

U.S. Department of Transportation

Rural Gateway Call

September 3, 2015



Presenters and Overview

- **Beyond Traffic and Ladders of Opportunity**
 - Vinn White (OST) – Senior Advisor for Transportation Policy
- **Planning Transportation in Rural America**
 - Fred Bowers (FHWA) – Community Planner
- **Overview of FTA's Section 5311 Program**
 - Marianne Stock (FTA) – Rural Program Manager
 - Mary Leary (FTA) – Chief, Rural and Targeted Programs
- **Child Passenger Safety Seat Inspection Locations**
 - Susan Kirinich (NHTSA) – Highway Safety Specialist
 - Carole Guzzetta (NHTSA) – Highway Safety Specialist

Beyond Traffic

Population Increase

2015: **320 million people**
2045: **390 million people**

In 30 years our population is expected to grow by about

70 million

... that's more than the current populations of



Bumper-to-Bumper

On average, we spend

over 40 hours

stuck in traffic each year

The annual financial cost of congestion is

\$121 billion



Older Americans — Redefining Longevity

By 2045, the number of Americans over age 65 will increase by

77%



About **one-third** of people over **65** have a disability that limits mobility. Their access to critical services will be more important than ever.

Millennials — Shaped by Technology

There are **73 million Millennials** aged 18 to 34. They are the first to have access to the internet during their formative years and will be an important engine of our future economy.

Millennials are driving less. By the end of the 2000s, they drove over **20% fewer miles** than at the start of the decade.



Income Inequality

10% of the population takes home **one-third** of our national income.

Transportation is the **second-largest** expense for U.S. households.



Megaregions and Shifts in Population Centers

11 megaregions are linked by transportation, economics, and other factors.

They represent over **75%** of our population and employment.

In 2014, **365,000** people moved to the South—up **25%** from 2013—and moves to the West doubled.

Ladders of Opportunity

- Work
- Connect
- Revitalize

Income Inequality

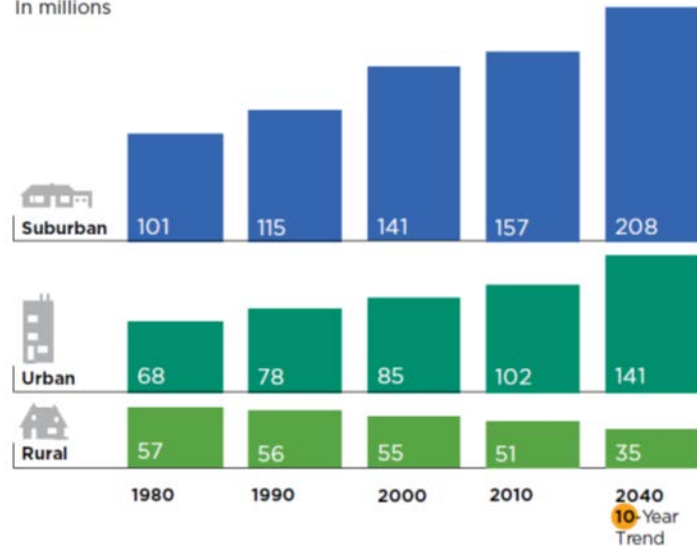
10% of the population takes home **one-third** of our national income.

Transportation is the **second-largest** expense for U.S. households.



U.S. Population:
Urban, Suburban, and Rural

In millions



Contact Information

- **Vinn White: vinwhite@dot.gov**



Planning Transportation in Rural America

Fred Bowers – Community Planner



FHWA Capacity Building Program

U.S. Department of Transportation
Federal Highway Administration/Federal Transit Administration

About Programs Resources Briefing Room Contact    

Transportation Planning Capacity Building Planning for a Better Tomorrow

Search for Resources 

Sign up for TPCB Updates  FHWA > HEP > TPCB

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TPCB Special Features

MAP-21

The 2012 Transportation Act transforms the way we build, maintain, and manage our Nation's transportation network. Find out what this means for FHWA and FTA.



