understand the extent and scope of homelessness in individual communities and across the country. A Homeless Management Information System (HMIS) provides communities with a tool to collect and analyze ongoing data on people using homeless service programs. By allowing communities to accurately calculate the size and needs of the homeless population as well as the outcomes of specific interventions, HMIS provides a means for tracking service and demand for homeless programs and understanding where improvements need to be made.

## What is a Homeless Management Information System?

An HMIS is a computerized data collection tool designed to capture client-level information over time on the characteristics and service needs of men, women, and children experiencing homelessness. It is designed to aggregate client-level data to generate an unduplicated count of clients served within a continuum. An HMIS can also be statewide or regional, possibly including several continuums.

Prior to the development of HMIS, the data on homelessness in many communities was neither reliable nor accurate because service providers across jurisdictions lacked compatible tracking capabilities. In addition, many communities could only estimate the size of local homeless populations by using point-in-time census counts. However, this has begun to change since

HUD's national HMIS initiative, which was formulated in response to a 2001 Congressional directive to help communities implement and operate management information systems. Approximately 75 percent of continuums reported in their 2005 CoC application that they are collecting client-level data in their HMIS, as compared with less than 60 percent in 2004.<sup>14</sup>

#### **Benefits of HMIS**

Information gathered from HMIS can be used to target limited resources and inform community planning and policy decisions. Within a specific community, HMIS can provide the following important benefits at the client, program, and systems level:

- Front-line service staff can provide faster, more effective services to clients through streamlined referrals, benefits eligibility, and coordinated case management.
- Agency administrators can better manage operational information through access to a variety of agency, program, and client-level reports.
- Policymakers and advocates can make informed decisions by having access to systemwide data describing the extent and nature of homelessness and a greater understanding of service usage, effectiveness, and gaps.

Regional and statewide HMIS implementation offers an opportunity to achieve all of these service coordination and policy benefits across even greater geographic areas.

## Components

A community should select the components to be included in its HMIS based on its specific information needs, goals, and vision for its homeless service system. Basic HMIS components include client intake, case management, service tracking, information and referral, and a report generation tool. A community may choose to broaden the scope of its HMIS by including components beyond homelessness.

- Client Intake. Information about people served at the point of entry into shelters or other homeless assistance programs. All client information is associated with a unique identifier that can be used to create an unduplicated count of homeless persons served in a particular area. (Data elements: name, social security number, gender, age and bed assignments).
- Case Management. Information about clients gathered throughout the process of providing program services. At the client level, information can be used to determine client needs, program use, and program outcomes. Collectively, these data may be used to modify program design and to provide a compelling case to boards, funders, and other stakeholders about program and system effectiveness. (Data elements: needs assessment, history, program participation, and service plan goals).

<sup>&</sup>lt;sup>14</sup> Report to Congress: Fifth Progress Report on HUD's Strategy for Improving Data Collection, Reporting and Analysis, March 2006. <a href="http://www.hud.gov/offices/cpd/homeless/library/2006reporttocongress.pdf">http://www.hud.gov/offices/cpd/homeless/library/2006reporttocongress.pdf</a>

- Service Tracking. Information about services delivered to a client by a provider. This
  service allows a provider the ability to plan, schedule, and follow up on the delivery of
  services. Tracking services and comparing that information with the case management
  component can generate service utilization patterns, provide an understanding of the
  percentage of clients who use multiple services, and assess service needs and gaps in
  delivery. (Data elements: services received, destination, and reason for leaving).
- Information and Referral. Requires the development and maintenance of an electronic database of available resources in a particular area, including shelter, food pantries, health services, and education programs. Resource directories are most effective when available on a website or in a real-time format so that users can always access the most current information. When linked with intake or case management, this component can be used to match client needs with available community services.
- Benefits Eligibility. Provides clients with immediate information and access to
  important income, housing, and supportive service resources. This component can be
  paired with the information and referral component to find services and maximize
  benefits to address client needs. Some tools even include an application and the means
  to submit it.
- Report Generation Tool. Generates reports at the individual client, program, agency and community levels. Some HMIS reporting components come programmed with standard homeless funding reports, such as the HUD APR.

## **Privacy and Security Issues**

Given the personal nature of the information shared by clients during the case management process, continuums must establish privacy protection policies as part of the design of an HMIS. These safeguards are necessary to protect the confidentiality and, in cases of domestic violence, the safety of clients who agree to have their personal information stored in the HMIS. While most agencies are already familiar with client confidentiality protocols related to case management, these protocols need to be supplemented with HMIS provisions that include parameters for inputting, revising, aggregating, and sharing client information.

#### **HMIS Privacy Concerns**

Web-based systems are created to optimize accessibility and technology; however, there are increased security risks inherent in these systems:

- Web-based servers entail greater risk than the use of paper-generated or decentralized electronic record keeping systems.
- Most shelters report a high level of staff turnover, contributing to the likelihood of inadequate training and ineffective enforcement of security policies and standards.
- Most security breaches are by people who are authorized to use the system.

Always secure an HMIS with limitations on how the information can be accessed, shared, modified, or used. Data should only be publicly released in anonymous aggregate formats. Additionally, to protect the privacy of the individuals whose information is stored in the system,

data should not be publicly released if characteristics of an individual can be inferred due to small sample sizes. There are statistical methods to determine appropriate data suppression policies.

Privacy policies can be implemented through written policies that prescribe how staff may use client information and through limitations programmed into a system so that an HMIS conforms to established policies. For those issues that are too critical to rely on individual behavior, HMIS programmatic solutions should be used. A community's privacy policy should include the basic elements described below:

- Informed Consent. Informed consent is the first component of a sound privacy protection policy. Individuals should understand exactly what they are consenting to, including the specific content of the information that will be shared. For clients to consent, they must be informed about the system the purpose of HMIS, the security mechanisms and privacy measures in place, and benefits for clients. While this should be done orally, it is also appropriate to provide a written description that the client may keep to review. After the HMIS has been explained, the case management staff should request oral consent from a client to enter the information into the HMIS.
- Written Consent. To release client identifiable information to other organizations, providers must obtain written client consent. The written consent should document the information being shared and with whom it is being shared and must explain a client's right to protect and limit its use. When developing a written consent form, communities must ensure that they comply with federal, state, and local privacy laws.
- Interagency Data Sharing. Communities should formulate procedures regarding information sharing. These procedures should include written client consent forms, written interagency data sharing agreements, and appropriate data security elements. Individual agreements between agencies should include specific sections of HMIS data that will be shared and the commitment to abide by the defined privacy controls.

For more information on HMIS, see <a href="http://hmis.info">http://hmis.info</a>.

