

HELP PREVENT THE SPREAD OF CORONAVIRUS

WASH YOUR HANDS OFTEN...

1. Before or after eating/preparing food
 2. After blowing your nose/coughing/sneezing
 3. After using the bathroom, etc.
- If you cannot wash your hands, use hand sanitizer*



WEAR A MASK UNLESS YOU ARE SLEEPING OR ALONE



DON'T TOUCH YOUR FACE



2
STAY AT LEAST SIX FEET AWAY FROM OTHERS
(About two arms' length)

4
AVOID HUGGING, HAND SHAKES, & HIGH-FIVES