HELP STOP THE SPREAD OF COVID-19
BY WATCHING FOR THESE POSSIBLE SYMPTOMS:

IF YOU FEEL ANY OF THESE SYMPTOMS, TALK TO SHELTER STAFF:

- Headache
- Fever/chills
- New or worsening cough
- Sore throat
- New or worsening shortness of breath
- Congestion/runny nose
- Muscle/body aches
- Diarrhea
- Loss of smell/taste
- Nausea/vomiting
- Difficulty breathing
- Fatigue
- New or worsening shortness of breath
- Sore throat
- Loss of smell/taste
- Muscle/body aches
- Difficulty breathing
- Fatigue

Symptoms of COVID-19 may appear 2-14 days after exposure

IF YOU FEEL ANY OF THESE OTHER SYMPTOMS, ASK SHELTER STAFF TO CALL 911 AND GET EMERGENCY MEDICAL ATTENTION:

- Trouble breathing or bluish lips/face
- Persistent pain/pressure in your chest
- New confusion or inability to wake/stay awake

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