## ESTABLISHING A COMMON VISION AND SYSTEM-WIDE PERFORMANCE GOALS

Establishing a common vision and system-wide performance goals creates a common sense of purpose and leads to an action-oriented continuum. This common vision may be articulated through a mission statement and/or guiding principles that help focus a group's planning efforts. To accomplish this, a continuum must develop a common understanding of the CoC and why it is important, agreement on the extent of the homeless problem in its community, and a shared vision on how to address its problems. A continuum will need to revise its goals periodically based on changing needs and resources in its community.

While a continuum should tailor its goals to address the specific needs of its community, HUD has established the following four basic goals that should apply to all continuums:

Identify and develop partnerships with a wide range of public, private, and nonprofit
entities and create a continuum structure and decision-making processes that are
inclusive of all these parties.

- Create, maintain, and build upon a community-wide inventory of housing and services
  for homeless families and individuals; identify the full spectrum of needs; and coordinate
  efforts to fill gaps between the current inventory and existing needs.
- Institute a continuum-wide strategy to achieve the continuum's goals, especially to end chronic homelessness.
- Work toward the HUD/national performance objectives, reporting on progress toward continuum goals, and coordinating homeless assistance with mainstream health, social services, and employment programs.

## **HUD National Objectives**

HUD's objective is to end chronic homelessness and to move homeless families and individuals to permanent housing. This objective has a number of measurable indicators that directly relate to CoC homeless assistance programs. A community must establish specific goals and objectives for addressing homelessness that allow them to meet or exceed HUD's national objectives. Measurable indicators are as follows:<sup>15</sup>

- The percentage of formerly homeless individuals who remain housed in HUD permanent supportive housing projects for at least 6 months will be at least 71.5 percent.
- The percentage of homeless persons who have moved from HUD transitional housing into permanent housing will be at least 63.5 percent.
- The employment rate of persons exiting HUD homeless assistance projects will be at least 19 percent

In addition to the national objectives, each <u>community</u> should set objectives based on local need and resources. The assessment of housing and services capacity in the system should be examined carefully and compared to information on need. Any objectives that are created should be based on consideration of the data at hand and a reasonable analysis of that data. Finally, the individual providers should establish performance goals that further the overall goals of the continuum, can be accomplished with their organization's resources, and are consistent with their individual missions.

Communities may use outside facilitation when conducting strategic planning. Analysis of the data is often difficult, and agency priorities and politics can color the discussion. For example, in some communities, shelter beds might be full and shelters turn people away every night. This information needs to be analyzed before the community concludes that more shelter beds must be built. It may be that the community's shelters are allowing people to stay longer than a week or a month because there is no housing to go to upon leaving the shelter. This is a humanitarian decision by shelter providers that keeps people from sleeping in the streets.

<sup>&</sup>lt;sup>15</sup> Indicators referenced are from the July 10, 2008 McKinney-Vento NOFA. For information on indicators for prior or subsequent years, view the applicable NOFA on the *CoC Grant Application Materials* page of the Homelessness Resource Exchange (<a href="http://hudhre.info/index.cfm?do=viewCoCGrantMaterials">http://hudhre.info/index.cfm?do=viewCoCGrantMaterials</a>).

However, it does not indicate a need for more shelter beds, but a need for more transitional and permanent housing. The numbers need interpretation in light of the specific circumstances in each community.

## ASSESSING PERFORMANCE

A continuum should monitor and measure performance of the providers within its system and how the system performs as a whole. It is also the responsibility of the CoC leadership to act on performance information, rewarding effective performance and excluding poorly-performing projects from the application for funding. When assessing an existing CoC process, it is useful to have a vision of an ideal system for meeting the needs of people who are homeless. This vision should encompass the quantity, quality, and type of housing and supportive services that are needed by clients. Continuums should regularly evaluate their planning process and service delivery and determine whether it moves the existing homeless system towards this vision.

#### Assessment Framework

Communities should consider the following issues when assessing performance: progress towards goals and objectives, including national objectives; a critical review of provider performance based on client level outcomes, and; a critical review of provider performance as a member of the system of care.

Communities should ask the following questions when assessing performance:

- Is the CoC system meeting its goals and objectives? Continuums need to examine their stated objectives and specify numerically, from year to year, what objectives have been accomplished.
- 2. Are the providers within the CoC meeting their goals and objectives? Providers need to examine their stated objectives and specify numerically, from year to year, what objectives have been accomplished.
- 3. What are the outcomes for people using the homeless service system? At a minimum, continuums should provide data on the percentage of clients in renewal projects who gained access to mainstream services, especially employment. Continuums should also indicate which policies they have implemented to help eligible clients secure mainstream benefits.
- 4. Are the providers within this CoC working together to provide a seamless system of care for people who are homeless? Continuums need to determine how effectively individuals and families who are homeless are moving through the homeless service system and into stable, permanent housing.

A genuine system inventory looks at the degree to which the system is working efficiently to address homelessness. The need to provide specialized services for different sub-populations means that some services or programs are appropriate for some groups of clients but not others. Even when appropriate services are being provided by a community's continuum, most people entering the system need help identifying and accessing them. Good coordination among providers is necessary both when homeless people enter the system initially and when they are moving through the system from emergency to transitional and then permanent housing. Whether a community has a single point of entry or multiple points of entry into the

homeless system, the need to streamline the information and referral process applies. If a community is going to address homelessness in a meaningful way, attention to these matters is essential. When a community creates performance measures for providers, requirements for measurable service coordination should be included.

An effective planning process is critical to ensuring that a continuum meets its performance goals. So, as part of its assessment, a continuum should also review its approach to the planning process:

- Are people directly affected by homelessness given a voice in the process?
   Providing mechanisms for incorporating the voices of those directly affected by policies is imperative to the CoC process and the successful delivery of homeless services.
   Experiences of people who have been, or are, homeless are essential to learn what works, what does not work, and what is missing in the homeless services system.
- Is the process for conducting the Housing and Services Needs sound and accurate? The Housing and Services Needs is a key component in the CoC process since it is the basis for determining which unmet needs are the highest priority for the community and therefore should be addressed first. Given its importance, providers should make certain that the process results in a sound and accurate analysis. Providers also should ensure that this analysis encompasses the needs of all people who are homeless and not only the needs of those people who receive services from the most dominant provider.
- Is the decision making process fair, clearly defined, and organized? Countless decisions have to be made throughout the CoC process. No matter how well a continuum plans for its decision-making process, problems will naturally arise. Many of the decisions particularly those regarding funding and priorities are difficult. It is also difficult to make decisions that may have a perceived negative impact on an agency or project. The best way to avoid tension is to plan ahead. Laying out a fair process in advance, before difficult decisions have to be made, will take the pressure off when the group is actually making decisions.