FHWA MAP-21 Site



FTA MAP-21 Site

Training and Events Calendar

Event	Date
GIS in Transit Conference	9/1/2015
FTA Transit Construction & Streetcar Workshop	9/1/2015
FHWA Webinar: Eco-Logical Mitigation Approaches	9/1/2015
TRB Webinar: Methods to Identify and Map State Freight Economic Corridors Based on Freight-Intensive Land Uses	9/2/2015

Check the Calendar 

New Publications

Publications:

- ▶ The Transportation Planning Process: Key Issues A Briefing Notebook for Transportation Decision makers, Officials, and Staff
- ▶ Accessible Transit Services For All
- ▶ Public Involvement Techniques for Transportation Decisionmaking

Peer Reports:

- ▶ Scenario Planning Peer Workshop: Concord, NH (November 2014)
- ▶ Cross-Modal Project Prioritization (December 2014)
- ▶ Disadvantaged Business Enterprise and Business Development Programs (October 2014)

TPCB Key Resources

Key Issues


The Transportation Planning Process: Key Issues



A Briefing Book for Transportation Decisionmakers, Officials, and Staff

Data

Search the MPO Database



Find the name and contact information of the designated MPO for any metropolitan area over 50,000 in the nation.

Focus Areas

- ▶ Active Transportation
- ▶ Congestion and Transportation Demand Management
- ▶ Fiscal Constraint
- ▶ Metropolitan
- ▶ Performance-Based
- ▶ Public Engagement
- ▶ Public Lands
- ▶ Rural and Small Community
- ▶ Statewide
- ▶ Transit at the Table
- ▶ Tribal

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FHWA Office of Planning's Research Efforts

STATEWIDE TRANSPORTATION PLANNING FOR HEALTHY COMMUNITIES



Two women walking street with cars parked

April 2014

Prepared for:
U.S. Department of Transportation
Office of Planning, Environment, and Realty
Federal Highway Administration



U.S. Department
of Transportation
**Federal Highway
Administration**

Prepared by:
U.S. Department of Transportation
John A. Volpe National Transportation Systems Center

Volpe

The Transportation Planning Process Briefing Book



Key Issues for
Transportation Decisionmakers,
Officials, and Staff

A Publication of the Transportation Planning Capacity Building Program
Federal Highway Administration
Federal Transit Administration



Other FHWA Programs of Interest

- FHWA Rural road safety
- FHWA EDC-3 Regional Models of Cooperation
- Ladders of Opportunity
- FHWA SHRP-2



Contact Information

- Fred Bowers, FHWA Office of Planning
- 202-366-2374
- frederick.bowers@dot.gov

Useful Links:

- **FHWA Office of Planning Capacity Building** <https://planning.dot.gov/>
- **FHWA Capacity Building Rural website** https://planning.dot.gov/focus_rural.asp
- **FHWA Rural Safety** http://safety.fhwa.dot.gov/local_rural/
- **Rural Livability Videos** - The videos examine the six livability principles developed by the Partnership for Sustainable Communities from the perspective of local, rural, and regional agencies.
<http://www.fhwa.dot.gov/livability/videos/>
- **How Can Rural Communities Use CSS to Enhance Livability?**
<http://contextsensitivesolutions.org/content/topics/rural-livability/>
- **Federal Lands Livability Initiative** - The initiative assess trends in livability associated with federal public lands and their surrounding gateway communities. This initiative includes a mix of public lands, refuges, forests and parks from a geographic and demographic cross section of the country.
<http://www.conservationfund.org/what-we-do/conservation-leadership-network/our-services/federal-lands-livability-initiative>

