AUTHENTIC YOUTH COLLABORATION

National Youth Forum on Homelessness





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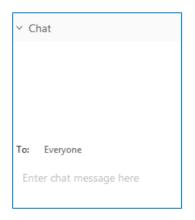
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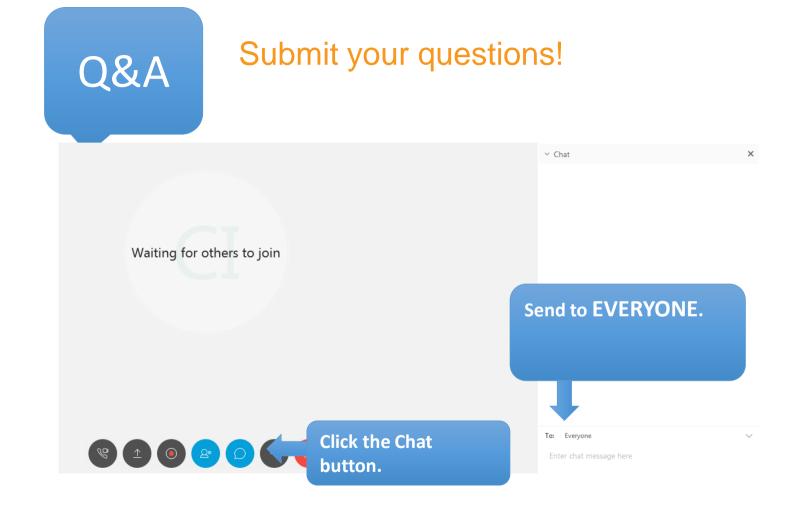


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AUTHENTIC YOUTH COLLABORATION

National Youth Forum on Homelessness





OBJECTIVES

In this session, we will:

- ★ Explain the Authentic Youth Collaboration Philosophy and why it's important to our work to end youth homelessness
- ★ Provide a list of best practices for authentically engaging young people
- ★ Provide concepts and ideas to consider when building a framework of how to work with youth and young adults
- ★ Provide concrete examples to address adultism as an adult
- ★ Provide an index of related resources to supplement your learning
- ★ Provide a framework for collaborating with youth participants who are engaging in services or programs



What we do:

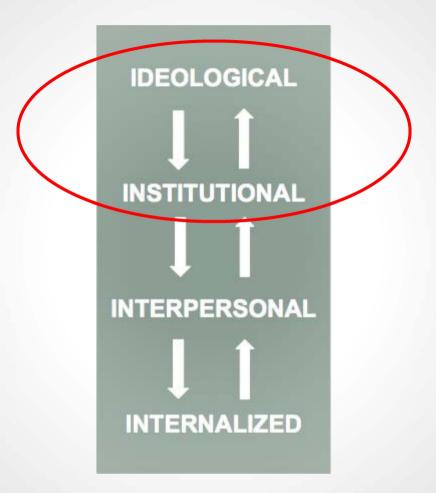


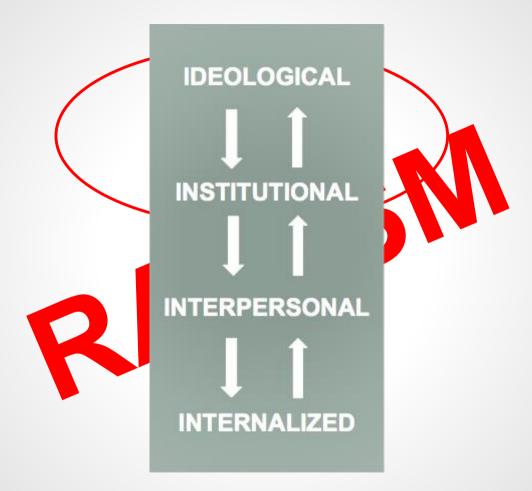
Collaboration

What does authentic partnership look like with youth who've experienced housing instability or homelessness?









What does meaningful partnership entail?

- 1. Be intentional about the decision-making power that youth have in your work.
- 2. Youth are the experts of their own truth.
- 3. When asking young people to be involved in your work, hear them out and build a reciprocal relationship where you honor their experiences, allowing their experiences and ideas to inform the process.

Avoiding Barriers to Authentic Youth Collaboration:

Building Trust

Establishing and building trust is essential in any effective working relationship. Once positive rapport is established, genuine collaboration can begin.

Avoiding Barriers to Authentic Youth Collaboration:

Meaningful Engagement

An issue that often gets in the way of effective collaboration between youth and service providers is *showy engagement*, in which young people are invited to participate simply to create the impression of inclusion and diversity.

Avoiding Barriers to Authentic Youth Collaboration:

Leadership Development

Young adults should have the freedom and agency to be the leaders of their own lives. Their autonomy should be promoted as they make decisions about the issues that impact their lives.

Introduction to Adultism:

What is adultism?

Adultism describes the systems of privileged attitudes and behaviors that adults have regarding young people

What is the difference between adultism and ageism?

Ageism describes the systems of privileged attitudes and behaviors that younger people have regarding elders.

How To Identify & Reframe Adultism

Like many -isms or systemic oppressions, adultism is learned very early in life and, though it's all around, it is often invisible until it is pointed out. The learned ideas and behaviors of adultism come with harmful effects, including creating and perpetuating divisive power imbalances in collaborations between young people and adult partners.

Let's discuss common ideas that are rooted in adultism and suggestions for reframing those ideas to be more authentically collaborative.