## **Assessment Tools**

It is the lead entity or planning committee's responsibility to set up a system to monitor and measure provider performance and system performance. The process needs to be developed as part of a collaborative process, published, and strictly followed. For example, even if a flaw is discovered in a performance measure, it cannot be changed in the middle of the performance measurement process. The flaw can be noted in reports, but the process should be implemented as agreed to at the beginning of the year.

The development of assessment tools up front is crucial to the perception of fairness. Providers must know ahead of time how they will be measured and must have a way to provide input to the process. The process, however, should be run by a neutral party in order to ensure that providers are held accountable.

At a minimum, performance review includes review of provider Annual Progress Reports (APRs). However, to conduct a thorough assessment, multiple methods should be used to assess provider and system performance. Some assessment tools might include structured interviews and on-site reviews of programs. Interviewing people who are currently using or have

formerly used CoC services can provide information about services received, client satisfaction, and outcomes. On-site reviews of programs can be conducted by teams consisting of lead entity representatives, homeless or formerly homeless persons, advocates, and case managers. The teams need training and support, and the lead entity must ensure objectivity in the process.

Part of the purpose in assessing performance is to hold providers accountable for helping to meet community and national objectives. Projects that are eligible for renewal have an obligation to serve the correct population, cooperate with other providers and with the lead entity on system performance, and when necessary, adapt their common practices to serve people experiencing homelessness.

Assessments also provide information that is invaluable for a continuum's strategic planning. Continuums need to base their strategic planning decisions on both quantitative and qualitative data regarding client needs, system and provider capacity, and overall performance.

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# CHAPTER 4: DEVELOPING THE ANNUAL FUNDING REQUEST

#### INTRODUCTION

This chapter focuses on the Continuum of Care (CoC) annual request for funding from HUD. Key elements covered in this chapter include assessing need and system capacity, performance information, and the project selection and ranking process. The application process should be structured in such a way that the community can achieve its goals and HUD's goals for CoC system:

- Planning Process. The best way to ensure a competitive CoC application is to have in place a meaningful planning process. The goal is to have requests for funding match genuine need in the community. In order to make that happen, the community needs accurate data about the numbers of homeless people, their housing and service needs, the current capacity of the CoC system, and current and potential capacity in the mainstream housing and services systems. The best use of the CoC annual funding opportunity is to match the available resources to gaps in the service delivery system.
- Data. Typically, communities collect data during a routine point-in-time count of homeless people and assessment of their housing and service needs. Also, many communities have a functioning Homelessness Management Information System (HMIS), which offers a community-wide perspective on who is being served, by whom, for how long, what is the referral pattern, and what is the outcome for the individual. The process of data collection and management will be discussed in detail later in this chapter.
- Projects. The process of selecting and ranking projects must be objective and defensible. Basing decisions on solid data is one good way to demonstrate a rational decision-making process. Increasingly, communities are held accountable for the performance of service providers in the CoC system. Therefore, communities must have a way to assess provider performance and should consider provider performance when making selection and ranking decisions their performance as a service provider, their performance as a part of the CoC system, and their performance complying with HUD standards when selecting and ranking project proposals.
- CoC Management. Finally, as explained in the previous chapter, the continuum
  planning process does not end when the annual application is submitted. A functioning
  CoC system includes on-going coordination within the provider network, planning and
  facilitation of meetings, project planning, administration of (and regular reporting from)
  the HMIS, implementation of the long-term strategic plan, and coordination with other
  planning processes.

#### **OVERVIEW OF THE APPLICATION**

#### **Building a Competitive Application**

The process of developing a competitive application is time consuming and labor intensive. The lead entity must coordinate a diverse group of stakeholders and manage a number of complicated processes, including assessing need for housing and services, assessing the size and scope of the problem, and assessing performance in meeting community and national goals.

Communities have become more organized and sophisticated about the CoC planning process. This is good because the quality and quantity of services and housing offered to homeless persons is increasing. However, one effect has been to make the process itself highly competitive. Most communities find themselves in situations where the difference of just a few points in the scoring could make the difference in bringing valuable resources to a community.

A community's CoC application for funding can score a maximum of 100 points in HUD's scoring and review process. Points are awarded based on the quality and comprehensiveness of the continuum planning process, the continuum's performance and the performance of existing McKinney-Vento projects in the continuum.

Each year, HUD establishes minimum threshold criteria for applications. Prior to 2008, communities had to score at least 65 points to receive funding to renew existing projects. <sup>16</sup> Continuums that score at or above HUD's national funding line will receive grant awards for new projects as well as for renewal projects. Communities that score between the minimum threshold and the national funding line are eligible for renewal funding, but may not get new projects funded.

#### **CoC Application – Exhibit One**

The CoC application is divided into two parts – Exhibit 1 covers the community's CoC planning process and Exhibit 2 covers all the SHP, S+C, and SRO projects being submitted. Communities can earn a maximum of 100 points for Exhibit I, determined by the quality of the community's response in the following areas:

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<sup>&</sup>lt;sup>16</sup> Renewal programs refer to programs proposed to receive continuation funds. To qualify as a renewal project, the program must have been previously funded through the Continuum of Care process, must be at the end of its term of award within the coming calendar year (with no break in funding), and must be in general compliance with HUD program management standards.

#### Part I: CoC Housing, Services, and Structure (14 of 100 points)<sup>17</sup>

The primary purpose of this part is to explain how the continuum functions (its governance structure, member organizations, decision-making processes, etc.). Points are awarded based on the extent to which a CoC's application demonstrates the following:

- The existence of a coordinated, inclusive, outcome-oriented community process, including organizational structure(s) and decision-making processes for developing and implementing a CoC strategy
- An inclusive process that involves a wide range of stakeholders, including nonprofit
  organizations, state and local governmental agencies, public housing agencies, housing
  developers and service providers, health and mental health representatives, homeless
  or formerly homeless persons, etc.
- A fair and impartial project review and selection process
- A well-defined and comprehensive strategy that addresses the five fundamental components of a CoC system and is designed to serve all homeless subpopulations in the community
- That the continuum conducted a community-wide inventory of housing and services for homeless families and individuals; identified the full spectrum of needs of homeless families and individuals; and coordinated efforts to fill gaps between the current inventory and existing needs

#### Part II: Homeless Needs and Data Collection (24 of 100 points)

Data gathered for this part helps to ensure that requests for funding match genuine need in the community. Points are awarded based on the extent to which a CoC's application demonstrates an understanding of the number of homeless individuals and families within the CoC and their needs, and the continuum's progress in the planning, implementation, and operation of an HMIS system. This part includes the following:

- Services Inventory Chart: Continuums must list provider organizations and the specific prevention, outreach, and supportive services that they provide.
- Housing Inventory Charts: Continuums must calculate current inventory, new inventory, inventory under development, and unmet need for emergency shelter, transitional housing, and permanent housing. Information on data collection sources and methods should also be included.

