HELP PREVENT THE SPREAD OF CORONAVIRUS

WASH YOUR HANDS OFTEN...
1. Before or after eating/preparing food
2. After blowing your nose/coughing/sneezing
3. After using the bathroom, etc.
   If you cannot wash your hands, use hand sanitizer

WEAR A MASK UNLESS YOU ARE SLEEPING OR ALONE

DON'T TOUCH YOUR FACE

STAY AT LEAST SIX FEET AWAY FROM OTHERS
(About two arms' length)

AVOID HUGGING, HAND SHAKES, & HIGH-FIVES

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