Input and Feedback from Youth and Young Adults

- Set youth and young adult leaders up for success.
 Create a collaborative environment for input and
 - feedback.
- 3. Set deadlines.
- 4. Uplift the impact of their work.

The Listening Session

Listening sessions are facilitated conversations where youth and young adults' ideas and suggestions are uplifted in an essential way. Adult partners in the room are asked to remain silent throughout the process, centering the perspectives of young people with lived experience toward several goals

5 Tips for a successful Listening Session:

- Build Trust
- Have an open mind
- Identify and reframe adultism
- Engage in active listening
- Be Specific



What are other YABs doing, you ask?

Some successes...

- 1. YAB members being paid at least \$15/hour.
- 2. Full integration within the CoC
 - YAB members holding at least 2 voting seats
- 3. Capacity Building/ Education
 - YAB members are being equipped with the proper knowledge in order to make informed decisions
- 4. The CoC governance complements the structure of the YAB
 - Pushes towards the YAB mission and vision

Some challenges...

1. Rural areas

- Location challenges
- Access to internet
- 2. YAB that is representative of the community being served
 - Usually predominately white members
 - In most cases, the YAB directly reflects CoC leadership
- 3. Landing on a governance structure/mission/vision
- 4. Working through/ calling out adultism when it shows up
 - YAB members and CoC stakeholders being able to recognize adultism



Some suggestions....

1. Listen to the YAB

- They are the experts
- 2. Do not attempt to have a governance structure/mission/vision in place for YAB
- 3. Allow the YAB to decide what the work will "look like" for them
- 4. Focus on demographics
 - If your recruitment yields one type of person as the majority, keep recruiting
- 5. Be transparent early and often

Don't worry... Here's a few more resources



Youth Collaboration Toolkit

YOUTH COLLABORATION TOOLKIT



Welcome

Whenever decisions are being made that impact young people, it's important that youth are at the table and have equitable decision-making responsibilities. This can look a number of different ways: working with young people to establish a youth leadership body, including one or more youth representatives on a board of directors, and creating opportunities for young people to speak for themselves. Young people who are receiving services should be encour aged to participate in decisions that directly impact their housing and wellbeing.

Developed as a partnership between the National Youth Forum on Homelessness (NYFH) and the True Colors Fund, this toolkit was initiated by NYFH and the content was shaped by their voices. The ideas and concepts included in this toolkit will help ensure that young people are authentically engaged while collaborating with the affirming adults in their lives.

Identifying Barriers

Make a point to identify and address any barriers that may inhibit authentic youth collaboration. Here are some potential barriers to consider along with strategies you can use to overcome



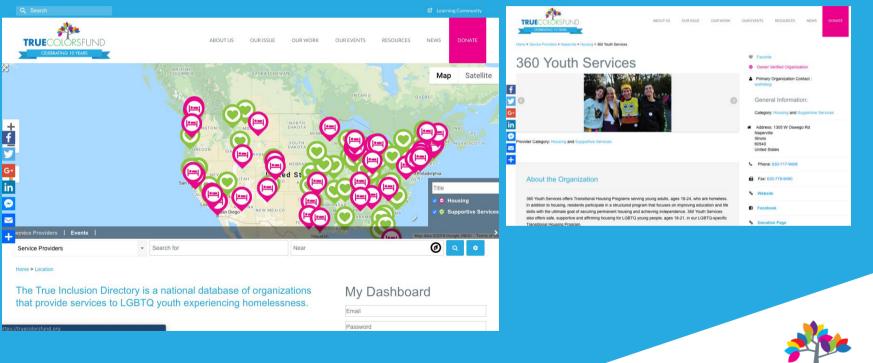
Establishing and building trust is essential to any effective working relationship. Once rapport is established, genuine collaboration can begin.

Cultural insensitivity:

- Cultural incompetence: Misunderstanding the needs and values of young adults whose lived experiences differ from your own
- · Understand common traumas and stresses of young adults to avoid repeating them, which could be trionering
- Maintain an accepting and affirming The inability or unwillingness to idenenvironment that meets physical and

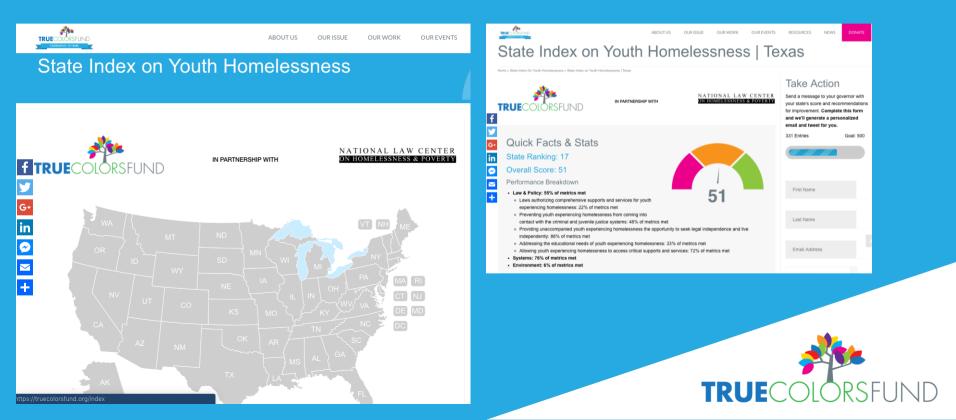


True Inclusion Directory





State Index on Youth Homelessness



True Colors Learning Community



Who said learning can't be fun?







THANK YOU!



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