<sup>&</sup>lt;sup>17</sup> The point values listed in this section are based on the 2008 NOFA. For previous or subsequent years, refer to the applicable NOFA on the *CoC Grant Application Materials* page of the Homelessness Resource Exchange (http://hudhre.info/index.cfm?do=viewCoCGrantMaterials).

 Homeless Population and Subpopulations: Continuums must conduct statistically reliable, unduplicated, point-in-time counts or estimates of sheltered and unsheltered persons who are homeless. Information on data collection sources and methods should also be included.

#### Part III: CoC Strategic Planning (16 of 100 points)

This section focuses on a continuum's long-term strategic planning efforts. HUD expects all continuums to meet or exceed the ten-year plan national objectives for ending chronic homelessness and moving families and individuals to permanent housing. A continuum's application should include specific action steps and measurable achievements for attaining each of HUD's five national objectives. The application should also describe a continuum's discharge planning policy with foster care, health care, mental health, and corrections institutions. The policy should include specific guidelines established to prevent the discharge of persons into homelessness. Continuums should indicate if and how they coordinate with other strategic planning groups related to housing and homelessness (e.g., Consolidated Plan, Public Housing Agency Plan). Finally, continuums should include their funding priorities (which should be consistent with identified unmet needs and plan objectives) and should explain how the funds requested will be used to leverage additional resources.

#### Part IV: CoC Performance (28 of 100 points)

In this section of the application, continuums must present quantitative measures that show their progress in reducing homelessness, including chronic homelessness. Performance is measured by demonstrating the following:

- Achievements: Continuums need to specify numerically what objectives they have accomplished from their previous year's application. These objectives should include, at minimum, HUD's five national objectives.
- Progress on Eliminating Chronic Homelessness: Continuums must indicate their progress towards increasing the number of permanent housing beds for chronically homeless persons as well as reducing the number of chronically homeless persons within their community.
- Housing Performance: This part examines how effectively individuals and families who
  are homeless are moving through the homeless service system and into stable,
  permanent housing (as reported in the grantee's most recent Annual Progress Report).
- Mainstream Programs and Employment Project Performance: Continuums are
  assessed based on the extent to which participants successfully become employed and
  access mainstream programs. These measures emphasize HUD's determination to
  assess grantees' performance in the prior program year and to determine if they are
  meeting the overall goal of the homeless assistance grants under which they are
  funded.

In addition to these key categories, performance is measured based on other Departmental priorities, such as the following: strong grant administration procedures (i.e., the grantee should not have unexecuted grants older than one year); the extent to which the continuum has policies and practices in place to hire low-income employees and subcontractors under Section 3 of the

Housing and Urban Development Act of 1968; and that projects within the CoC incorporate energy-efficiency measures in their design, construction, rehabilitation, and/or operation.

#### Part V: Emphasis on Housing Activities (18 of 100 points)

Housing emphasis is determined by the degree to which a community requests funding for housing activities (transitional, permanent, and safe havens) as opposed to supportive service activities. Points are awarded on a sliding scale, with continuums with the highest percentage of approvable housing activities receiving the highest points. Funding categories that contribute to the housing activities score are rental assistance, construction, acquisition, rehabilitation, leasing, and operations. Eligible activities that count against the housing emphasis score include supportive services within the Supportive Housing Program. HMIS costs and administrative costs are neutral in this calculation. The only way that communities can influence their score in this area is to increase funding requests for housing activities and decrease funding requests for services.

#### **ASSESSING NEEDS: COLLECTING NEEDS DATA**

It is not possible to address homelessness in a community without an understanding of how many people need assistance, and the types of services, housing and supports needed to end homelessness for those households. A key function of the CoC application process is the development of a methodologically sound and defensible method of assessing the number and types of homeless people in a community. Consistent definitions and classification of subpopulations across providers improves understanding among providers and adds legitimacy to the data collected. For a complete discussion of assessing unmet need, see the guidebook entitled *Calculating Unmet Need for Homeless Families and Individuals* on the Homelessness Resource Exchange at <a href="http://hudhre.info">http://hudhre.info</a>.

Assessments are generally made by counting or interviewing people in shelters and transitional housing and/or conducting a public places count. A public places count helps capture people who are in non-service locations or who may not use services at all. A crucial distinction that must be made in any assessment is the number of sheltered versus unsheltered people who are homeless. According to HUD, a sheltered person is someone who resides in an emergency shelter or in transitional housing or supportive housing for homeless persons who originally came from the streets or emergency shelters. People who are sheltered homeless can be counted and their needs assessed with the cooperation of service providers. People who are unsheltered homeless, or those who are living in a place not meant for human habitation, are more difficult to find and assess, and may have fundamentally different issues and needs than individuals who have sought assistance.

#### **Point-in-Time Count**

At a minimum, each community must create and carry out a method to count the number of people who are homeless and determine what types of homeless people are in the community (e.g., single individuals, people who are chronically homeless, people with mental illness, substance abuse, or both, people who are veterans, victims of domestic violence, and youth).

The point-in-time count may be supplemented or supported by data from providers that provides a historical perspective on who is being served and what their needs are. In addition, HMIS data can be used to place the point-in-time results in context. That is, HMIS data showing people who are in services during the point-in-time count can be used to check the point-in-time

count results. If the HMIS shows that the community has 120 people in service on January 24<sup>th</sup>, but the point-in-time count only shows 90 people on that day, there is a problem with one of these data sources. For more information on HMIS, please refer to <a href="http://hmis.info">http://hmis.info</a>.

Counting and assessing need for unsheltered persons requires a different process. While shelter providers may be involved, the primary people working to count and assess unsheltered homeless people are outreach workers from multiple programs that may include law enforcement, volunteers from service providers and the local planning group, and students and faculty from colleges and universities. A typical approach includes the development of teams that receive training on how to conduct face-to-face counts. The count is usually confined to a few hours, such as 9:00 – 11:00 pm, to maximize the number of people who are "at home" in encampments or other settings and to minimize the disruption to people's lives. The unsheltered count should be conducted on the same day that providers conduct the sheltered count in order to minimize duplicative counts.

Before interviewing an unsheltered group, a preliminary mapping of locations where unsheltered homeless people are known to congregate is typically completed. The minimum a community must do in order to get a picture of the number of unsheltered homeless people is count individuals in known congregating places. A better approach is to divide the area to be covered into sectors or use census tracts and systematically search each area, looking for homeless people. This process, while providing a more comprehensive picture of unsheltered homeless people, is labor intensive and complicated. A compromise is to use the sectors or census tract method for "downtown" or more urban areas, in combination with targeting known congregating areas.

