



Addressing Your Concerns About the COVID-19 Booster Shot

RELEASED:
11/2021

UPDATED:
08/2022

What is a booster?

- [COVID-19 vaccines are working well](#) to prevent severe illness, hospitalization, and death.
- To continue protection against mild, moderate, and severe disease, public health officials are recommending people receive additional shots.
- Booster shots are extra doses that will help to “boost” your immunity to COVID-19 and give you more protection from becoming infected.



Why should I get a booster?

CDC recommends COVID-19 vaccines for everyone ages 6 months and older, and boosters for everyone 5 years and older, if eligible.

People who live in congregate settings like shelters and encampments live closely together and often have underlying medical conditions. This means you are at increased risk of infection.

Who is eligible for a booster?

The [CDC website](#) provides the most up-to-date information on COVID-19 vaccine boosters. Find out when you can get your booster by going to: [cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html)

Which booster should I get?

You may [choose](#) either Pfizer or Moderna's COVID-19 vaccine for your booster shots. Some people may have a preference for the vaccine type that they originally received, and others may prefer to get a different booster.

What symptoms will I experience with a booster shot?

The most commonly reported side effects were:



Fatigue



Fever



Pain at the injection site



Headache

Serious side effects are rare, but may occur. For more information about symptoms please refer to [this flyer](#).

C-19

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Remember after you are vaccinated, you will need to continue to wash your hands regularly, wear a mask, and socially distance.