Transit to Meet the Needs of Rural Americans

Overview of FTA's Section 5311 Program

Marianne Stock

Rural Program Manager



Trends in Rural Transit

- Sustainability partnership built greater awareness of the intersection between quality of life, housing, transportation and the environment
- Public transportation provides over 154 million trips per year within 1300 rural and small urban communities
- 75 million Americans live in rural communities
- Primary trip purposes for rural transit users:
 - Work and work related activities: 29 %
 - School/church: 20%
 - Vacation and other social/recreational: 17%
 - Medical/dental: 7%

Outline

- Section 5311 Rural Program
- Section 5310 Enhanced Mobility for Seniors and People with Disabilities
- FTA's Technical Assistance Centers
- FTA's Rides to Wellness Initiative
- Questions



Rural Transit Program Purpose

- **Section 5311:** Provides funding to States for the purpose of supporting public transportation in rural areas including funding for Tribal, Appalachian region, Intercity Bus and technical assistance programs and services.
- **Section 5311(f):** Provides funding to carry out a program to develop and support intercity bus transportation.

Eligible Recipients

- States, Indian tribes
- Subrecipients: State or local government authorities, nonprofit organizations, operators of public transportation or intercity bus service

Eligible Activities

- Planning transit services
- Capital equipment for use in transit service
- Operation of transit service
- Transportation service designed to transport eligible low-income individuals to and from jobs and employment-related activities
- Projects that support the connection between rural areas and the intercity bus transportation network

Enhanced Mobility of Seniors and Individuals with Disabilities

Section 5310 Program Purpose: Enhance mobility for seniors and persons with disabilities by providing funds for programs to serve the special needs of transit-dependent populations beyond traditional public transportation services and Americans with Disabilities Act (ADA) complementary paratransit services.



Technical Assistance Cooperative Agreements

- National RTAP – grant partner Neponset Valley Transportation Management Association
- National Center for Mobility Management – grant partners Easter Seals, Inc., APTA, CTAA
- New Center: National Aging and Disability Transportation Center – grant partners Easter Seals, Inc. and n4a





FTA TA Center Key Functions

Training

- Webinars & Online Courses
- In-Person Trainings

TA/I&R

- Quick, or In-depth Assistance
- Peer Networking

Outreach

- Information Sharing
- Best Practice Dissemination

Local Grants*

- Building Connections
- Supporting Innovation

*When funding permits

Technical Assistance Program



<http://www.nationalrtap.org/>

- The National Rural Transit Assistance Program provides training and technical assistance
- RTAP resources include web apps, toolkits, training programs, webinars, and best practices, and peer-to-peer contact



Healthcare Costs and Chronic Conditions

- 84% healthcare spending in 2006 for only 50% of population
- Total cost of chronic conditions = \$2.1T
- Screening for chronic conditions can make a difference and the Affordable Care Act mandates 15 different ones
- AARP recent report noted one study showing that 3.6M Americans miss at least one medical trip for lack of transportation



Rides to Wellness Initiative

Vision & Impact

**Through
rides
people and
community
health
thrive**

- Improve healthcare access including access for disadvantaged individuals
- Reduce healthcare costs
- Leverage public transportation assets

Rides to Wellness

Next Steps



Build new relationships and resources that facilitate collaboration between health and transportation stakeholders to drive access to health through access to a ride



Improve coordination of Federal resources



Harness the power, perspective and expertise in the research community around Rides to Wellness



Rural Public Transit Success Story

- Roaring Fork Transportation Authority, Lakewood CO
 - Began in 1983 in the City of Aspen and Pitkin County.
 - Using approximately \$1 million in Section 5311 funding and a fleet of 127 transit vehicles, the system provides Ladders of Opportunity for individuals and supports the economic growth of the region.
 - Service extends over a 70-mile corridor, enabling low-income workers to live in affordable housing and access jobs in the high-growth City of Aspen.

Contact Information

Marianne Stock

Section 5311 Program Manager

Federal Transit Administration

Marianne.stock@dot.gov

202-366-2677