#### **Extrapolation**

Some communities simply estimate their homeless population using statistical extrapolation techniques. This allows a community to estimate the number of people who are homeless in the community based on the number of sheltered and unsheltered persons observed and/or interviewed. Extrapolation procedures are used to obtain estimates of the number of people using homeless services in a jurisdiction when some of the providers have not yet started participating in the local HMIS. Extrapolation is needed to ensure that the number of people using homeless services is not underestimated because some providers did not provide information on the number of people they served. For example, if 50 percent of the Emergency Shelter beds in a jurisdiction are covered by HMIS, a simple extrapolation procedure would be to double the count of homeless persons from the beds that are covered by HMIS to arrive at an estimate of the total number of Emergency Shelter users in the jurisdiction.

It is essential that counting and estimating are done in ways that ensure the best quality data possible. This means that staff should be trained, materials should be prepared using the best methodology possible, and the process should be actively coordinated and monitored by the lead entity or designated committee. The HUD publication *A Guide to Counting Unsheltered Homeless People* is an excellent guide to both the point-in-time count and extrapolation methods. It provides an overview of conducting counts as well as sample tally sheets and surveys for data collection in public places. It also offers interview guides that can be used when counting people who are enrolled in services. HUD is very clear that it does not want communities to use extrapolation or other estimation techniques unless they are statistically sound. The HUD guide also provides guidance on how to conduct a count of unsheltered homeless people in a sample of locations and extrapolate that data in a way that is statistically valid and acceptable to HUD. The HUD guide may be found at <a href="http://hudhre.info">http://hudhre.info</a>.

#### **Face-to-Face Interviews**

Face-to-face interviews can allow communities to collect more comprehensive information regarding the needs for specific types of services. By conducting structured interviews with some or all of the sheltered and unsheltered individuals counted by the service providers and outreach workers, communities can obtain information about the service and disability history of the people being interviewed. It is possible to request an interview from each person counted. However, if the community has a large homeless population, this method may be impractical. Alternatively, data collection might entail interviewing a random sample of people counted, usually planning to request an interview from every 5<sup>th</sup> or 10<sup>th</sup> person counted.

#### ASSESSING SYSTEM CAPACITY

Beyond an understanding of the number of homeless people and their needs, a successful and efficient CoC system must have an understanding of the capacity and adequacy of the system itself. This includes quantifiable data, such as the number of beds dedicated to people experiencing homelessness, as well as qualitative data, such as ease of access and how well people move among providers.

#### **Housing Inventory**

At a minimum, the lead entity and planning group must know the number of beds available and dedicated to people experiencing homelessness. These beds include emergency shelters, transitional housing, and permanent supportive housing. In addition, the adequacy of the types and availability of services for homeless people should be assessed.

The housing and shelter beds that are available in the CoC planning system must be counted and reported during the application process. Many communities separate the housing inventory from the point-in-time count, to avoid confusion for providers. A separate process eliminates the possible confusion between counting the number of people in service on a given night and the number of beds that are available. Community experience suggests that it is better to ask these questions separately.

In the housing inventory, it is important to count only those beds that are dedicated to persons experiencing homelessness. While this is easy to do for an emergency shelter, it may be less clear for transitional and permanent supportive housing. The lines oftentimes get blurred between permanent supportive housing developed for homeless and formerly homeless people, permanent supportive housing developed for disabled generally (Section 811 and 202 programs), and even subsidized and public housing units. When one or two people who are homeless are placed in housing units that are not targeted to homeless persons, counting all of those units would lead the community to overestimate its capacity to house homeless individuals and families.

Quality control is essential in the housing and services inventory. While using the HMIS is one way of confirming inventory, lead entities and planning committees can use other methods as well. For example, to improve the quality of the data obtained from providers, a continuum's data committee should provide them with clear instructions and host a training session on data collection. Members of the community's data committee can offer one-on-one assistance to providers struggling with the activity. The data submitted by providers should be compiled and returned to providers for a final check. Comparing this year's data to previous year's data can help providers catch errors or offer an opportunity to explain changes.

#### **Services Inventory**

Providers participating in the services inventory are asked to report service components being provided within the CoC in the categories of outreach, prevention, and supportive services. As with housing and shelter, providers should distinguish between services that are dedicated to people who are experiencing homelessness and those that are simply made available to them. In many cases, a service provider has services that people are generally eligible for, but they are not reserved for people who are experiencing homelessness. If all those services are reported as part of a continuum's inventory, it provides an inflated picture of the resources at work to address homelessness in a community. Additionally, continuums need to be careful not to double count service slots that are available to multiple sub-populations, such as someone with severe mental illness or someone with a substance abuse problem.

#### **SETTING FUNDING PRIORITIES**

Continuums should use the data gathered in the Housing and Services Needs to prioritize their needs in programs and services. The process of selecting and ranking projects must be objective, transparent, impartial, and fair. There are two distinct tasks in this part of the process: selecting projects for inclusion in the community's application and ranking those projects in order of priority.

Projects should be eligible for inclusion in the HUD application only if the activity matches needs identified by community data. For example, if the housing inventory and needs information shows that a community needs 100 beds of transitional housing and already has 110 beds in that category, then the community should not propose a new transitional housing project. Currently-funded projects should be selected for inclusion only if they meet performance criteria set by HUD and by the community.

The selection process should be determined in advance, and should involve a formal process of identifying needs for specific types of beds, housing and services in the community. The lead entity or planning committee should identify highest needs in the community and let providers know that projects can be proposed in those areas. Some communities create a formal proposal solicitation process, with published criteria and an impartial review committee. In this process, projects can be scored based on objective criteria. The selection of projects for submission to HUD must provide equal access to all providers in the community. The solicitation of project proposals can use a number of methods, including newspaper advertisements, letters, emails, and announcements at planning committee and community meetings. How a community requests and selects proposals is part of the HUD rating criteria for the annual McKinney-Vento competition. Communities may wish to review the criteria of the NOFA when designing or modifying their local process.

Once projects are selected for inclusion, the community must prioritize the projects. The prioritization is crucial to funding because HUD selects projects for funding based on the community's ranking. Both the selection and ranking process must be linked to data-based needs identified by the community. For both activities, there should be a written procedure for how the process will occur and written, pre-published criteria for how proposals will be scored and ranked. People involved in selecting and ranking proposals should have no connection to providers who have submitted proposals.

#### TARGETING FUNDS TO HIGH-PRIORITY ACTIVITIES

Local communities are responsible for prioritizing projects in their CoC applications based on their assessment of local needs and capacity. However, HUD's goal of reducing chronic homelessness and the statutory mandate to create new permanent housing may lead HUD to change, in some cases, project priorities identified locally.

#### Chronic Homelessness

Research on homelessness has revealed information about a small group of individuals with disabilities such as mental illness or substance abuse, who experience chronic homelessness. Data show that, in the communities studied, people who have long-term episodes of homelessness or who have multiple episodes of homelessness seem to use resources in a disproportionate way. That is, the 10-20 percent of the homeless population that meets the definition of chronic homelessness uses more than half of the resources in the CoC systems studied. Because of these disproportionate costs to the homeless service system, HUD is committed to the objective of ending chronic homelessness in 10 years as part of its overall goal of effectively addressing the challenge of homelessness. As part of this effort, HUD has encouraged communities to develop performance-based 10-year strategies for ending chronic homelessness with specific action steps and measurable achievements. To help meet this objective, HUD has implemented a requirement that at least 10 percent of all Homeless Assistance appropriations nationally is awarded to housing projects that predominantly serve people who meet the definition of chronic homelessness.

The annual HUD application asks communities to demonstrate the progress they have made toward ending chronic homelessness and in creating permanent supportive housing beds for chronically homeless persons. Specific goals and objectives to increase the number of permanent supportive housing beds dedicated for chronically homeless persons must be included in the annual application; the applicant must also report progress made based on the goals and objectives from the previous year's application. In addition, the community must report annually in the application the extent to which the number of chronically homeless persons has been reduced.

In every community, there is a group of people who may be experiencing disabling conditions and chronic homelessness, and who have refused to enter the system. The first part of the community's efforts to reach these individuals is to identify them. One method is to use HMIS to identify and count people who have the longevity or the multiple episodes of service. Another method is to survey service providers, asking for information about people who are well known to the system. In addition, outreach workers and case managers within a continuum may be able to identify a number of people meeting the definition who may not have provided sufficient information to be entered into HMIS.

Almost by definition, people experiencing chronic homelessness are people who have been failed by the existing service delivery system. Research tells us that many of the people in this group have been enrolled in mainstream programs, but have not had their needs met by those programs. Often, people meeting the definition of chronic homelessness do not fit neatly into the eligibility criteria for workforce development, mental health, public health and substance abuse services. Often, they have more than one disabling condition and are shuffled between service providers. People with the co-occurring disorders of mental illness and substance abuse may have experienced rejection on both sides. Passive barriers requiring sobriety before psychiatric medications can be prescribed or requiring behavioral stability before acceptance

into substance abuse services have prevented effective treatment. If the community is going to address chronic homelessness in a meaningful way, services, supports and housing need to be offered and delivered in ways that can meet their specific needs.

People who meet the definition of chronic homelessness may respond to a low demand approach, such as the HUD-funded Safe Haven programs. A Safe Haven, as described in Chapter 2, is designed as a low-demand, long term shelter for people with mental illness who are experiencing homelessness. Low demand is typically defined as freedom to leave the property and return at odd hours, few or no demands for attendance at "classes" or programmed activities, an incremental approach to medication compliance and a respectful, non-threatening atmosphere. These programs have been successful across the country for people with mental illness and co-occurring disorders.

Another approach is the use of housing as an engagement strategy for people meeting the definition of chronic homelessness. When people in this group have been asked what they need and want, a common answer is "a place to live." In the Housing First approach, a housing unit is offered without any further demonstration of readiness by the person, and services and supports are provided to the person from that point forward.

Communities also have the opportunity to propose a project under the Samaritan Initiative. This opportunity allows communities to propose NEW permanent housing projects that exclusively serve people who meet the definition of chronic homelessness. The community can request extra funding for such projects representing up to 15 percent above their initial pro rata need share. This has been a powerful incentive for local planners. Additional information on calculating the Samaritan Initiative amount is provided later in this chapter.

#### **HOW HUD ASSESSES NEED**

HUD assesses the need for homelessness assistance funding for communities (cities and counties) and publishes those amounts on the CoC Grant Application Materials page of the Homelessness Resource Exchange (<a href="http://hudhre.info/index.cfm?do=viewCoCGrantMaterials">http://hudhre.info/index.cfm?do=viewCoCGrantMaterials</a>). The ultimate determination of amounts for which CoCs are eligible includes consideration of the following:

- **Preliminary Pro Rata Need Amount (PPRN):** HUD's calculation of a community's need for homelessness assistance dollars based on nationally available data
- Hold Harmless Pro Rata Need Amount (HHN): the amount of funds a CoC is eligible
  to receive where the annual renewal amount (ARA) of all expiring supportive housing
  program grants exceeds the community's PPRN
- Final Pro Rata Need Amount (FPRN): the higher amount of the PPRN or the HHN
- Samaritan Award Bonus: for communities that may be eligible

#### **Preliminary Pro Rata Need Amount (PPRN)**

HUD calculates a community's preliminary pro rata need amount (PPRN) by considering such factors as poverty, housing overcrowding, population, age of housing, and growth lag. The formula used to calculate a community's need for homeless assistance funds, referred to as the

preliminary pro rata need (PPRN), is based on the formula used to calculate Emergency Shelter Grant funds.

#### **Hold Harmless Renewal Amount (HHN)**

In many communities, providers have been successful in obtaining funding for projects that are ongoing. These include the Supportive Housing (SHP) and Shelter Plus Care (S+C) projects. Each of these projects was initially funded for up to three years for SHP and five years for S+C, and the projects are eligible for renewal in the application year preceding their final funding date. For example, projects eligible for renewal in the 2009 application cycle would end between January 1, 2010 and December 31, 2010.

For many communities, project renewals have consumed the community's pro rata need share. Even when renewals are limited to a one year renewal amount, the sheer number of eligible renewals equals or exceeds all the funds available for that community. This is referred to in the field as "renewal burden." HUD has implemented the following policies to alleviate renewal burden:

- HUD has removed Shelter Plus Care renewals from a community's pro rata need amount calculation.<sup>18</sup>
- HUD adjusts the community's pro rata need amount to include one year renewals for all eligible projects, even if the renewal amount exceeds the formula pro rata need. This is known as the hold harmless provision.

Beginning in 2005, HUD offered communities the opportunity to use the hold harmless provision as a tool in adjusting their Continuum systems to support more permanent housing. Communities have the option of substituting a new permanent housing project, referred to as a Reallocation Project, in place of an eligible renewal project, with no reduction in the total pro rata need amount. For example, HUD has calculated a community's hold harmless pro rata need amount to be \$1,000,000. This community also has a poorly performing transitional housing project funded at \$275,000. This community may propose to substitute a permanent housing project for the poorly performing transitional housing project. In this example, there is no change to the hold harmless pro rata need share. A Reallocation Project is funded if all of the following apply:

- Reallocation Project is for permanent supportive housing
- Reallocation Project meets all of HUD's threshold requirements
- Continuum's score in competition equals or exceeds minimum amount set by HUD
- Reallocation Project is not the Samaritan bonus project

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<sup>&</sup>lt;sup>18</sup> As of 2008, S+C renewals did not count against pro rata need because the HUD Appropriations Act allows renewal of S+C rental subsidies to be paid for with Section 8 program funds rather than with McKinney-Vento funds.

#### Final Pro Rata Need Amount (FPRN)

The final pro rata need amount is the higher of the PPRN and the HHN.

#### **Samaritan Bonus Amount**

The Samaritan Initiative is part of the federal strategy to focus attention on the housing needs of people who are chronically homeless. Communities that propose a Samaritan Initiative are eligible for a Samaritan Bonus Amount of up to 15% of the community's PPRN or \$6 million, whichever is less. By allowing communities to exceed their PPRN formula amount, the Samaritan Initiative provides communities with an incentive to place a new, permanent supportive housing project for people who are chronically homeless at the top of the community's project priority list. If a community proposes one or more eligible, new permanent housing projects exclusively serving the chronically homeless group, HUD will add up to 15% of the PPRN or \$6 million (whichever is less), to the CoC's total award.

In the example below, if the community's renewal amount exceeded the pro rata need share, the hold harmless provision would set the community pro rata share at the level of renewals plus any Samaritan Initiative bonus amount. Unless the community decided to participate in the Samaritan Initiative, no new projects would be eligible for funding.

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<sup>&</sup>lt;sup>19</sup> Department of Housing and Urban Development. 2008. Continuum of Care Homeless Assistance. Federal Register/Vol. 73, No. 133/Thursday, July 10,, 2008/Notices, page 39843-39844.

#### **Calculation of Final Pro Rata Need**

#### Example 1: HHN is less than PPRN

- 1. Preliminary Pro Rata Need Amount (PPRN): The Anytown CoC PPRN is \$750,000. This is the HUD formula calculation, using data on poverty, housing overcrowding, population, age of housing, and growth lag.
- 2. Annual Renewal Amount (ARA): The ARA is the maximum amount that a SHP grant can receive on an annual basis to fund eligible renewal activities. Eligible renewal activities include operating, supportive services, leasing, HMIS, and administrative expenses that were funded in the original grant (or original grant as amended).
- 3. Hold Harmless Renewal amount: The Anytown Continuum has projects applying for renewal. The ARA for those projects adds up to \$600,000. Thus, the HHN is \$600,000.
- 4. The Final Pro Rata Need amount is the higher of the PPRN and HHN. In this example, Anytown's CoC FPRN is \$750,000.

#### Example 2: HHN is greater than PPRN

- 1. Preliminary Pro Rata Need Amount (PPRN): The Anytown CoC PPRN is \$750,000. This is the HUD formula calculation, using data on poverty, housing overcrowding, population, age of housing, and growth lag.
- Annual Renewal Amount (ARA): The ARA is the maximum amount that a SHP grant can receive
  on an annual basis to fund eligible renewal activities. Eligible renewal activities include operating,
  supportive services, leasing, HMIS, and administrative expenses that were funded in the original
  grant (or original grant as amended).
- 3. Hold Harmless Renewal amount: The Anytown Continuum has projects applying for renewal. The ARA for those projects adds up to \$825,000. Thus, the HHN is \$825,000.
- 4. The Final Pro Rata Need amount is the higher of the PPRN and HHN. In this example, Anytown's CoC FPRN is \$825,000.

#### Samaritan Award Bonus as applied to examples

In either of these scenarios, Anytown CoC could choose to propose a Samaritan Initiative and, if awarded, would be eligible for the Samaritan Award Bonus. The Samaritan Award Bonus is 15% of PPRN or \$6 million, whichever is less. For Anytown CoC, the Samaritan Award Bonus amount is \$112,500.

In Example 1, Anytown CoC would be eligible to receive the FPRN of \$750,000 plus the Samaritan Award Bonus of \$112,500.

Tthe total possible award would be \$862,500.

In Example 2, Anytown CoC would be eligible to receive the FPRN of \$825,000 plus the Samaritan Award Bonus of \$112,500.

The total possible award would be \$937,500.

# APPENDIX A: GLOSSARY OF KEY TERMS

**Annual Renewal Amount.** The maximum amount that a Supportive Housing Program (SHP) grant can receive on an annual basis when renewed. It includes funds for only those eligible activities (operating, supportive services, leasing, HMIS, and administration) that were funded in the original grant (or the original grant as amended), less the nonrenewable activities (acquisition, new construction, rehabilitation, and any administration costs related to these activities). It is used to calculate a CoC's Hold Harmless Need amount.

**Continuum of Care.** A collaborative funding and planning approach that helps communities plan for and provide, as necessary, a full range of emergency, transitional, and permanent housing and other service resources to address the various needs of homeless persons. HUD also refers to the group of service providers involved in the decision making processes as the "Continuum of Care."

**Chronically Homeless Person**. An unaccompanied homeless individual with a disabling condition who has either been continuously homeless for a year or more OR has had at least four episodes of homelessness in the past three years.

**Developmental Disability.** The term "developmental disability" means a severe, chronic disability of an individual 5 years of age or older that meets the following conditions: (1) Being caused by a mental or physical impairment, which is manifested before the person is age 22, and likely to continue indefinitely; (2) Resulting in substantial functional limitations in at least three of the following: self care, receptive and expressive language, learning, mobility, self-direction, capacity for independent living, and economic self-sufficiency; and (3) Reflecting the individual's need for a combination and sequence of special, interdisciplinary, or generic care, treatment, or other services that are of lifelong or extended duration and are individually planned and coordinated.

**Disabling Condition**. A disabling condition is defined as (1) A disability as defined in section 223 of the Social Security Act; (2) a physical, mental, or emotional impairment which is expected to be of long-continued and indefinite duration, substantially impedes an individual's ability to live independently, and of such a nature that the disability could be improved by more suitable conditions; (3) a developmental disability as defined in section 102 of the Developmental Disabilities Assistance and Bill of Rights Act; (4) the disease of acquired immunodeficiency syndrome or any conditions arising from the etiological agency for acquired immunodeficiency syndrome; or (5) a diagnosable substance abuse disorder.

Final Pro Rata Need (FPRN). The higher amount of: (1) PPRN and (2) HHN.

**Hold Harmless Need (HHN).** The amount of funds a CoC is eligible to receive in situations where the Annual Renewal Amount of all SHP grants expiring in that CoC during the calendar year exceeds the Preliminary Pro Rata Need for that CoC. The HHN is the amount needed to fund the expiring renewal grants for one year. To provide communities with maximum flexibility in addressing current needs, CoCs have the discretion to not fund or to reduce one or more SHP renewal project applications through the HHN Reallocation process and still receive the benefit of the HHN amount if the CoC proposes to use that amount of reduced renewal funds for new permanent supportive housing projects or a dedicated HMIS SHP project.

**Hold Harmless Need Reallocation**. A process whereby a CoC whose Final Pro Rata Need is based on its Hold Harmless Need amount may reallocate funds in whole or part from SHP renewal projects to create one or more new permanent housing projects and/or a new dedicated HMIS project. The Hold Harmless Need Reallocation process allows eligible CoCs to fund new permanent housing or dedicated HMIS projects by transferring all or part of funds from existing SHP grants eligible for renewal.

Homeless Management Information System (HMIS). An HMIS is a computerized data collection application designed to capture client-level information over time on the characteristics of service needs of men, women, and children experiencing homelessness, while also protecting client confidentiality. It is designed to aggregate client-level data to generate an unduplicated count of clients served within a community's system of homeless services. An HMIS may also cover a statewide or regional area, and include several CoCs.

**Homeless Person.** As defined by the McKinney Act (42 U.S.C 11302), a homeless person is a person sleeping in a place not meant for human habitation or in an emergency shelter; and a person in transitional housing for homeless persons who originally came from the street or an emergency shelter.

**Housing Emphasis.** The relationship between funds requested for housing activities (i.e., transitional and permanent) and funds requested for supportive service activities.

Preliminary Pro Rata Need (PPRN). Amount of funds a CoC could receive based upon the geography that HUD approves as belonging to that CoC. To determine the homeless assistance need of a particular jurisdiction, HUD will use nationally available data, including the following factors (as used in the Emergency Shelter Grants program): data on poverty, housing overcrowding, population, age of housing, and growth lag. Applying those factors to a particular jurisdiction provides an estimate of the relative need index for that jurisdiction compared to other jurisdictions applying for assistance under the annual CoC NOFA. Each year, HUD publishes the PPRN for each jurisdiction. A CoC's PPRN is determined by adding the published PPRN of each jurisdiction within the HUD-approved CoC.

**Renewal Programs**. Renewals are previously funded projects and activities that a community is proposing for continuation funding.

## APPENDIX B: CONTINUUM OF CARE HOMELESS ASSISTANCE PROGRAMS – SUMMARY OF SELECTED ELEMENTS

Elements	Supportive Housing	Shelter Plus Care	Section 8 SRO
Who can apply?	<ul> <li>States</li> <li>Units of general local government</li> <li>Special purpose units of government, such as housing authorities</li> <li>Private non-profits</li> <li>Community Mental Health Centers that are public nonprofits</li> </ul>	<ul> <li>States</li> <li>Units of general local government</li> <li>Public Housing Authorities</li> </ul>	<ul> <li>Public Housing Authorities</li> <li>Private nonprofits</li> </ul>
What type of program can be created?	<ul> <li>Transitional housing</li> <li>Permanent supportive housing for disabled persons only</li> <li>Supportive services not in conjunction with housing</li> <li>Safe Havens</li> <li>Innovative Supportive Housing</li> <li>HMIS</li> </ul>	<ul> <li>Tenant based housing</li> <li>Sponsor based housing</li> <li>Project based housing</li> <li>SRO based housing</li> </ul>	SRO housing
What activities are eligible?	<ul> <li>Acquisition</li> <li>Rehabilitation</li> <li>New construction</li> <li>Leasing</li> <li>Supportive Services</li> <li>Operating costs</li> </ul>	Rental assistance  Note: Housing assistance must be matched with an equal amount of services.	Rental assistance
Who can be served?	Homeless individuals and families	<ul> <li>Homeless disabled individuals</li> <li>Homeless disabled individuals and their families</li> </ul>	Homeless individuals

## Appendix B: Continuum of Care Homeless Assistance Program – Summary of Selected Elements

Elements	Supportive Housing	Shelter Plus Care	Section 8 SRO
Groups given special consideration	Homeless persons with disabilities and homeless families with children	Homeless persons who are seriously mentally ill, have chronic problems with alcohol and/or drugs, or have AIDS and related diseases.	N/A
Initial term of assistance	<ul> <li>2 or 3 years for new SHP</li> <li>1, 2, or 3 years for new HMIS</li> </ul>	<ul> <li>5 years for TBRA, SBRA and PBRA without rehab</li> <li>10 years for SRO and PBRA with rehab</li> </ul>	10 years

# APPENDIX C: EXAMPLES OF ELIGIBLE AND INELIGIBLE SHP ACTIVITIES

#### **Supportive Services**

Eligible Supportive Services Costs	Ineligible Supportive Services Cost
Salary of case manager, counselor, therapist	Staff recruitment/training
Salary of case management supervisor when working with clients or with a case manager on issues regarding clients	Salary of case management supervisor when he/she is not working directly on participant issues
Desks, computers used by clients and their trainer in employment training programs	Desks/computers used by staff for intake or other daily activities
Food, clothing, transportation for use by clients	Telephones, fax, postage, utilities, insurance
Medical/dental care for clients	Office or meeting space
First and last month's rent, security deposits, credit checks for participants moving from transitional housing to permanent housing	
Clothing, tools, and similar items needed by participants for jobs or job training	
Beepers for outreach workers	
Mileage allowance for service workers to visit participants residing in scattered site housing	
Vehicle purchase and operation (gas, insurance, maintenance) when used for clients	

## Operations

Eligible Operating Costs	Ineligible Operating Costs
Salaries of staff not delivering services, such as project manager, security guard	Recruitment or ongoing training of staff
Utilities costs: gas, heat, electric, etc.	Rent (may be eligible as real property leasing)
Desks, computers, telephones used by staff	Depreciation
Furnishings (beds, chairs, dressers, etc.) for participants	Costs associated with the organization rather than the supportive housing project (fund raising efforts, pamphlets about organizations, etc.)
Equipment (refrigerators, ranges, etc.)	Operating costs of a supportive-services-only facility
Food	Mortgage payments

#### **Administrative Costs**

Eligible Administrative Costs	Ineligible Administrative Costs
Preparation of Annual Progress Report	Preparation of application/technical submission
Audit expenses of Supportive Housing Program	Conferences, fund raising activities, and training in professional fields (such as social work or financial management)
Staff time spent reviewing/verifying invoices for grant funds, drawing money from LOCCS, and maintaining records of the use of those funds	Salary of organization's executive director (except to the extent he/she is involved in carrying out eligible administrative functions as shown under eligible administrative costs list)
HUD-approved training on managing the grant	Staff time to help participants identify housing units
General bookkeeping and record keeping of grant activities	Staff time to conduct annual tenant income, rent certifications, and housing inspections